

<b>PE and Health</b>
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<b>Year Group</b>	Year 13
<b>Subject</b>	Sports Development (unit 3)

### **Lesson 1**

**Please complete the task below:**

<p>Log onto the EverLearner</p> <p>LO1 Watch 2 videos on Roles and Responsibilities (6 min 13 sec &amp; 9 min 52 sec)</p> <ul style="list-style-type: none"> <li>• Make notes in the note section (top right of screen)</li> <li>• Complete 20 practice questions</li> </ul>
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### **Lesson 2**

**Please complete the task below:**

<p>Log onto the EverLearner</p> <p>LO1 Watch video on how organisations interact (9 min 12 sec)</p> <ul style="list-style-type: none"> <li>• Make notes in the note section (top right of screen)</li> <li>• Complete 20 practice questions</li> </ul> <p>LO2 Watch 2 videos on What is sports development (3 min and 6 min 27 sec)</p> <ul style="list-style-type: none"> <li>• Make notes in the note section (top right of screen)</li> <li>• Complete 20 practice questions</li> </ul>
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<b>Year Group</b>	Year 13
<b>Subject</b>	PE Sports Injuries (unit 17)

### **Lesson 1**

**Please complete the task below:**

Research the signs and symptoms for the following sports injuries:

- Sprain
- Strain
- Fracture
- Dislocation
- Concussion

\*signs=things you/a medical profession can see i.e. swelling

\*\*symptoms=things as the injured person you can feel i.e. pain

## **Lesson 2**

**Please complete the task below:**

Think of a sports person who has suffered a sports injury and answer the following questions:

- 1) What was the cause of the injury?
- 2) What treatment did the person need?
- 3) How might this injury have affected them psychologically (anger/depression/isolations etc).