



WHYTRIG MIDDLE SCHOOL

One of the Seaton Valley Federation of Schools

Elsdon Avenue, Seaton Delaval, Northumberland NE25 0BP

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www.svf.org.uk

Executive Headteacher: John Barnes

Head of School: Jonathan Souter

Notices - Week beginning 24th June 2024

Attendance

Please remember to call in or send a message via MCAS if your child is unwell and will not be attending school by 8:30am. It is important that we have evidence for each day your child is absent, even if they were sent home the previous day.

Please also send evidence of medical/dental appointments so we can attach these to your child's profile on our system.

Metamorphosis

Y5 watched the process of Metamorphosis take place in the classroom and released their butterflies this week.



Summer Uniform

Pupils can wear the summer uniform. That is, they do not have to wear a tie in school for the rest of term and they can wear a plain white polo shirt instead of their school shirt if they choose. If shorts are worn, they should be school trouser material shorts and not PE/sports shorts. School shoes should still be worn and not trainers.



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Mental Health Tip of the Week

- **Eat healthy, regular meals and stay hydrated.** A balanced diet and plenty of water can improve your energy and focus throughout the day. Pay attention to your intake of caffeine and how it affects your mood and well-being—for some, decreasing caffeine consumption can be helpful

After School Sports Clubs

Mondays - Y5 Swimming

Tuesdays - KS2 Cricket & Bike Club (Mr Edwards) & KS3 Girls Swimming

Wednesdays - KS2 Girls Cricket & KS3 Boys swimming

Thursdays - Girls football & KS3 Cricket

Fridays - Netball

Please note that NUFC girls football on Friday evenings has now stopped.

Sports Days

Our Sports Days are to be held on the following days, 1:30-3:30pm

KS3- Friday 28th June

Parents are welcome to attend and are asked to come onto the school field from 1:15pm and sit in the designated area.

The afternoons will be a traditional track/running event. Field events will be held at different times of the day/week due to time constraints.

Pupils will be allocated events at their house meetings. Please check with your child what event they are doing, as field events will not be open to spectators.

Whamba!

We are always on the lookout for new members of our Samba band.

We meet every Wednesday 3:30 - 4:30 at WMS.

 [Samba Percussion](#)



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Smile's Summer Programme 2024



Smile's Summer Programme 2024

**Sport & physical activity sessions and events
for children, young people with SEND.
Siblings are welcome to attend too!**

Our sessions and events are taking place across the North East. We are not postcode restricted, so please book onto any sessions/events you are able to travel to!

Tyne & Wear

County Durham

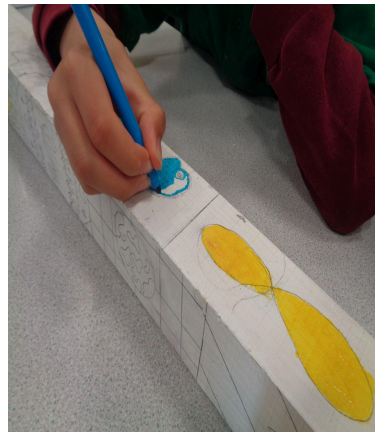
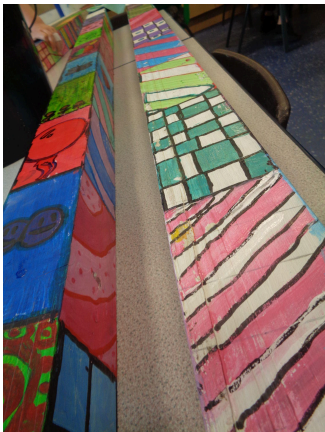
Northumberland

**For more information visit:
www.smilethroughsport.com/whats-on**



Holywell in Bloom Friendship Poles

Our Year 7 Students are making amazing progress with their friendship poles as part of Holywell In Bloom entry for Britain in Bloom Competition - we can't wait to see them around Holywell Village in the coming months.



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PE Kit Reminder

Please remember that correct PE kit includes:

- trainers (not converse boots or similar)
- plain black shorts/leggings/joggers (no huge brand labels)
- black socks
- white shirt with badge
- black jumper/hoodie with badge
- long hair must be tied back with bobble or equivalent
- all jewellery must be removed before the lesson- rings, necklace, watches etc
- if your child swims- swimming costume/shorts/trunks plus a towel

If your child is to be excused from PE, please add a note in their planner.

SCHOOL FOOTBALL KITS

If your child has a school football kit, please return to Mr Robinson as soon as possible:

- Girls- Red/Black stripes
- Y6 Boys- Blue Joma (full kit)
- Y7 Boys- Red/Blue Prostar
- Y7 Boys- Yellow Nike
- Y8 Boys- Blue/White Adidas
- Y8 Boys- Blue/Black stripes



Social Media Channels

Don't forget to keep up to date with everything else on our social media channels

X - @WhytrigMS

Facebook - @Whytrig Middle School



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