



Key Stage 3 SMSC Curriculum Plan

Main Aims:

Our Spiritual, Moral, Social and Cultural (SMSC) curriculum at Key Stage 3 incorporates the subjects of **Religious Education (RE)** and Personal, Social, Health and Economic Education (PSHE). The curriculum is designed to meet the needs of our pupils and it is the subject through which pupils develop the knowledge, skills and attributes they need to manage their lives in Modern Britain both now and in the future.

Our **RE** curriculum is designed to explore what people believe and what difference this makes to how they live, so that pupils can gain the knowledge, understanding to make reasoned and informed judgements about religious and moral issues and reflect on their own ideas and ways of living. We aim to equip students with the knowledge and understanding of major world religions and non-religious beliefs, allowing them to analyse and interpret key concepts, sources of authority and different perspectives, while developing critical thinking skills to reflect on their own values and beliefs within a diverse society.

Our PSHE curriculum is designed to equip students with the knowledge, skills and attitudes necessary to navigate the challenges of growing up in an increasingly complex world, develop healthy relationships, make informed choices about their wellbeing, understand their responsibilities as citizens and contribute positively to society. Within PSHE, we address the following strands

- **Relationships and Sex Education (RSE)**
- **Health and Wellbeing**
- **Living in the Wider World (Economic Wellbeing and CEIAG)**
- **Citizenship (Modern British Values)**

In addition, we dedicate one lesson per half term to focus on **positive mental health, growth mindset and personal development**.

Our SMSC curriculum is supplemented by additional work during daily form tutor sessions, assemblies and input from external visitors throughout the academic year organised according to the calendar to include religious festivals and celebrations, National awareness days and responses to current events. Our wider Personal Development provision is outlined further on the Personal Development page of our website.



Year 7

Autumn 1

Relationships and Sex Education

- Banter & bullying
- Prejudice, stereotypes, discrimination & racism
- Friendships - the importance of, genuine & toxic friendships

RE

- Major world religions
- Why is religion important in the world?
- Connections between religions

Mental Health focus: 'You are bright, smart and capable'

Autumn 2

Health and Wellbeing

- Healthy eating - why do we need to eat healthily?
- How does the environment impact food choices?
- Inequality in healthy eating
- Balanced diets
- Benefits of exercise

Mental Health focus: 'Searching for the truth'

Spring 1

RE

- Faith & Belief: How do we know God exists?
- Christianity in the UK
- Islam in the UK
- What do Buddhists believe?
- What do Hindus believe?

Mental Health focus: 'We are what we think'

Spring 2

Citizenship

- Monarchy to Constitutional Monarchy
- What is Parliament & Government and how do they work?
- The development of democracy
- The Magna Carta
- Suffragettes - votes for women

Mental Health focus: 'Look inside your mind'



Year 8	
Summer 1	Summer 2
<p>RE</p> <ul style="list-style-type: none">• What do Christians believe about life after death?• Life after death- Muslims, Sikhs & Buddhists <p>Health and Wellbeing</p> <ul style="list-style-type: none">• Nicotine, vaping & addiction• Alcohol - the effects and dangers <p>Mental Health focus: 'Change your attitude'</p>	<p>Relationships and Sex Education</p> <ul style="list-style-type: none">• Types of attraction• Falling in love• Loving/positive vs toxic relationships• Commitment <p>Mental Health focus: 'Talking to yourself'</p>
Autumn 1	Autumn 2
<p>Relationships and Sex Education</p> <ul style="list-style-type: none">• Discrimination & stereotypes• Diversity, gender issues & sexual orientation (Stonewall's 'Fit' film) <p>Mental Health focus: 'You are worth it!'</p>	<p>RE</p> <ul style="list-style-type: none">• What do religions share?<ul style="list-style-type: none">- Authority and teaching- Worship & morality, practices & celebrations• Christianity: key beliefs 2 - the two Great Commandments & the Christian moral code• Jesus: man of peace or man of conflict? (<i>What is so radical about Jesus?</i>) <p>Mental Health focus: 'Resilience techniques and mindfulness'</p>



Spring 1	Spring 2
<p>Health and Wellbeing</p> <ul style="list-style-type: none">• Drugs<ul style="list-style-type: none">- Types and classifications of drugs- Drugs and the law- Impact of taking drugs- Group research and presentation <p>Mental Health focus: 'Stretching your comfort zone'</p>	<p>Citizenship</p> <ul style="list-style-type: none">• What are wants, needs, rights and responsibilities?• British culture - democracy (v dictatorship) & the electoral system• British identity - prepare and present a talk on an aspect of Britain• Symbols of Britain - what makes us 'British?' collage <p>Mental Health focus: 'How to be successful'</p>
Summer 1	Summer 2
<p>RE</p> <ul style="list-style-type: none">• The Resurrection - investigation of the body in the tomb• What makes us human? What makes humans unique?• What is the 'soul?'• Buddhism and the soul <p>Mental Health focus: 'Emotional literacy and self-awareness'</p>	<p>Relationships and Sex Education</p> <ul style="list-style-type: none">• Healthy relationships (review)• Choices around sex• Consent• Contraception/STIs• Teenage pregnancy• Sexting & sharing images <p>Living in the Wider World: Planning for the future, opportunities and prospects, goal setting and aspirations.</p>