

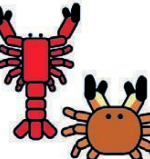
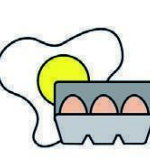
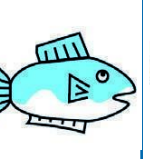


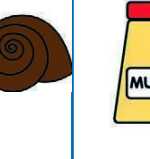
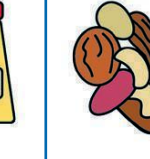
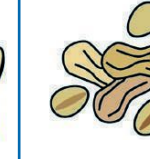

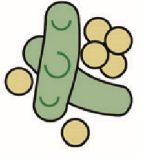
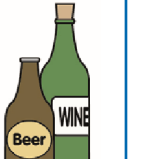
















# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025



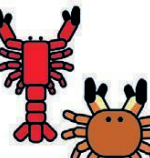
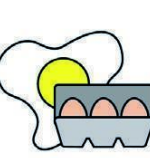
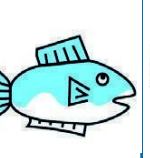
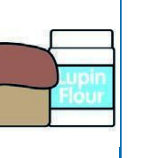

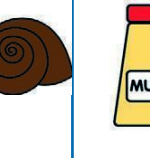
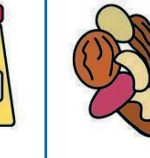
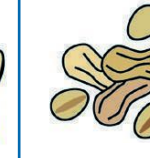















DISHES														
<u>Main Meals</u> <u>Week 1 Mon-Thurs</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Beef Mince Bolognese 	Contains none of the 14 major food allergens													
Beef Lasagne 		Contains					Contains							
Vegan Mince Bolognese   													Contains	
Homemade Crispy Chicken (WMS/ACHS) 		Contains		Contains					May Contain		May Contain			Contains
Mac & Cheese  		Contains					Contains							
Roast Beef 	Contains none of the 14 major food allergens													
Vegan Sausage Roll  		Contains					May Contain							Contains
Chinese Chicken Curry 	Contains	Contains		May Contain			May Contain		May Contain				May Contain	
Vegetable Spring Roll  	Contains	Contains		Contains			Contains						Contains	

Review date: Sept 2024

Reviewed by: Zoe Lockett - Catering Manager

You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2023-2024

DISHES														
<u>Main Meals</u> <u>Week 1 &amp; 3 Fri</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Beef Burger (No bun)	Contains none of the 14 major food allergens													
Chicken Burger (No bun) 		Contains		Contains										Contains
Hot Dog (No bun)	Contains none of the 14 major food allergens													
Vegan Burger (No bun)  		Contains								May Contain			Contains	
Burger Bun / Hot Dog Roll  		Contains										May Contain	Contains	
Chips / Fries  	Contains none of the 14 major food allergens													
Chippy Curry Sauce 	Contains	Contains		May Contain			May Contain		May Contain				May Contain	
Beans  	Contains none of the 14 major food allergens													
Gravy 	Contains none of the 14 major food allergens													



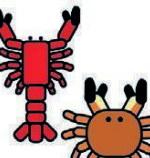
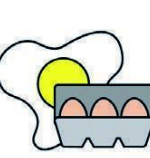
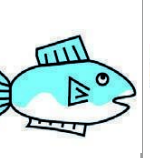
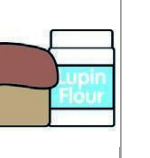

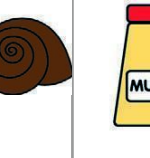

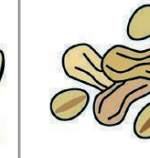














Review date: Sept 2024

Reviewed by:

Zoe Lockett - Catering Manager

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# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2023-2024



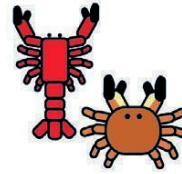
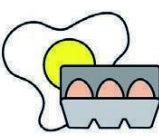
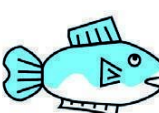
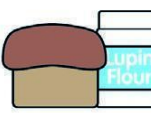











DISHES														
<b><u>Main Meals</u></b> <b><u>Week 2 Mon-Thurs</u></b> <b><u>Page 1</u></b>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Battered Cod 		Contains			Contains									
Pepperoni Calzone		Contains		May Contain			Contains							
Cheese Calzone  		Contains		May Contain			Contains							
Mince Pie 		Contains		Contains			Contains							
Cheese Quiche  		Contains		Contains			Contains							
Roast Pork	Contains none of the 14 major food allergens													
Cheese & Potato Patties (WMS/ACHS)  				Contains			Contains							
Vegetable & Cheese Kiev (SSMS)  		Contains					Contains							

Review date: Sept 2024

Reviewed by: Zoe Lockett - Catering Manager

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# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025



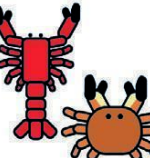
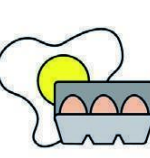
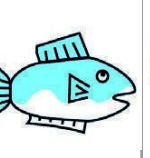
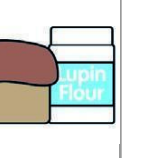
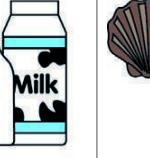
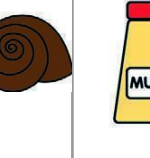
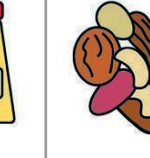
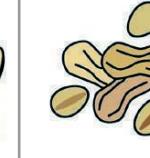














DISHES														
<u>Main Meals</u> <u>Week 2 Mon-Thurs</u> <u>Page 2</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Shawarma Chicken (WMS/ACHS) 	Contains none of the 14 major food allergens													
Meatball Marinara (SSMS)	May Contain	Contains		May Contain			May Contain		May Contain				Contains	May Contain
Margherita Pizza Slab  		Contains					Contains							

Review date: Sept 2024



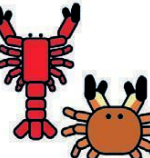
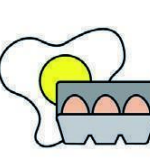
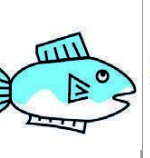
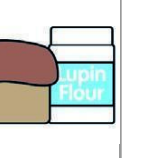
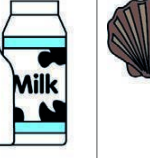
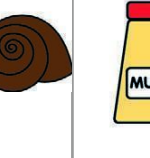
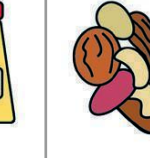
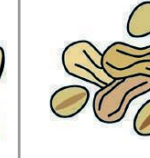















Reviewed by: Zoe Lockett - Catering Manager

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# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025

DISHES														
<u>Main Meals</u> <u>Week 2 &amp; 4 Fri</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Beef Burger (No bun)	Contains none of the 14 major food allergens													
Chicken Burger (No bun) 		Contains		Contains									Contains	
Hot Dog (No bun)	Contains none of the 14 major food allergens													
Vegan Nuggets  		Contains												
Burger Bun / Hot Dog Roll  		Contains										May Contain	Contains	
Chips / Fries  	Contains none of the 14 major food allergens													
Chippy Curry Sauce 	Contains	Contains		May Contain			May Contain		May Contain				May Contain	
Beans  	Contains none of the 14 major food allergens													
Gravy 	Contains none of the 14 major food allergens													

# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025



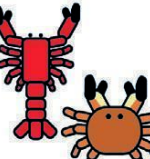
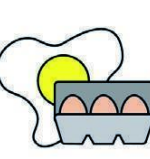
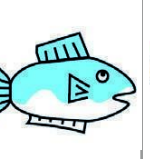
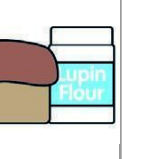
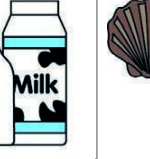
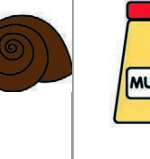
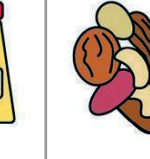
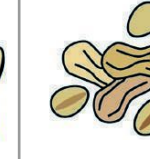















DISHES														
<u>Main Meals</u> <u>Week 3 Mon-Thurs</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Beef Mince Bolognese 	Contains none of the 14 major food allergens													
Beef Lasagne 		Contains					Contains							
Veg Lasagne  		Contains					Contains						Contains	
Cumberland Sausages	Contains none of the 14 major food allergens													
Vegetable Sausages  		Contains												
Roast Beef (WMS/ACHS) Roast Chicken (SSMS) 	Contains none of the 14 major food allergens													
Vegan Sausage Roll   		Contains					May Contain							Contains
BBQ Pulled Pork	Contains none of the 14 major food allergens													
Margherita Pizza Slab  		Contains					Contains							

Review date: July 2024

Reviewed by: Zoe Lockett - Catering Manager

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# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025



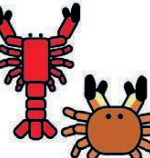
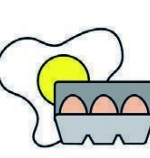
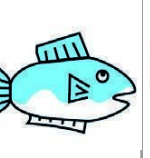
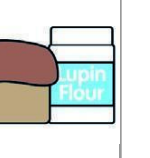
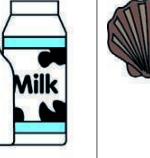
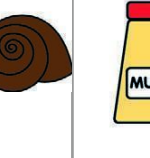
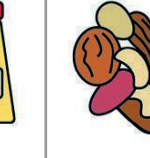
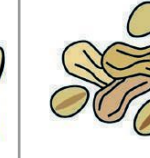






















DISHES														
<b><u>Main Meals</u></b> <b><u>Week 4 Mon-Thurs</u></b>	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur dioxide</b>
Battered Cod 		Contains			Contains									
Pepperoni Calzone		Contains		May Contain			Contains							
Cheese Calzone  		Contains		May Contain			Contains							
Mince & Dumplings 		Contains		Contains			Contains						May Contain	
Vegan Mince (Ve) & Dumplings (V)  		Contains		Contains			Contains						Contains	
Roast Gammon	Contains none of the 14 major food allergens													
Vegan Sausage Roll  		Contains					May Contain							Contains
Indian Chicken Curry 							Contains							
Vegetable Samosa   	Contains													

Review date: Sept 2024

Reviewed by: Zoe Lockett - Catering Manager



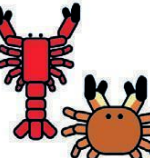
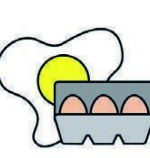
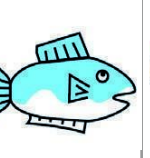
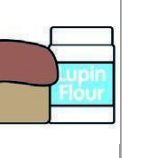
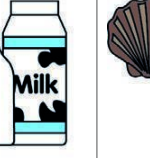
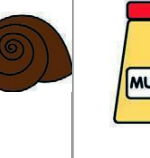
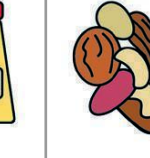
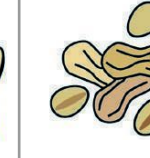















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# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025



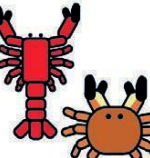
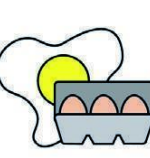
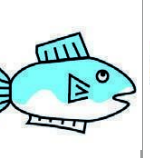
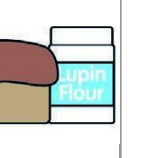
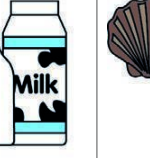
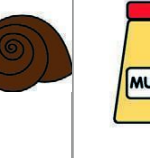
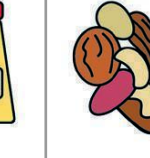
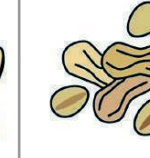


















DISHES														
<u>Sides</u> <u>Page 1</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
  Pasta		Contains												
  Garlic Bread		Contains					May Contain					May Contain		
  Salad	Contains none of the 14 major food allergens													
  Seasonal Vegetables	Contains none of the 14 major food allergens													
  Roast Potatoes	Contains none of the 14 major food allergens													
  Yorkshire Pudding		Contains		Contains			Contains							
  Rice	Contains none of the 14 major food allergens													
  Noodles		Contains		Contains										
  Prawn Crackers		May Contain	Contains		May Contain								May Contain	



# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025

DISHES														
<u>Sides</u> <u>Page 2</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Potato Wedges  	Contains none of the 14 major food allergens													
Stuffing 		Contains												
Flatbread 		Contains												
Naan Bread 		Contains												
Poppadoms 	Contains none of the 14 major food allergens													
Chips / Fries  	Contains none of the 14 major food allergens													
Chippy Curry Sauce 	Contains	Contains		May Contain			May Contain		May Contain				May Contain	
Beans  	Contains none of the 14 major food allergens													
Gravy 	Contains none of the 14 major food allergens													

# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025



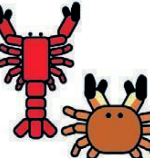
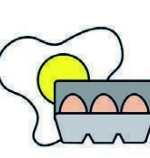
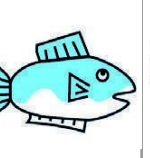

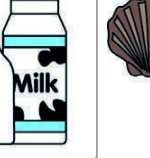
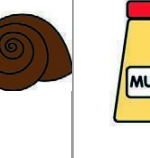

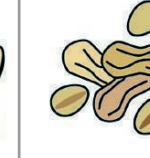










DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b><u>Desserts</u></b>														
Biscuit - Gingerbread  		Contains					Contains						May Contain	
Biscuit - Shortbread  		Contains					Contains							
 Fresh Fruit  	Contains none of the 14 major food allergens													
 Cheesecake		Contains					Contains							
Sticky Toffee Pudding (WMS/ACHS)  		Contains		Contains			Contains							
Fruity Jelly & Ice Cream (SSMS)							Contains							
 Ice Cream Pot 							Contains							
 Mousse							Contains							
 Chocolate Brownie 		Contains		Contains			Contains						May Contain	

Review date:

Reviewed by:

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# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025

DISHES														
<b><u>Desserts</u></b>	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur dioxide</b>
School Cake   		Contains		Contains			Contains						May Contain	
Custard 		Contains					Contains							
Arctic Roll 		Contains		Contains			Contains						Contains	
Apple Crumble & Custard (SSMS) 		Contains					Contains							
Chocolate Cake & Chocolate Sauce 		Contains		Contains			Contains							



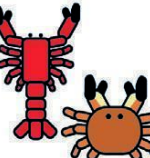
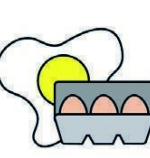
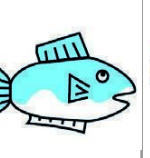
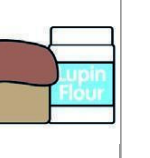
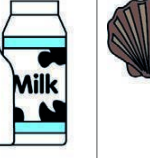
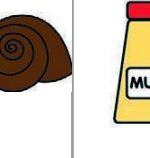
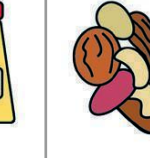
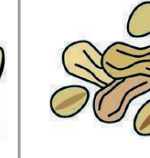



























All of our baked items contain Gluten. Gluten free items are available on request.

Review date: Sept 2024

Reviewed by: Zoe Lockett - Catering Manager

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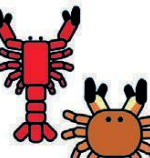
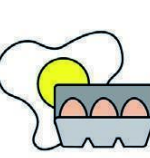
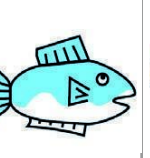
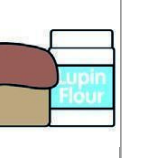

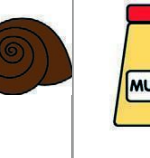

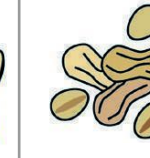














# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025

DISHES														
<u>Grab &amp; Go</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>Pasta King</b>   	Please check the Pasta King Menu Board for details in each dish.													
<b>Jacket Potato</b>   	Contains none of the 14 major food allergens													
<b>Sliced Bread</b>   		Contains											May Contain	Contains
<b>Baked Bread Bun/Mini Stottie</b>   		Contains											May Contain	Contains
<b>Cheese Knot</b>   		Contains					Contains						May Contain	Contains
<b>Tortilla Wrap</b>   		Contains												
<b>Baguette</b>   		Contains											May Contain	
<b>Panini</b>   		Contains											May Contain	
Gluten free / dairy free sandwiches can be made on request with prior pre-order. Please contact the Catering Team to discuss.														

Review date: Sept 2024 Reviewed by: Zoe Lockett - Catering Manager

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# DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2024-2025

DISHES														
<u>Fillings</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
 Tuna Mayo 				Contains	Contains				Contains					
Chicken Mayo 				Contains					Contains					
Chicken & Bacon Mayo				Contains					Contains					
BLT	Contains none of the 14 major food allergens													
 Cheese 							Contains							
 Cheese Savoury 				Contains			Contains		Contains					
 Egg Mayo 				Contains					Contains				May Contain	
Chicken Tikka 				Contains			Contains		Contains				May Contain	Contains
Ham	Contains none of the 14 major food allergens													
All of our sandwiches contain dairy. Please speak to the Catering Team to discuss any requirements.														

Review date: Sept 2024

Reviewed by: Zoe Lockett - Catering Manager

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