



Key Stage 3 SMSC Curriculum Plan

Main Aims:

Our Spiritual, Moral, Social and Cultural (SMSC) curriculum at Key Stage 3 incorporates the subjects of **Religious Education (RE)** and Personal, Social, Health and Economic Education (PSHE), including Relationships, Sex and Health Education (RSHE). The curriculum is designed to meet the needs of our pupils and it is the subject through which pupils develop the knowledge, skills and attributes they need to manage their lives in Modern Britain both now and in the future.

Our **RE** curriculum is designed to explore what people believe and what difference this makes to how they live, so that pupils can gain the knowledge, understanding to make reasoned and informed judgements about religious and moral issues and reflect on their own ideas and ways of living. We aim to equip students with the knowledge and understanding of major world religions and non-religious beliefs, allowing them to analyse and interpret key concepts, sources of authority and different perspectives, while developing critical thinking skills to reflect on their own values and beliefs within a diverse society.

Our PSHE curriculum is designed to equip students with the knowledge, skills and attitudes necessary to navigate the challenges of growing up in an increasingly complex world, develop healthy relationships, make informed choices about their wellbeing, understand their responsibilities as citizens and contribute positively to society. Within PSHE, we address the following strands

- **Relationships and Sex Education (RSE)**
- **Health and Wellbeing**
- **Living in the Wider World (Economic Wellbeing and CEIAG)**
- **Citizenship (Modern British Values)**

Our SMSC curriculum is supplemented by additional work during daily form tutor sessions, assemblies and input from external visitors throughout the academic year organised according to the calendar to include religious festivals and celebrations, National awareness days and responses to current events. Our wider Personal Development provision is outlined further on the Personal Development page of our website.

Please note that parents and carers have the right to withdraw their child from all or part of the RE curriculum and all or part of the sex education components of RSHE. Please contact us at wms@svf.org.uk if you would like to discuss this further.



Year 7

Autumn 1

Relationships and Sex Education

- Managing change and transition
- Prejudice, stereotypes, discrimination and racism
- Banter, bullying and overcoming difficult situations
- Genuine and toxic friendships and how to manage conflicts
- Positive and toxic relationships and how to manage them
- Characteristics of happy and safe family life
- How to seek help in difficult relationships - link to mental health

Autumn 2

Health and Wellbeing

- Health protection - health and physical illnesses
- Personal hygiene
- Vaccinations and first aid
- Body image and self-esteem
- Resilience and self-respect
- Mental health - impact on the body, e.g. life events such as bereavement and addiction

Spring 1

RE

- Why is religion important in the world?
- Major world religions
- Existence of God - arguments for
- Existence of God - arguments against
- Christianity in the UK
- Islam in the UK

Spring 2

Citizenship

1. Monarchy to Constitutional Monarchy
2. How does the Government work?
3. How does parliament work?
4. House of Commons
5. The development of Democracy (+ class election)
6. Human rights and the justice system.



Summer 1	Summer 2
RE • Buddhism in the UK • Hinduism in the UK • What do Christians believe about life after death? • What do other religions believe about life after death? • Religious celebrations • The ideas of immortality	Relationships and Sex Education • Healthy emotional and physical relationships - in person and online • What is sex and what does the law say about it? • Choices around sex - consent • Commitment • Misogyny and controlling relationships • How to manage breakups and loss
Year 8	
Autumn 1	Autumn 2
Relationships and Sex Education • Challenging discrimination and stereotypes • Diversity • Gender issues and identity • Sexual orientation • Exploring types of relationships - marriages • Impact of homophobic language and behaviour	Health and Wellbeing • Being active • Unhealthy coping strategies • Drugs - the types and classifications • Drugs - the law and impacts • Nicotine and vaping • Alcohol - underage drinking



Whytrig Middle School

Spring 1	Spring 2
RE • What teachings do religions share? • Worship, morality and practices of key religions • Christianity beliefs - the Great Commandments • Christianity beliefs - the Christian moral code • The life of Jesus • Jesus - a man of peace or conflict?	Citizenship • British culture over time - democracy vs dictatorship • British identity - presentation on a key aspect of Britain • Symbols of Britain • British justice system - systems and consequences • Link to future political or criminal justice careers • Financial literacy link - jobs and laws in the workplace
Summer 1	Summer 2
RE • The Resurrection • What makes us human? What makes humans unique? • What is the 'soul'? • Buddhism and the soul • Life after death - Buddhism • Life after death - Hinduism	Relationships and Sex Education • Physical relationships and boundaries • Consent, harassment and stalking • Contraception and STIs • Teenage pregnancy • Sexting and sharing images • Preventing gender based violence • Reporting abuse and getting support