

QUICHE

INGREDIENTS

- ¼ quantity of shortcrust pastry
- 1 egg
- ¼ pt (100ml) milk
- 25g grated Cheddar cheese
- ¼ finely chopped onion

METHOD

1. Heat oven to 190°C/Gas Mark 5.
2. Roll out pastry on lightly floured table.
3. Line flan tin with pastry.
4. Place half of grated cheese in bottom of pastry case and cover with onion, then top with remainder of the cheese.
5. Beat egg and milk together.
6. Carefully pour mixture into pastry case which should be on baking tray.
7. Bake in oven for about 20 mins until set.