



WHYTRIG MIDDLE SCHOOL

Notices - Week beginning 30th September 2024

Attendance

Please remember to call in or send a message via MCAS if your child is unwell and will not be attending school by 8:30am. It is important that we have evidence for each day your child is absent, even if they were sent home the previous day.

Please also send evidence of medical/dental appointments so we can attach these to your child's profile on our system.

Uniform Reminder

All items of clothing, bags and water bottles etc. should have your child's name in them. This helps us return 'lost property' to their rightful owner. By the end of each term, we have a large quantity of items that have lost their owner and are then donated to charity or unfortunately thrown away.

MCAS Contact Details

Please remember to double check that your details are correct on MCAS. When you make a change in My Child At School, it updates the systems that we use to contact home. This also means that we don't make a mistake in the spelling of an email address or taking down a number incorrectly.

Jeans for Genes!

We raised a fantastic **£234.39** to support the work of Jeans for Genes - why do we raise money for this organisation? Here's some information from them about what they do:

Some genetic conditions are apparent at birth whilst others are diagnosed at different stages throughout childhood, adolescence and sometimes into adulthood, having a profound and lasting impact on individuals and their families.

Our ambition is that every individual, and their families, can access the right support at times when it's needed most. By taking part in Jeans for Genes week, we can all work together to make this ambition a reality.

As a result of your incredible fundraising, we support and provide vital funding to our charity partners through our grants programmes and aim to ensure that your donations are put to work in this way to have the most effective impact. This is more than just a week as the impact can be felt all year round.

[Jeans for Genes Week](#)



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Mental Health Tip of the Week

As the days get cooler and the nights get longer, you could create an October bucket list, ticking off each enjoyable activity as you go, eg:

- Go and run through the fallen leaves;
- Create a 'nature collage' using sticks, twigs, leaves, cones...anything you find;
- Take a flask of hot chocolate and a blanket to the beach; keep cosy while you listen to the crashing waves.

Year 7 Nissan Trip

Don't forget a number of Year 7 pupils are going to the Nissan Factory in Sunderland on Monday. Pupils are required to wear full school uniform and bring a packed lunch if they are not eligible for free school meals.

Kingswood Trip - Meeting 30th September 2024

We are getting excited for our Year 5 trip and in preparation, we would like to invite you to a short meeting on **30th September 2024** at 4pm in Astley High School's main hall. The meeting will talk through some of the activities available at Dukeshouse Wood, the typical menus and the accommodation. There will also be an opportunity to ask questions.

If you haven't completed the medical form yet, please remember to do this as soon as possible.

Middle School Open Evening



WHYTRIG MIDDLE SCHOOL
30TH SEPTEMBER 5:30PM-7PM

Executive Headteacher presentation: 5:30pm
Elsdon Avenue, Seaton Delaval NE25 0BP
T: 0191 237 1402
E: wms@svf.org.uk

Don't forget to apply for a high school place via the Northumberland County Council Admissions Portal. *A place at Whytrig does not automatically guarantee a place at Astley.*

<https://tinyurl.com/high-school-application-form>



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Free School Meals - Eligibility

If you feel you may be eligible for Free School Meals (FSM) it is important that you apply immediately as FSM eligibility means other resources may be available to the school and your child including pupil premium. Please consider an eligibility check for FSM. Check the website below for the criteria.

[Northumberland County Council - School meals](#)



Secondary Leadership Training

Our Year 8 Sports Leaders had a great day at Morpeth CC on Monday. Working with 4 other schools from across Northumberland, they worked on their Active 60 Action Plan and also thought about innovative ways to improve Active Travel and to keep pupils active as much as possible during the school day. In the afternoon they had an interactive workshop and speech with Former World Champion Thai Boxer Rachael McKenzie.



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Physical activity for children and young people (5-18 Years)

Be physically active

60 minutes per day across week

Get strong Move more

Find ways to help all children and young people accumulate an average of at least 60 minutes physical activity per day across the week

UK Chief Medical Officers' Physical Activity Guidelines, 2019

When are you active at school?

Break Active Travel
Lunch
PE
After-school Clubs
School Team

When could you be more active at school?

Form Time
Structured Breaktime
Steps competition
Active Registration

Top Leadership Skills

- ★ Patient
- ★ Communication
- ★ Nice Person
- ★ Considerate
- ★ Preparation

Advocate: Influencing how PE, sport and physical activity are provided and promoted.

What makes physical activity fun?

Trying new things
Jobs
Competition
opportunities
improvement
health
live longer
friendship
discipline
mental health
fitness
body
ability

Who can we include and advocate for?

- Year 5 / New students
- Different sets
- Year 6 (SATS)
- Mixed ability
- Learning Disability

Youth Voice Tools

- ! Survey / Google Forms
- ! Emojis
- ! Hashtags

Time for action ...

In the next 24 hours ...
Look at the watches

In the next 7 days ...
set up the watches

In the next 1 month ...
Step competition - NOKI

#makeactivememories

School Sports Events & Clubs

Mon- Y6 swimming
Tues- KS3 Boys swimming
Tues- Netball
Wed- KS3 Girls swimming
Wed- KS2 boys football
Thurs- Girls football
Fri- KS3 Boys football

Year 7 Boys Football-County Cup Fixture

Thurs 2nd Oct-4pm ko.
Home v Tweedmouth MS

Joseph & The Amazing Technicolour Dreamcoat - Theatre Trip

Don't forget! If your child wants to go and see Joseph at the Theatre Royal next June, you need to complete the form (link below) by 2nd October 2024 and make the payment on MCAS.

<https://tinyurl.com/WMS-JTT>

The Skills Revolution



A Free Online Info Session For Parents & Carers

globalbridge  Northumberland
County Council

THE SKILLS REVOLUTION

How to help your young person thrive in the new job market

Calling all parents and carers in Northumberland! The days of relying solely on qualifications are over. Employers are now selecting candidates based on their skills and abilities.

Join us for a live online session to learn how you can support your young person in developing the skills they need to succeed in the new era of skills-based recruitment. Discover valuable insights, practical strategies, and actionable steps to help them thrive in an increasingly competitive recruitment landscape.



[📍 Online via Zoom](#) [📅 Wed 2nd Oct 2024 @ 6pm](#) [🕒 45 mins](#)

[CLICK HERE TO BOOK](#)

Social Media Channels

Don't forget to keep up to date with everything else on our social media channels

X - @WhytrigMS

Facebook - @Whytrig Middle School

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