



SSMS SMSC Curriculum Overview

KS2 Main Aims: *PSHE education builds on the skills that pupils started to acquire at First School; to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. PSHE education helps pupils to manage the physical and emotional changes at puberty, introduces them to a wider world and enables them to make an active contribution to their communities.*

Year 5

	Autumn	Spring	Summer
1	Living in the Wider World - Staying Safe	Health and Wellbeing - Looking after ourselves	Health and Wellbeing - Healthy choices - Sun and Water Safety
2	Health and Well being - Mental Health	Living in a Wider World - Career choices	Health and Wellbeing - Drugs and Alcohol
3	Relationships - Friendships	Living in a Wider World - Plastic Pollution	Health and Wellbeing - Personal Identity
4	Relationships - Respect	Living in a Wider World - Media Literacy and Digital Resilience	Relationships - Puberty
5			Relationships - Staying Safe: Protective Behaviours
6			Health and Wellbeing - Gender

Year 6

	Autumn	Spring	Summer
1	Relationships - Friendships and Families	Mental Health	Health - Healthy Choices including drugs and managing peer influences
2	Relationships - Diverse Families and Prejudice	Living in the Wider World - Protective behaviours including staying safe on line	RSE - Puberty, changing relationships, marriage
3	Relationships - Anti-Bullying		RSE - Human reproduction and birth
4	Living in the Wider World - Money		
5			
6			



KS3 Main Aims: At key stage 3, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase. PSHE education acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media. In RE pupils explore what people believe and what difference this makes to how they live so that pupils can gain the knowledge, understanding and skills needed to handle questions raised by religion and belief, reflecting on their own ideas and ways of living.

Year 7

	Autumn	Spring	Summer
1	Living in the Wider World - Diversity - Bullying and Racism	Health and Wellbeing - Drugs: VSA, vaping, and peer pressure	Relationships and Sex Education
2	Health and Wellbeing - Mental Health: Resilience and sleep	Health and Wellbeing - First Aid	Living in the Wider World - Democracy: Mock Election
3	Living in the Wider World - Social Action	RE Unit 3.8 The Buddha: how and why do his experiences and teachings have meaning for people today?	Health and Wellbeing - Mental Health: Body Image
4	Living in the Wider World - Rights and Responsibilities and FGM	RE Unit 3.8 The Buddha: how and why do his experiences and teachings have meaning for people today?	

Year 8

	Autumn	Spring	Summer
1	Health and Wellbeing - Diversity: Gender Stereotypes, Homophobic Language and Bullying, Gender Identity	RSE - The Law and Consent, Unhealthy Relationships, Teenage Parenting	Living in the Wider World - The Justice System
2	Health and Wellbeing - Mental Health: Digital Resilience, Unhealthy and Healthy Coping Strategies	RE - Unit 3.12 How are Sikh teachings on equality and service put into practice today? [God/the Guru/Panth]What is Belief?	Living in the Wider World - Careers
3	Health and Wellbeing - Drugs: The Law, Alcohol and Peer Pressure	RE - What happens when we die? Unit 3.15 How far does it make a difference if you believe in life after death?	Living in the Wider World - Barclays Life Skills: building personal skills for the workplace



4		REUnit 3.16 Why is there Suffering? Are there any solutions?	RSE - STIs and Contraception workshops (workshops)
---	--	--	--