

Seaton Valley High School



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mince Pie	Homemade Crispy Chicken	Roast Beef	Chicken Curry	Beef Burger or Chicken Burger or Hot dog
Meat-free Main	Quiche (V)	Battered Cod	Vegan Sausage Roll (VE)	Vegetable Samosa (VE)	Moving Mountains Burger (VE)
Sides	Mashed Potato Vegetables Gravy	Potato Wedges Salad Vegetables	Roasties/Mash Vegetables Yorkshire Pud Gravy	Rice Naan Bread Vegetables	Chips Chippy Curry Beans
Dessert	Mousse	Fresh Fruit or Biscuit	Chocolate Brownie	Fruit Crumble and Custard	Ice Cream Tub
Alternative Options	Variety of sandwiches / Jacket Potato / Pasta King	Variety of sandwiches / Jacket Potato / Pasta King	Variety of sandwiches / Jacket Potato	Variety of sandwiches / Jacket Potato / Pasta King	Variety of sandwiches

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Bolognese / Lasagne	Pepperoni Calzone Pizza	Roast Gammon	Homemade Shawarma Chicken	Beef Burger or Chicken Burger or Hot dog
Meat-free Main	Mac & Cheese (V)	Cheesy Calzone Pizza (V)	Homemade Cheese & Potato Patties (V)	Margherita Pizza Slab (V)	Crispy Nuggets (VE)
Sides	Pasta Garlic Bread Vegetables	Potato Wedges Salad Vegetables	Roasties/Mash Vegetables Yorkshire Pud Gravy	Tortilla Wrap Salad Vegetables Sauces	Chips Chippy Curry Beans
Dessert	Cheesecake	Fresh Fruit or Biscuit	School Cake	Fresh Fruit or Biscuit	Ice Cream Tub
Alternative Options	Variety of sandwiches / Jacket Potato / Pasta King	Variety of sandwiches / Jacket Potato / Pasta King	Variety of sandwiches / Jacket Potato	Variety of sandwiches / Jacket Potato / Pasta King	Variety of sandwiches

