



# Autumn 2022 Newsletter

## Charity Fundraising this term:

**Macmillan Coffee Morning:**  
£421.26.

Huge thanks to all who kindly donated and Mrs Allison and Mrs Smith for setting up, with the help of their prefects.



Welcome to the first newsletter of the term.!

We have had a busy time since returning to school in September

Our new Y5 pupils have settled really well, have been learning their way around school and are enjoying their new routines.

The new Year 8 prefects are doing an excellent job and the staff have been really impressed with how well they have taken on their roles.

In addition, all year groups have had the opportunity to be involved in wide range of activities.

Here are just a few of the things that have been going on.

In September, two astronomers from Kielder Observatory visited school.

Year 5 took part in a workshop about space rocks and the solar system. They were able to watch footage of huge meteors, as well as touch pieces of actual meteorites! They even got to see a small piece of the Moon and Mars.

Y6 took part in a workshop investigating light and were amazed to discover that the sun is actually green!

Year 7 and 8 pupils took part in more in depth sessions about meteorites and the electromagnetic spectrum.

All in all a fascinating day, enjoyed by everyone!



Mrs Middlemiss



## HELPING HANDS



The new Helping Hands in Y7 are all trained up and ready to listen to other people's problems and to help them work out what to do. They can be found every day by the Jade Anderson Memorial tree or be contacted by the HH button on the google Launchpad or the forms that are in every classroom.

In the photo you can see the pupils doing some team building as part of their training.

Mrs Mills

### Out of School Achievements:

Well done to two of our Y5 pupils:



Leanne achieved her 15 metre badge in swimming!



Ewan has been doing really well in gymnastics and achieved a medal for working on levels beyond his age range.

### Eco Warriors

Our Eco Warriors have been hard at work this year and we are now a recognised Eco School.

The Eco Warriors are committed to making the school a better place. They completed an Environmental Review for the school and came up with an Action Plan. The plan included getting our school garden up and running again, encouraging more wildlife into the school grounds by developing our Jubilee Community Garden, taking part in a litter pick on the beach (Year 6 - Surfers against Sewage) and much more.

We are hoping to recruit some new members to join our Eco Warriors, as we have lots of new ideas to carry out this year.

Our Eco Flag, seen here with our current Eco Warriors, will be hung with pride in our school hall.



### New Maths Awards

A new maths award has been set up. One pupil per maths class will receive an award each fortnight. The award could be given for a variety of reasons such as:

- Outstanding effort
- Excellent participation
- Great effort with homework
- Marked improvement in lessons
- Great explanations

The first award winners are:

Izobel K

Maddison C

Hana D

Riley W

Logan W

Gracie F

Jessica M

Emily D

Rhys D

David W

Theo H

Jake M

Harry S

Huge well done to them!

Mr Porter

### Sport News

The U13 and U11 football teams had their first matches of the season.

The **U13s** beat Ponteland B 2-1 and lost to Ponteland A 5-0.

The team was a credit to the school and I was really proud of them. Steven A and Josh C scored great goals. Charlie M was awarded Player of the Match in both games.

Mr Elliott

The **U11s** have played 3 matches against Cragside Primary, Ponteland Primary and Bothal Primary. They didn't manage to win any of their games but played really well.

Player of the Match against Cragside was Matt B. Player of the Match against Ponteland was Aaron F and Player of the Match against Bothal was James D.

Huge well done to all!

Mr Barkley



SSMS Netball teams were in action this half-term. They have played two matches against Cramlington and Bede. Both teams have won one game and lost one game. The girls were a credit to the school.

Miss Curry

### Food Champions

Bite back was founded by Jamie Oliver in 2019. It is a youth-led movement that wants healthy, nutritious food to be an option for every family; at home, on the high street and at school. A group of pupils at Seaton Sluice Middle School are school Food Champions and they are working to redesign the food system to put child health first. They want to help young people to improve the food at our school and in our community. They will be working on this project in school throughout the year.

Mrs Allison







**Your Pupils Want To Improve Their Own Mental Health And Support Their Peers.  
So We Developed A Unique Training Journey To Help Them Do Just That...**



This year all of our pupils at SSMS will take part in a Mental Health Champions course to help them to develop and maintain good mental health.

For the first few weeks of this half term, all KS3 pupils have been taking part in twice weekly Mental Health Champions Kickstarter Course lessons in their form classes. The Kickstarter activities are an introduction to mental health and the **Mental Health Champion** programme.

In this course, pupils complete their own personal assessment. They learn the fundamentals of mental health and understand why mental health is important. They discover what a mental health champion is and why they might want to be one!

This week 20 x KS3 pupils will be chosen to take part in the Advanced Mental Health Champion training Workshop. This is a full day of activities where they will discover the 5 skills and 5 qualities of a Mental Health Champion and this will give them the skills they need to become Mental Health Champions in our school.

Once they have completed this training, the whole school will be invited to take part in a 10 day mental health challenge. These are a series of mental health challenges that can be accessed from any device and helps pupils enhance their understanding of mental health and help to teach and support others in school.

Mrs Mills

### **Child on Child Abuse**

Over the past year, pupils at SSMS have been learning about peer on peer abuse (recently renamed as child on child abuse) and harmful sexual behaviour to help them to recognise abusive behaviour amongst their peer group and to have the confidence and tools to report it if they experience it or witness it.

Pupils can report CHOCA via the CHOCA button on their google launchpad or by speaking to any trusted adult in school. They could start by speaking to a Helping Hand who will help them to decide what to do next and support them in reporting any behaviour that is 'NOT OK'.

Each Key Stage has had an assembly about POPA and all year groups have SMSC/PSHE lessons and workshops around the issue, including healthy and unhealthy relationships, bullying, prejudice and discrimination, challenging stereotypes, consent and harassment.

Mrs Mills

### **Dates for the diary:**

**October 21st**—school closes for half term

**October 31st**—School reopens

**November 2nd**—6.30 to 8pm—Halloween disco

**November 24th**—Christmas fair 6 to 8pm

**December 15th**—Christmas Lunch

**December 19th, 20th**—Christmas show (tbc)

**December 21st**—PTFA Christmas film night

**December 22nd**—school closes for Christmas (time tbc)

