

**SEATON SLUICE  
MIDDLE  
SCHOOL FOOD  
BANK APPEAL**

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# YEAR 5 – BREAKFAST ITEMS

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# YEAR 6 – LUNCH ITEMS



# YEAR 7 – DINNER ITEMS



# YEAR 8 – SNACK ITEMS



# STAFF – PERSONAL ITEMS



# THINGS TO CONSIDER:

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- Is there a long shelf life (i.e. does not go “out of date” within few weeks?)
- Will the product take lots of time/ money/ energy to cook?
- Would I use the item myself?
- Is the item new and sealed?
- Does the item need to be stored in a fridge or freezer?