

Menu 1: Whytrig Middle School / Seaton Valley High School

Course	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Lamb or Chicken Kofta	Marinated Chicken or Teriyaki Smoked Salmon Poke Bowls	Roast Pork or Chicken	Chicken Korma	Fish Goujons
Meat-free Main	Vegan Protein Bites	Teriyaki Plant-based Poke Bowls	Vegan Sausage Roll	Spinach and Chickpea Korma	Vegan Nuggets
Pasta & Jacket Potatoes	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Grab & Go	Selection of Sandwiches Cheese Panini	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches
Sides	Freshly Prepared Salad Bar Available Daily				
	Diced Potatoes / Cous Cous Mixed Veg Corn	Rice / Noodles Roasted Veg	Mashed Potato Vegetables Gravy	Rice Vegetables	Oven-baked Chips Beans
Dessert	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt

Allergies or intolerances?

Please ask a member of catering staff to see our allergen matrix before ordering.