



## Seaton Sluice Middle School - Lunch Menu £2.10 - October 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage	Bolognese pasta with garlic bread	Chicken curry with rice and naan bread	Mince and Dumplings	Beef burger
Chicken nuggets	Fish cakes	Fish fingers	Chicken goujons	Fish portion
Macaroni cheese with garlic bread	Cheese and onion quiche	Tomato and basil pasta with garlic bread	Pizza slice	Small pizza
Jacket potato with filling*	Jacket potato with filling*	Jacket potato with filling*	Jacket potato with filling*	Jacket potato with filling*
Sandwich choice*	Sandwich choice*	Sandwich choice*	Sandwich choice*	Sandwich choice*
Chips	Mini waffles	Potato wedges	Mini waffles or roast potatoes	Chips
Baked beans, farmhouse veg, sweetcorn	Baked beans, peas, carrots	Baked beans, sweet corn, mixed veg	Baked beans, farmhouse veg, broccoli	Baked beans, peas, sweetcorn
Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
*Sandwich fillings: tuna , cheese, ham, chicken				
*Jacket Potato fillings: tuna, cheese				
<b>DESSERT CHOICES AVAILABLE EACH DAY:</b> Jelly pot or jelly squeeze, fruit yoghurt, biscuit and juice, fruit pot, sreen, gingerbread men, mini cake				

### Drinks Prices

Spring water 40p, Mooies Milk 50p, fresh fruit juice 40p, Suso 70p, Radnor 60p, Fruit Shoot Hydro 80p, Fruit Shoot 80p, OMJ Cans 80p, Get More Vits 80p, Jaffa Gold Splash 40p