(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)[†])

Dishes			×.			Lupin Flour			(MUSTARD)					
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Margherita Pizza		Yes Wheat					Yes							
Mac & Cheese		Yes Wheat					Yes							
Garlic Bread		Yes Wheat					May contain						May contain	
Tomato & Sausage Pasta Bake		Yes Wheat												Yes
Jacket Potato Plain - none							Yes if butter or cheese added							
Cold Pasta Pot Tuna		Yes Wheat		Yes	Yes				Yes					
Cold Pasta Pot Cheese		Yes Wheat		Yes			Yes		Yes					
Small Panini Cheese		Yes Wheat					Yes							

Review date: September 2021

Reviewed by: B A Hodge



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Dishes			×.			Lupin Flour			MUSTARD				S Contraction of the second se	Geer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Cheese Portion							Yes							
Ice Cream Tub							Yes							
Fresh Fruit Pot Apple/Banana Grapes														
Chicken Curry Korma							Yes							
Chicken Curry Sweet & Sour														
Chicken Curry Jalfrezi														
Chicken Curry Rogan Josh														
Homemade Curry							May contain							

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Dishes			×.			Lupin Flour			MUSTARD				6	
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Naan Bread		Yes Wheat												
All day vegetarian wrap		Barley & Wheat					Yes							
Cheese & Tomato Pizza		Yes Wheat					Yes							
Noodles		Yes Wheat												
Sweet Chilli														
Baked Sausage Roll		Yes Wheat					Milk protein							
Peters Sausage Roll		Yes Wheat							Yes					Sulphites
50/50 Rice														

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Dishes			No.			Lupin Flour			MUSTARD					WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Carrot Cake		Yes Wheat		Yes			Yes							
Roast Beef														
Yorkshire Pudding		Yes Wheat		Yes			Yes							
Gravy Beef		Yes Wheat & Barley											Yes	
Gravy Vegetarian	Yes	Yes Wheat & Barley											Yes	
Vegetarian 'no'mince pie	Yes	Yes Wheat & Barley											Yes	
Chicken SF Goujon Wrap	Yes	Yes Wheat							Yes					
Chicken Goujon Wrap		Yes Wheat												

Review date: September 2021



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Dishes			Y			Lupin Flour			(MUSTARD)					
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Salsa Sauce														
BBQ Sauce														
Мауо				Yes					Yes					
Roast Potatoes – Rapeseed Oil														
Broccoli														
Carrots														
Ready made Salad Pot							If cheese is added							
Oaty Apple Crumble & Custard		Yes Wheat contains oats					Yes							

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Dishes						Lupin Flour			(MUSTARD)					
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Baked Cumberland Sausage		Yes Wheat												Sulphite
Fish Fingers Breaded		Yes Wheat			Yes									
Vege Burrito		Yes Wheat												
Fish Finger Bap		Yes Wheat										May contain in bap	Yes in bap	
Vege Noodle Pot		Yes Wheat											Yes in Soy Sauce	
Mash Potato							Yes							
Baked Beans														
Choco Coconut Cookie		Yes Wheat					Yes							

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(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)[†])

Dishes			Y.			Flour			MUSTARD					Care Wite
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Milkshake							Yes							
Vege Burger	May contain	Yes Wheat & Barley		Egg white powder					May contain			May contain	Yes	
Cheese Burger		Yes Wheat					Yes					May contain in bap	Yes in bap Yes in burger	
Chicken Burger		Yes Wheat												
Beef Burger		Yes Wheat											Yes	
Fully loaded vege pizza slice		Yes Wheat					Yes							
Cheese & Tomato Pizza slice		Yes Wheat					Yes							
Pepperoni Pizza Slice		Yes Wheat					Yes							

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Dishes			X			Lupin Flour			MUSTARD				6	Geor WINE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark				\checkmark		\checkmark		\checkmark					
Curry Sauce	Yes	Yes wheat & barley												
Jelly Pots assorted flavours														
Yoghurt							Yes							
Fruit Muffin		Yes Wheat		Powdered Egg			Yes							
Beef Lasagne		Yes wheat					Yes							
Vege Chilli Beef Wrap		GF barley malt extract Wheat in wrap		Egg white										
All day breakfast wrap		Yes wheat											Yes	Sulphite
Shortbread Biscuit		Yes Wheat					Yes							

Dishes						Lupin Flour			MUSTARD		0		- <u>-</u>	Geer WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Mince Beef Cobbler		Yes Wheat & barley		Yes			Yes						Yes	
Vege Cobbler	Yes	Yes Wheat & barley		Yes					May contain in vege mince			May contain in vege mince	Yes	
Cheese & Onion Quiche		Yes wheat		Yes			Yes							
Chicken Fajita														
Loaded Nachos							Yes if cheese is added							
Tomato & Basil Pasta Bake		Yes wheat					Yes if cheese is added							
Roasted Veg														
Cabbage														

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Dishes						Lupin Flour			(MUSTARD)					Barr MAR
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Warm Chocolate Brownie		Yes wheat		Yes			Yes							
Roast Pork														
Vege Ragu														
Cheese Portion							Yes							
Spicy Salt & Chilli Pepper Chicken														Sulphites
Noodles		Yes Wheat											Yes if Soy sauce added	
Sweet Chilli & Veg Noodle pot		Yes Wheat												
Choc chip muffin		Yes wheat		Yes			Yes							

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Dishes			Y			Lupin Flour			(MUSTARD)				S	
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Cheesy Chicken Macaroni Bake		Yes Wheat					Yes							
Chicken Nugget	Yes	Yes Wheat					Yes							
'Pickin' Chicken		Yes Wheat					Yes							
Chocolate Cake		Yes Wheat		Yes			Yes							
Chocolate Sauce							Yes							
Mexican Chicken Burrito		Yes Wheat												
Coleslaw				Yes					Yes					
Fruit Cheesecake		Yes wheat & barley					Yes							

Review date: September 2021



Dishes			×.			Lupin Flour			MUSTARD		0		- Correction Correction	
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Roast Gammon														
Rainbow Cottage Pie	Yes	Yes wheat & barley		Yes					May contain in vege mince			May contain in vege mince	Yes	
Fish Portion		Yes Wheat			Yes									
Tasty Turkey Tikka Meatballs							Yes		Yes					
Pasta Pot Cheese		Yes Wheat					Yes							
Potato Fritters														
Milk							Yes							