



Health and Social Care Curriculum Overview

What are the aims of the Health and Social Care curriculum?

The vision and purpose of the Health and Social Care curriculum is to provide knowledge and understanding of the key components of health, social care and early years environments through teaching challenging and engaging lessons. Continuous links are made from lessons to the world of work in the settings mentioned to allow students to develop skills which could be transferable to careers in these sectors.

Within Health and Social Care we aim to provide students with a variety of opportunities to display skills that would allow them to be successful both in society, but also in their chosen careers. Students are equipped with the skills to allow them to communicate successfully, analyse real life stories and produce well constructed pieces of work.

How does the Health and Social Care curriculum support the Seaton Valley Federation's curriculum vision and intent?

The curriculum(s) for Health and Social Care use a vast variety of teaching methods to grasp the attention of all learners, to challenge them and to ensure that they are engaged. This includes teacher lead tasks, paired work and group tasks. Wherever possible links are made to health, social care and early years settings.

Students use their literacy skills to extract information from case studies and produce responses to assessment activities. All coursework elements require students to work independently to produce work which meets the criteria. Numeracy is covered in some areas such as financial costs of leading a healthy lifestyle and financial impacts of life events. All topics lend themselves to students developing cultural awareness as case studies include real life examples, this is also directly assessed when looking at equality and diversity.

How is the Health and Social Care curriculum sequenced to support pupils to make effective progress?

In year 10 we begin with looking at life events and the impact on physical, intellectual, emotional and social development. Once students have an understanding of these key development areas they are then able to link this in with the unit on health promotion as they can identify how certain lifestyle choices can impact these areas.

Year 11 begins with finishing the work on health promotion and then the focus is on the examined unit of principles in health and social care. This allows them to consolidate learning from the two previous units and also expand it and learn about some of the key elements of working in health and social care.

In year 12 students study for the examined unit long and linear over the year - this is looking at the key principles of health and social care. They also complete two coursework units, these look at a person-centred approach and supporting people with mental health conditions. In the final half term students start studying for the other examined unit which is anatomy and physiology for health and social care. The last half term focuses on the start of the next examined unit on anatomy and physiology.

Year 13 starts with a focus on the diet and nutrition coursework unit so that it can be moderated in the January moderation window. Students are also continuing their learning for the anatomy and physiology



ema which is also taken in January. After the exam and moderation students study the final coursework unit which is all about sexual healthy, pregnancy and post-natal care.

How is assessment used to aid progress in Health and Social Care?

Students are assessed constantly within lessons through questioning, tasks, quizzes and recall of facts. All units are assessed in line with exam board requirements. All Health and Social Care courses consist of a mixture of coursework based tasks which are marked by teaching staff, internally verified and then moderated by the exam board and also external examinations. At KS4 the examined element takes place at the end of year 11. In KS5 (AAQ) there are 2 examined elements which take place in the summer of year 12 and the January of year 13, this allows a re-sit opportunity for each exam if needed.

How is staffing organised within Health and Social Care?

1. Natalie Gilhooley (SPL for Sixth form) - Health and Social Care KS4 and KS5
2. Martyn Simpson - Health and Social Care KS4 and KS5

Examined courses in Health and Social Care – exam board and course code (exams and controlled assessment elements)

Exam board courses in the PE & Health faculty from September 2025 are as follows:

<u>Nos</u>	<u>Name of Course</u>	<u>Course Level Year Group</u>	<u>Exam Board</u>	<u>Specification QN Code</u>	<u>Lead Staff</u>
1	Cambridge National Health and Social Care	L1/2 Year 10 Year 11	OCR	J835 Exam and Controlled Assessment	NG MS
2	Level 3 Alternative Academic Qualification in Health and Social Care	L3 Year 12	OCR	H125 Exam and Controlled Assessment	NG MS