



# SEATON SLUICE MIDDLE SCHOOL NEWS REVIEW

Week Ending 3rd October, 2025

End of week 5. Read on for updates and a round-up of just some of the things that have been happening in school!

A heartfelt thanks to everyone who attended or donated to our Macmillan coffee morning. We raised a huge £419.70, which is a fantastic amount!

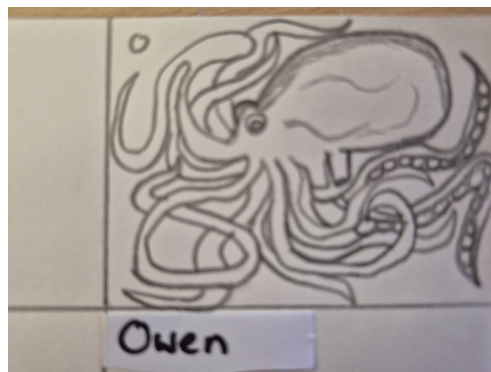
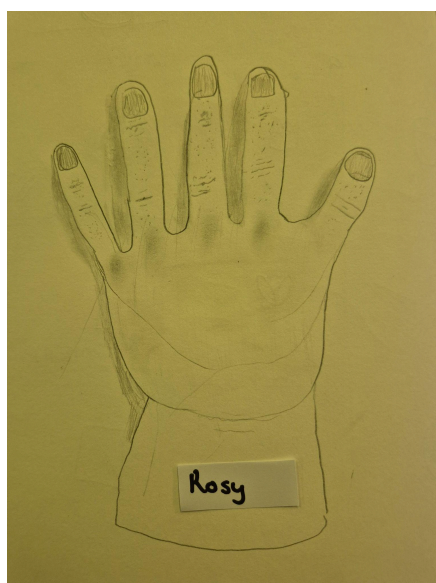
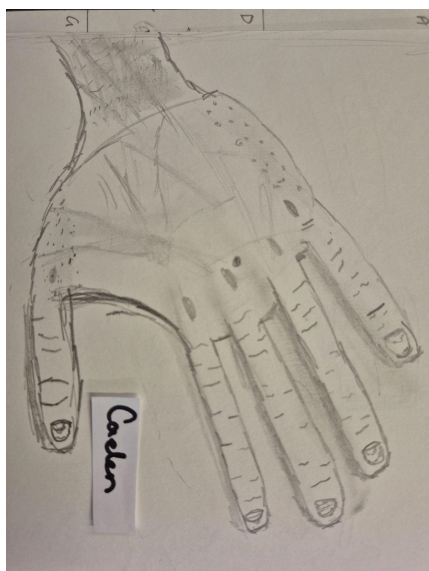
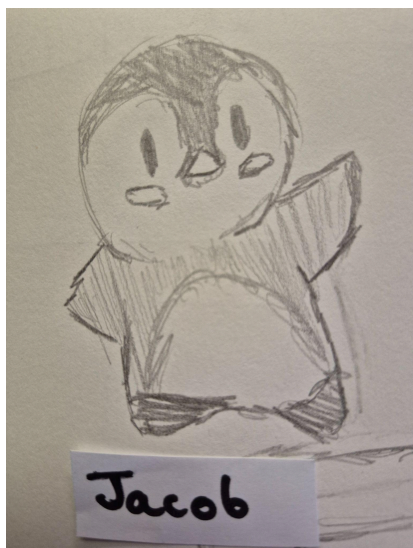


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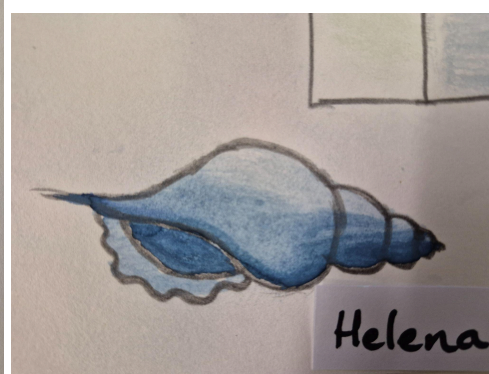
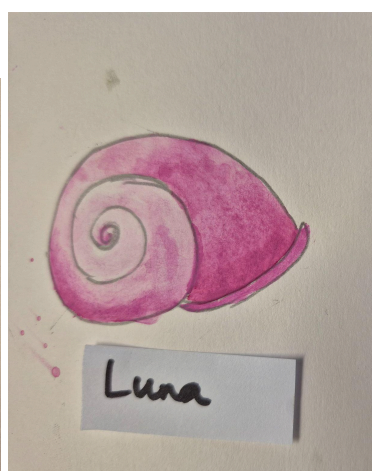
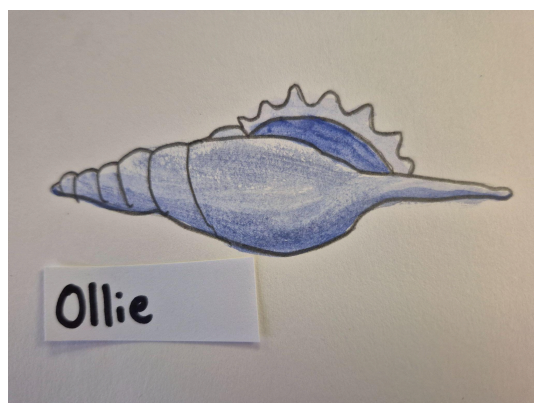
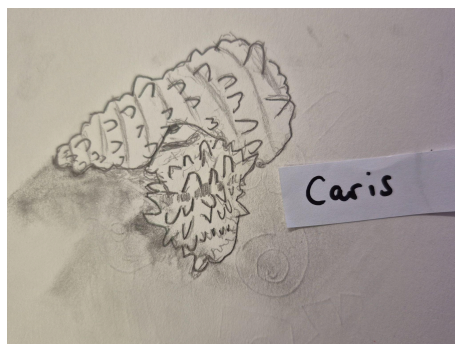
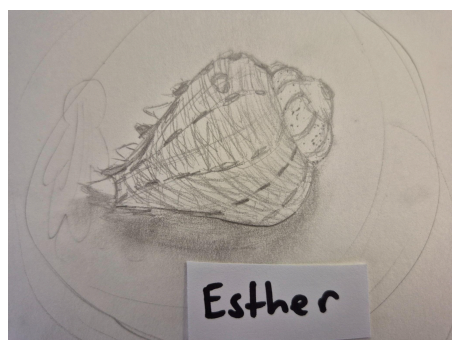
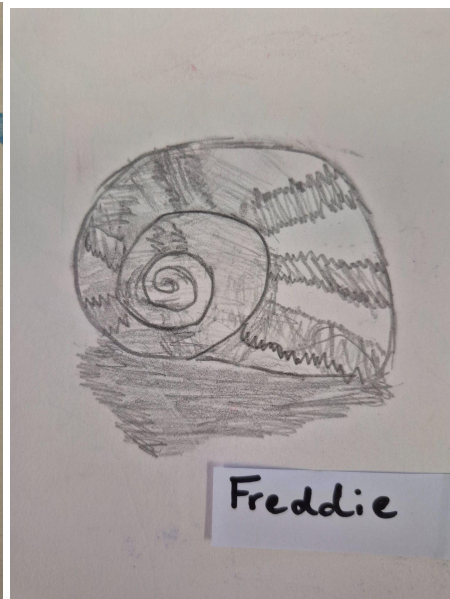
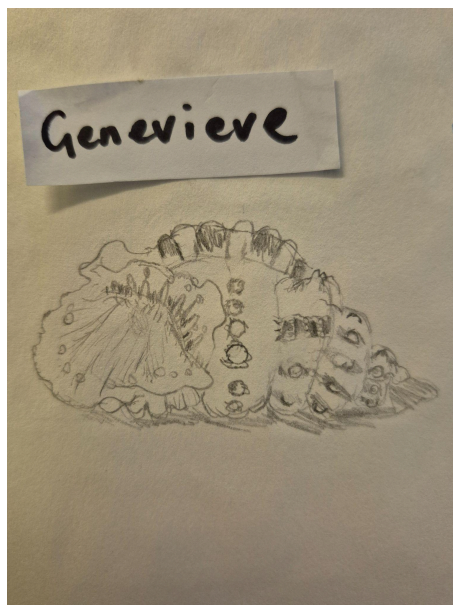
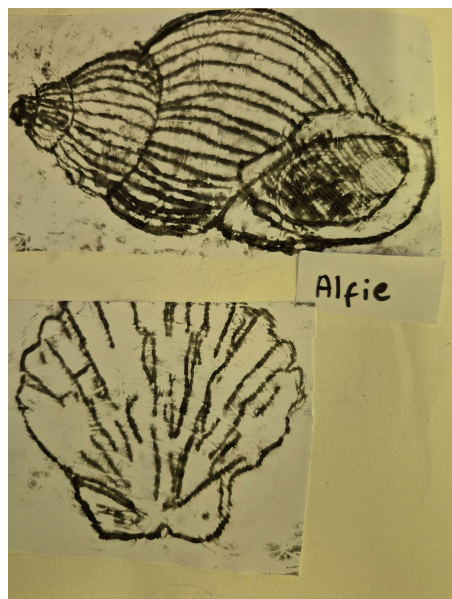
## Spotlight on...Art

Year 5 have made a fantastic start to their art journey. They've wowed us with realistic, detailed observational drawings of their hands, as well as imaginative pieces that show off their emerging personal styles. They're now eager to dive into some monoprinting next.

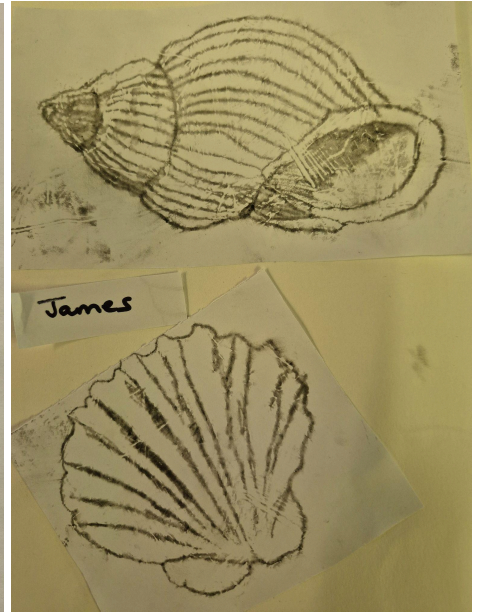
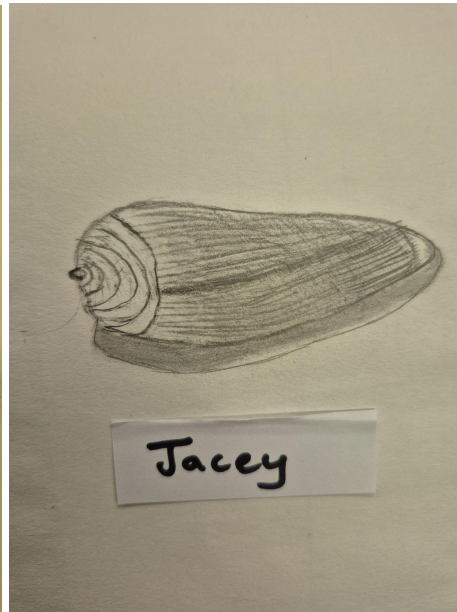
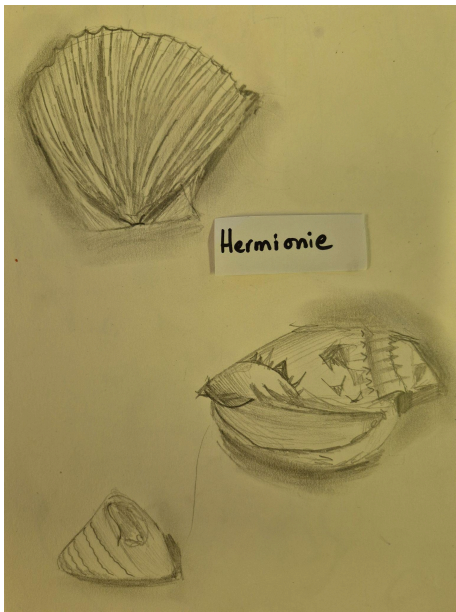
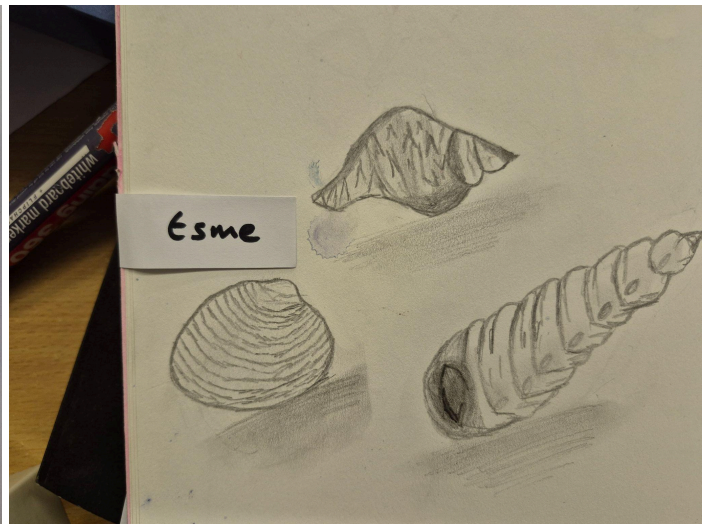




Year 6 are embarking on a mixed-media unit themed around shells. So far, they've explored pencil, ink and watercolour with great enthusiasm, and there's a real buzz about moving on to clay soon.

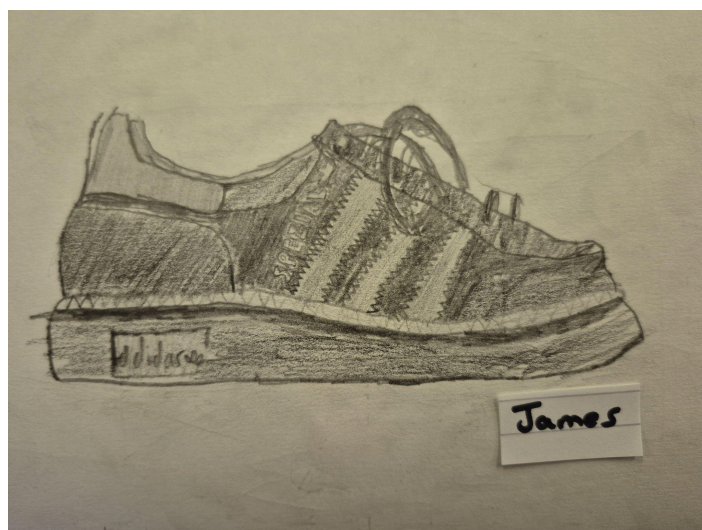






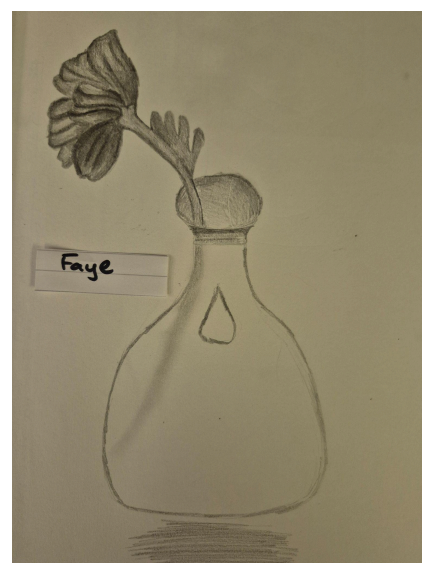
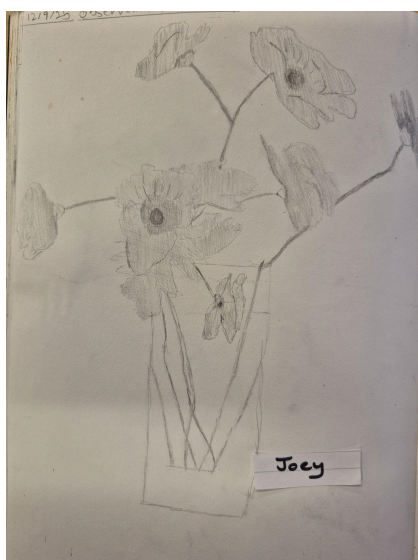
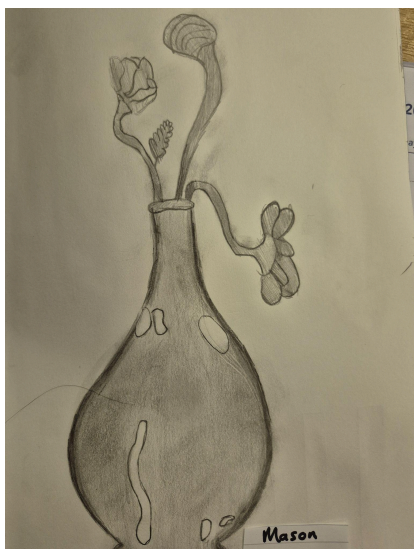


Year 7 have impressed from the outset with their baseline projects. They've produced tonal drawings of their own shoes and let their imaginations run wild with some wonderfully bizarre creations as part of an imagination test!

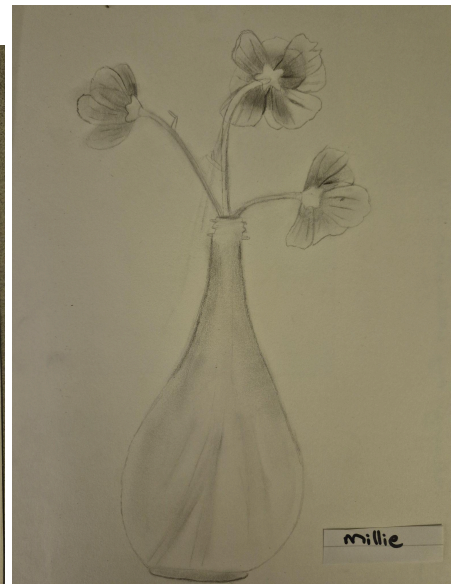
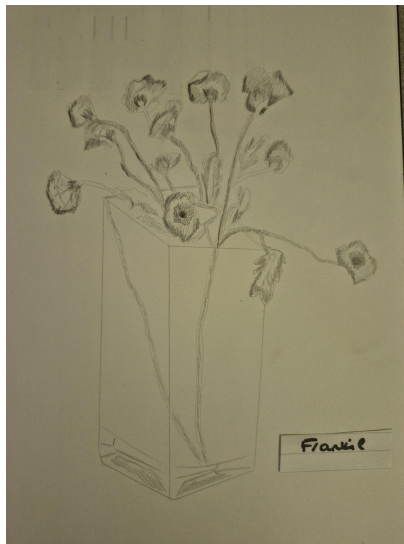
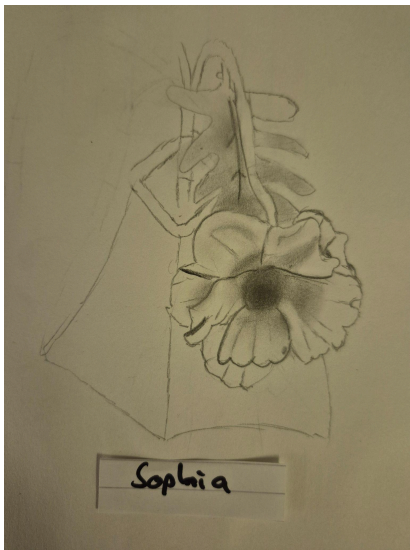




Year 8 has begun a mixed-media unit focused on poppies. They've already completed detailed pencil observational drawings and watercolour compositions with a strong emphasis on tone and accuracy. The level of sensitivity and control in their work is impressive.







Next up: creating ceramic poppies to sell in support of the Royal British Legion. With November 11th approaching fast, they're keen to get cracking!





## Year 4 Open Evening



### Stars of the Week:

Y5 - Charlie C, Maisie W, Arley W

Y6 - Declan M, Blu G, Zack S, Esther B, Harrison P, Alfie P, Jonathan B, Samuel B

Y7 - Klay W

Y8 - Jonah H



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## Attendance

Please remember to call in or send a message via MCAS if your child is unwell and will not be attending school by 8:30am. It is important that we have evidence for each day your child is absent, even if they were sent home the previous day.

To report an absence via telephone call please dial 0191 2370629, select 4 for Seaton Sluice Middle School then select 8 to report a student absence.

Please also send evidence of medical/dental appointments/medication to [ssms@svf.org.uk](mailto:ssms@svf.org.uk) so we can attach these to your child's profile on our system.

If you are submitting a Leave of Absence request, please ensure any documentation supporting the exceptional circumstances is handed in at the same time as the Leave of Absence form.



**This week's whole school attendance (YTD): 93.07%**

Year 5	Year 6	Year 7	Year 8
97.12%	95.60%	91.18%	89.29%

**The current best attending class is: 5N for the second week in a row!**

### Dates for the diary:

6-8.10.25 - Y5 Ford Castle visit  
16.10. 25 - Flu vaccines  
17.10.25 - Show Racism the Red Card (further info to follow)  
21.10.25 - PTFA Halloween disco (further info to follow)  
24.10.25 - SSMS Fun Run (further info to follow)  
4.11.25 - SEN coffee morning (further info to follow)



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## Zones of Regulation

At the start of this year we have introduced in ERIC once a week a programme of activities that focus on understanding the different emotions and feelings that individuals can experience on a daily basis. We are using a framework called The Zones of regulation. The four zones are:

### The **ZONES** of Regulation®



Children are developing an understanding of the emotions that are connected to each zone:

## The **ZONES** of Regulation

			
<b>Blue Zone</b> Sad Bored Tired Sick	<b>Green Zone</b> Happy Focused Calm Proud	<b>Yellow Zone</b> Worried Frustrated Silly Excited	<b>Red Zone</b> overjoyed/Elated Panicked Angry Terrified

It is hoped that children will develop further skills to be able to self-regulate their emotions by having a better understanding of how they are feeling and link it to a particular emotion in one of the four zones. They will be developing over the coming weeks their own tool box of strategies to support their own self regulation.



Over the next few weeks I will share with you the different strategies that the children are learning. This will provide you with an opportunity to discuss, with your children in the home environment, the Zones of Regulation framework language and find out about the strategies they are adding to their tool box.

Mrs Tennant

### Social Media Channels

Don't forget to keep up to date with everything else on our social media channel.

Facebook - @Seaton Sluice Middle School

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