

Menu 2: Seaton Sluice Middle School

Course	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Calzone	Garlic & Herb Chicken	Roast Chicken	Beef Bolognese	Fish Goujons
Meat-free Main	Calzone	Garlic & Herb Vegan Protein Bites	Vegan Sausage Roll	Mac & Cheese	Vegan Nuggets
Pasta & Jacket Potatoes	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Grab & Go	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches
Sides	Freshly Prepared Salad Bar Available Daily				
	Salad Sweetcorn	New Potatoes	Mashed Potatoes Vegetables	Pasta Vegetables	Fries Peas
Dessert	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt

Allergies or intolerances?

Please ask a member of catering staff to see our allergen matrix before ordering.