

Menu 3: Seaton Sluice Middle School

Course	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Stir Fry	Cumberland Sausage	Roast Beef	Chicken Curry	Beef Burger / Chicken Burger
Meat-free Main	Vegetable Stir Fry	Meat-Free Vegan Sausage	Vegan Sausage Roll	Vegetable Curry	Moving Mountains Vegan Burger
Pasta & Jacket Potatoes	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Grab & Go	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches	Selection of Sandwiches
Sides	Freshly Prepared Salad Bar Available Daily				
	Egg Noodles Steamed Broccoli	Mashed Potato Peas	Mashed Potatoes Vegetables Yorkshire Pudding	Rice Corn on the Cob	Fries "Chippy" Curry Sauce
Dessert	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt	Selection of Fruit & Yoghurt

Allergies or intolerances?

Please ask a member of catering staff to see our allergen matrix before ordering.