

Menu 1: Seaton Sluice Middle School

Course	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Mince & Dumplings	Chicken or Lamb Kofta	Roast Chicken	Mexican Burritos	Hot Dog
Meat-free Main	Tomato & Basil Pasta	Vegan Sausage Roll	Meat-free Fillet	Meat-free Burritos	Vegan Nuggets
Pasta & Jacket Potatoes	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Grab & Go	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches
Sides	Freshly Prepared Salad Bar Available Daily				
	Mashed Potato Mixed Vegetables	Vegetable Rice	Seasonal Veg Mashed Potato Gravy	Sweetcorn Salad Cous Cous	Chips Beans
Dessert	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt

Allergies or intolerances?

Please ask a member of catering staff to see our allergen matrix before ordering.