

School Lunch Menu 2019-20

	Choice 1	Choice 2	Unlimited Sides	Cold Snack Bar	Hot Snack Bar	Dessert
Week 1	Monday	Cheese & Bacon Quiche	Cheese, Spinach & Red Pepper Quiche	Sweetcorn Herby New Potatoes Peas	Salad Bar	Fruit Pot
	Tuesday	Sausages in Gravy	Vege Sausage Pasta Bake	Mash Potato Carrots Cabbage	Sandwiches & Baguettes	Yoghurt or Fruit
	Wednesday	Roast Beef & Yorkshire Pudding	Fully Loaded Vege Cheese Pizza	Roasted & Mash Potato Green Beans Broccoli	Fresh Fruit Pots	Oaty Apple Crumble & Custard
	Thursday	Chicken Fajita & Rice	Chinese Vege 'Chicken' & Steamed Rice	Spicy Rice Peas Mixed Salad	Yoghurt	Fruit Muffin
	Friday	Chicken Burger or Beef Burger or Fish Fingers	Cheese & Veg Pizza	Chips Beans	Fruit Selection	Fruit Pot
Week 2	Monday	Breaded Fish	Jacket Potato or Soup	Beans Mixed Salad Sweetcorn	Salad Bar	Cocoa Brownie & Ice Cream
	Tuesday	Mince Beef Lasagne or Pasta Bolognese	Chinese Style Quorn Stir Fry with Noodles	Savoury Rice Baked Beans Mixed Salad	Sandwiches & Baguettes	Mixed Berries & Strawberry Fool or Frozen Yoghurt
	Wednesday	Roast Chicken & Yorkshire Pudding	Vege Lasagne & Garlic Bread	Broccoli Carrots Sweetcorn Roast Potatoes	Fresh Fruit Pots	Oranges & Ice Cream Or Cheese & Crackers
	Thursday	Chicken & Butternut Squash Curry	Jacket Potato with Beans or Cheese	Steamed Rice Green Beans Sweetcorn	Yoghurt	Orange Cake
	Friday	Chicken Burger or Beef Burger	Vegetarian Pizza	Chips Beans Curry Sauce	Fruit Selection	Fruit Pot
Week 3	Monday	Salmon & Tomato Ketchup Fish Cakes	Jacket Potato with Choice of Fillings or Mac & Cheese	Mushy Peas Beans Sweetcorn	Salad Bar	Lemon Drizzle Cake & Custard
	Tuesday	Chicken Biryani Served with Rice	Vege Chilli Beef Wraps	Broccoli Carrots Baked Beans Potato Wedges	Sandwiches & Baguettes	Strawberry Cheesecake
	Wednesday	Savoury Beef Cobbler	Vege Mince Cobbler	Mash or Roast Potatoes Green Beans Carrots	Fresh Fruit Pots	Apple Pie & Ice Cream
	Thursday	Roast Gammon	Chinese Vege 'Chicken' & Steamed Rice	Roast Veg Sweetcorn Potato Fritters	Yoghurt	Yoghurt or Cheese & Crackers
	Friday	Chicken Burger or Beef Burger or Fish Fingers	Fully Loaded Vege Pizza	Chips Beans Curry or Gravy	Fruit Selection	Fruit

Week 1 Week 2 Week 3

September '19

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

October '19

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

November '19

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

December '19

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

January '20

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

February '20

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

March '20

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

April '20

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

May '20

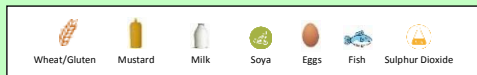
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

June '20

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

July '20

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31



Christmas Lunch 4th December 2019