



SSMS SMSC Curriculum Overview

KS2 Main Aims: *PSHE education builds on the skills that pupils started to acquire at First School; to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. PSHE education helps pupils to manage the physical and emotional changes at puberty, introduces them to a wider world and enables them to make an active contribution to their communities.*

Year 5

	Autumn	Spring	Summer
1	Living in the Wider World - Staying Safe	Positively engaging with our world	Health and Wellbeing - Healthy choices - Sun and Water Safety
2	Relationships - Friendships	Climate Change	Health and Wellbeing - Drugs and Alcohol
3	Belonging and Community	Mental Health and Wellbeing	Health and Wellbeing - Personal Identity
4	Mental Health and Wellbeing	Living in a Wider World - Careers	Relationships - Puberty
5			Relationships - Staying Safe: Protective Behaviours
6			Health and Wellbeing - Gender

Year 6

	Autumn	Spring	Summer
1	Mental Health and Wellbeing	Friendships	RSHE - Puberty, changing relationships, marriage
2	Change, Loss and Grief	Living in the Wider World - Protective behaviours including staying safe on line	RSHE - Human reproduction and birth
3	Relationships - Anti-Bullying	Living in the Wider World - The rights of animals	
4	Living in the Wider World - Money		
5	Relationships - Diverse Families and Prejudice		



KS3 Main Aims: At key stage 3, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase. PSHE education acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media. In RE pupils explore what people believe and what difference this makes to how they live so that pupils can gain the knowledge, understanding and skills needed to handle questions raised by religion and belief, reflecting on their own ideas and ways of living.

Year 7

	Autumn	Spring	Summer
1	Health and Wellbeing - Mental Health: Resilience and sleep	RE Unit 3.8 The Buddha: how and why do his experiences and teachings have meaning for people today?	RE Unit 3.12 How are Sikh teachings on equality and service put into practice today? [God/the Guru/Panth]
2	Health and Wellbeing - Body image and self esteem	Health and Wellbeing - VSAs	Living in the Wider World - Democracy: Mock Election
3	Living in the Wider World - Diversity - Bullying and Racism	Health and Wellbeing - Smoking and Vaping, Peerpressure	RSHE - Health Relationships. What does the law say about sex? Coping with break up and loss.
4		Health and Wellbeing - First Aid	Living in the Wider World - Rights and Responsibilities and FGM

Year 8

	Autumn	Spring	Summer
1	Health and Wellbeing - Mental Health: Digital Resilience, Unhealthy and Healthy Coping Strategies	RSE - The Law and Consent, Unhealthy Relationships, Teenage Parenting	Living in the Wider World - The Justice System
2	How far does it make a difference if you believe in life after death? (Unit 3.15) What do Christians, Muslims, Sikhs, other religions and non-religious people believe about life after death, and how does it affect their lives?	Why is there Suffering? Are there any solutions? Why does suffering exist? (Unit 3.16) What types of suffering are in the world? Is suffering a natural human state? Does suffering prove that God does not exist? What did the Buddha teach about suffering?	Living in the Wider World - Careers



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3	Health and Wellbeing - Diversity: Gender Stereotypes, Homophobic Language and Bullying, Gender Identity	RE - What happens when we die? Unit 3.15 How far does it make a difference if you believe in life after death?	Living in the Wider World - Barclays Life Skills: building personal skills for the workplace
4		REUnit 3.16 Why is there Suffering? Are there any solutions?	RSE - STIs and Contraception workshops (workshops)