



WHYTRIG MIDDLE SCHOOL

One of the Seaton Valley Federation of Schools

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Executive Headteacher: John Barnes

Head of School: Jonathan Souter

Notices - Week Beginning 18th December 2023

LAST WEEK OF TERM TREAT

As a whole school treat before we break up, we will be having a movie morning on Thursday 21st December, where the whole school will watch a film on the big screen in the main hall. Children are allowed to bring a snack or sweets and a drink (no cans please) to enjoy whilst the film is showing if they want to; we would encourage them to be sensible though and not bring in anything that will make a mess. We will announce the film choice in school next week.

KS2 Timetables Rock Stars

KS2 Times Tables Rock Stars competition taking place at the moment.

Please remember that pupils should be using TTRS at least 3 times a week for 5 minutes.

PE Clubs

Swimming clubs have now finished for this term. They will restart in the 2nd week of term. KS2 dodgeball club is still on Wednesday 20th.

No other sports clubs will take place last week of term.

Y7/8 X-Country has been rearranged for Tues 19th Dec. Pupils have letters.

Y8 Boys play ESFA Small Schools National Cup at Ovingham MS, Thurs 21st Dec 2pm ko.

Year 6 Swimming

6E have one more swimming lesson.

6F will start their swimming lessons on Tuesday PE lessons, starting 9th January.



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Tips for supporting neurodivergent children at Christmas

Christmas can be a tricky time for neurodivergent children. This could be the case if your child is autistic, has ADHD or a sensory processing disorder. They may find it hard to adjust to different light, colour, sound, smells, textures and tastes. Changes in routine can also affect how they feel. Here are some tips to support making the holidays a positive time:

- **Consider any changes in routine.** Try to prepare children each day for what is coming tomorrow. A visual timetable or calendar of events can also support this.
- **Allow for decompression time after a busy day.** Ensuring children have a safe space to turn to if they are feeling overwhelmed.
- **Talk to your child and give them opportunities to share their views.** If your child is verbal and able to communicate what they want or don't want, talk to them about Christmas. What do they want to do? What do they want to eat? Do they want to know what they are getting for Christmas? Do they even want you to wrap their gifts?
- **Try to keep some routine on Christmas Day.** Christmas is a big disruption to children's daily and weekly routines. Almost everything is different on Christmas Day and that can be especially challenging for many highly sensitive and autistic children. Try to keep some of the usual routines during Christmas Day and prepare your child in advance for some of the disruptions they can expect in their usual routine.

Miss Thompson - SENCo

Christmas / New Years Holiday

Our last day in school is Friday 22nd December 2023 (close at 1pm)
Our first day of the new term is Tuesday 9th January 2024
Pupils should be in their form lines by 8:50am ready to start the new term

LOST PROPERTY

If you recognise any of the items in the photos, please contact reception to claim them. We also have the below list of items which are in lost property:

- 2 x medium PE sweatshirts (not hoodies)
- 1x PE hoodie age 11/12
- School sweatshirt-age 9/10
- Black The North Face padded coat-UK/35/EUR 5
- Black Berghaus padded coat-age 13
- Black Under Armour padded coat-age 14-15 years
- Black Primark padded coat-UK 4/6
- Black Studio Outerwear padded coat-size 16
- Black NICCE London pullover jacket-size medium
- Teal Newcastle United coat-size JL
- Navy Mountain Warehouse raincoat-11-12 years
- Black Lily & Dan school trousers-10-11 years
- 1 x AirUp bottle



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Social Media Channels on

Don't forget to keep up to date with everything else on our social media channels

X - @WhytrigMS

Facebook - @Whytrig Middle School



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