

COURSES WE OFFER

*REQUEST FOR SERVICE REQUIRED

Brilliant Babies (0-6 months)*

6 week course supporting you and your baby with helpful tips on play, communication & baby's development.

Early Explorers (6-18months)*

6 sessions - with information, tips & activities to support your child's development.

LTPP AND(Additional Needs and/or Disability) (0-5 years)*

Play, Communication, Behaviour & Wellbeing.

Tiny Talkers (1-2+ years)*

6 week course to support your child's journey through language & communication, play stories & fun activities.

HENRY (0-5years)*

Healthy Families Right from the Start

8 week course, activities & strategies supporting good health, nutrition & exercise.

HENRY*

One off workshops in Starting Solids and Eating Well for Less.

LTPP(Learning Together Through Play) 0-5years

LTPP Babies (0-12months) DROP-INS

Sessions are designed to give babies & children opportunities, to socialise with other children, take part in a range of activities & for parents and carers to learn about a range of key themes.

HEALTHY RELATIONSHIPS*

- Me You & Baby Too
- Arguing Better
- Getting it Right For Children

This support is for Parent/s Co-parents and young people who might be experiencing difficulties in their relationship and want to reduce arguments in the household or the sake of their Child's well being



Incredible Years *

Incredible Babies 0-12months *

8 week program to support needs of babies

Incredible Toddlers Pre-school *

12 week program to gain tools, knowledge and new skills to support the needs of children aged 1-6

Teen Triple P*

Teen Triple P is a positive parenting programme for parents of teenagers aged 9+

SPACE*

SPACE is an educational programme aimed at all adults with children aged 5-19 years to enable them to support children and young people who may be going through difficult times.

Young People's Drop In Session (8-14 years)

Tuesday - Blyth Central

3.45-4.45pm

25th July - 29th August

Games, snacks, arts & crafts and more

HOW TO APPLY

Our courses run every term. If you'd like to join us on any of our courses please complete one of our online

'Request for Services' (RFS) forms by scanning this QR code with your phone camera.



Visit our Facebook Page



Or get in touch

Blyth West Family Hub

Devonworth Place, Cowpen NE24 5AQ
Tel: 01670 541150

Blyth Central Family Hub

103 Wright Street, Blyth NE24 1HG
Tel: 01670 798800

*SEND Special Education Needs & Disabilities

What's on Guide

South East Locality

Family Hubs

Summer 2023



Check out our
NEW
Northumberland
Family Hubs
Website here!



*Request for Service Required

MONDAY

Children North East Neurodiverse Pre-Teens/Teens

Blyth Central
4.30-6.00pm

24th July - 28th August

Please contact Robyn Andrews
on 07553370132 or email
robyn.andrews@children-ne.org.uk
for more information

TUESDAY

***LTP AND**

Blyth West

9.30 -11.00am

25th July - 29th August

Young People's Drop In Session (8-14 years)

Blyth Central
3.45-4.45pm

25th July - 29th August

Games, snacks, arts & crafts and more

*Request for Service Required

WEDNESDAY

Health Led Infant Feeding Group

Known prior as Breastfeeding
support

Blyth West

12.30 pm-2pm

(first half hour under 8 weeks old)

Weekly

Let's Explore

Blyth Central

1.00-3.00pm

2nd August

Fun activities that go fizz, splat &
squash

(Please wear old clothes)

Booking essential 0-19 years

Let's Get Active & Healthy

Blyth Central

11.00-1.00pm

9th August

Fun activities to help you keep active
(please bring spare clothes)

Booking essential 0-19 years

Festival Event

Blyth Central

1.00-3.00pm

16th August

Fun activities

Face painting, glitter tattoos, crafts
music and more

Booking essential 0-19 years

*Request for Service Required

Sensory Chill Out

Blyth Central

1.00-3.00pm

23rd August

Come along and enjoy a relaxed session
including, sensory chill out tent,
minecraft, art & crafts and more

Booking essential 0-19 years

THURSDAY

Birth Registrations

Blyth Central Wednesday & Thursday
Cramlington Thursday

Book via Birth Registrations on
Northumberland County Council website
or

call 0345 600 6400



***Brilliant Babies**

Blyth Central

11.00 -12.30am

***Tiny Talkers**

Blyth West

1.00 -2.30pm

WHAT'S ON IN OUR
LOCAL AREA OVER THE SUMMER HOLIDAYS

For more information
please scan the QR code

