

CAMNAT HEALTH AND SOCIAL CARE



OCR Level 2 Cambridge Nationals Certificate in Health and Social Care

Cambridge National in Health and Social Care is aimed at students aged 14-16 years and will develop knowledge, understanding and practical skills that would be used in the health and social care sector

This qualification is equivalent to one GCSE.

What will you study?

- 3 units (2 coursework units and 1 examined unit)

You will study 2 mandatory units. They are:

UNIT R032: Principles of care in health and social care settings

- This unit is assessed by an **exam** (1hr 15min) at the end of year 11.
- In this unit you will learn about the key topics that are important when caring for and protecting people in health and social care.
- Topics include:
 - Topic Area 1 The rights of service users in health and social care settings
 - Topic Area 2 Person-centred values
 - Topic Area 3 Effective communication in health and social care settings
 - Topic Area 4 Protecting service users and service providers in health and social care settings

UNIT R033: Supporting individuals through life events (mandatory unit)

- This unit is assessed by a Set Assignment (coursework).
- In this unit you will learn about growth and development through the life stages. You will also learn how to understand the needs of individuals who have been affected by life events and how to recommend support to meet their needs.
- Topics include:
 - Topic Area 1 Life stages
 - Topic Area 2 Impacts of life events
 - Topic Area 3 Sources of support

You will study 1 of the following 2 optional units. They are:

UNIT R034: Creative and therapeutic activities

- This unit is assessed by a Set Assignment (coursework).
- In this unit you will research therapies and learn about how they can benefit people. You will also learn about the benefits of creative activities and you will plan and deliver a creative activity to a group or individual.
- Topics include:
 - Topic Area 1 Therapies and their benefits
 - Topic Area 2 Creative activities and their benefits
 - Topic Area 3 Plan a creative activity for individuals or groups in a health or social care setting
 - Topic Area 4 Deliver a creative activity and evaluate your own performance •

Or

UNIT R035: Health promotion campaigns

- This unit is assessed by a Set Assignment (coursework).
- In this unit you will research health promotion campaigns and learn about their benefits to society. You will also plan and deliver your own health promotion campaign.
- Topics include:
 - Topic Area 1 Current public health issues and the impact on society
 - Topic Area 2 Factors influencing health
 - Topic Area 3 Plan and create a health promotion campaign
 - Topic Area 4 Deliver and evaluate a health promotion campaign

Progression

This course supports progression into Further Education, GCE AS and A2, OCR Level 3 Cambridge Technical qualifications and further training for employment opportunities (e.g. NVQs in Health, Social Care and Early Years).

For further information please contact Mr Lamb or Mrs Gilhooley:

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