






## Seaton Sluice Middle School Menu Week 1






	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice</b>	Beef Mince Bolognese / Beef Lasagne	Shredded BBQ or Sweet Chilli Chicken	Roast Beef	Chinese Chicken Curry	Beef Burger Chicken Burger Hot Dog
<b>Main Choice</b>	Vegan Mince Bolognese (Ve)	Mac & Cheese (V)	Vegan Sausage Roll (Ve)	Vegetable Spring Roll (V)	Vegan Burger (Ve)
<b>Sides</b>	Pasta Garlic Bread	Salad Vegetables	Seasonal Veg Roast Potatoes Yorkshire Pudding Gravy	Rice Noodles Prawn Crackers	Chips Chippy Curry Sauce Beans Gravy
<b>Dessert</b>	Fruit or Biscuit	Cheesecake	Fruity Jelly & Ice Cream	Fruit or Biscuit	Ice Cream Pot
<b>Grab &amp; Go</b>	Pasta King* 	Pasta King* 	Jacket Potato <i>selection of fillings</i>	Pasta King* 	
<b>* Not Included in Meal Deal</b>	Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Chilled Sandwich	Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Chilled Sandwich



## Seaton Sluice Middle School Menu Week 2






	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice</b>	Battered Cod / Pepperoni Calzone	Mince Pie	Roast Pork	Meatball Marinara	Beef Burger Chicken Burger Hot Dog
<b>Main Choice</b>	Cheese Calzone (V)	Cheese Quiche (V)	Vegetable & Cheese Kiev (V)	Margherita Pizza Slab (V)	Vegan Nuggets (Ve)
<b>Sides</b>	Potato Wedges Vegetables	Salad Vegetables	Seasonal Veg Roast Potatoes Stuffing Gravy	Flatbread Corn Salad	Chips Chippy Curry Sauce Beans Gravy
<b>Dessert</b>	Mousse	Fruit or Biscuit	Chocolate Brownie & Ice Cream	School Cake	Arctic Roll
<b>Grab &amp; Go</b>	Pasta King* 	Pasta King* 	Jacket Potato <i>selection of fillings</i>	Pasta King* 	Chilled Sandwich
<b>*Not Included in Meal Deal</b>	Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Chilled Sandwich	Jacket Potato <i>selection of fillings</i> Chilled Sandwich	



## Seaton Sluice Middle School Menu Week 3






	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice</b>	Beef Mince Bolognese / Beef Lasagne	Cumberland Sausages	Roast Chicken	Slow-Cooked BBQ Pulled Pork	Beef Burger Chicken Burger Hot Dog
<b>Main Choice</b>	Veg Lasagne (V)	Vegetable Sausages (Ve)	Vegan Sausage Roll (Ve)	Margherita Pizza Slab (V)	Vegan Burger (Ve)
<b>Sides</b>	Pasta Garlic Bread	Seasonal Veg Gravy	Seasonal Veg Roast Potatoes Yorkshire Pudding Gravy	Flatbread Corn Salad	Chips Chippy Curry Sauce Beans Gravy
<b>Dessert</b>	Fruit or Biscuit	Fruit or Biscuit	Apple Crumble & Custard	Chocolate Cake & Chocolate Sauce	Ice Cream Pot
<b>Grab &amp; Go</b>	Pasta King* 	Pasta King* 	Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Pasta King* 	Chilled Sandwich
<b>*Not Included in Meal Deal</b>	Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Jacket Potato <i>selection of fillings</i> Chilled Sandwich		Jacket Potato <i>selection of fillings</i> Chilled Sandwich	



## Seaton Sluice Middle School Menu Week 4



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice</b>	Battered Cod / Pepperoni Calzone	Mince & Dumplings	Roast Gammon	Indian Chicken Curry	Beef Burger Chicken Burger Hot Dog
<b>Main Choice</b>	Cheese Calzone (V)	Vegan Mince (Ve) & Dumplings (V)	Vegetable & Cheese Kiev (V)	Vegetable Samosa (Ve)	Vegan Burger (Ve)
<b>Sides</b>	Potato Wedges Vegetables	Seasonal Veg Potatoes	Seasonal Veg Roast Potatoes Yorkshire Pudding Gravy	Rice Naan Bread Poppadoms	Chips Chippy Curry Sauce Beans Gravy
<b>Dessert</b>	Mousse	Fruit or Biscuit	Chocolate Brownie & Ice Cream	Fruit or Biscuit	Arctic Roll
<b>Grab &amp; Go</b>	Pasta King  Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Pasta King  Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Pasta King  Jacket Potato <i>selection of fillings</i> Chilled Sandwich	Chilled Sandwich
<b>* Not Included in Meal Deal</b>					