



Long Term Plan

Year : 10

Subject: Life skills

<u>AUTUMN TERM 1</u>	<u>AUTUMN TERM 2</u>
Personal skills and attributes Social media Internet safety Garden maintenance Lexia/ literacy Shared reading	Mental Health Communication Team building Garden maintenance Lexia/ literacy Shared reading
<u>SPRING TERM 1</u>	<u>SPRING TERM 2</u>
First Aid • Introduction to basic first aid,chain of survival • CPR - AED • Choking • Bleeding • Fractures,Muscle and Joint injuries • Chest pains - heart attack,cardiac arrest • Anaphylaxis shock Lexia/ literacy Shared reading	Revision and exam preparation- study skills, metacognition learning styles. Persuasive language/ debating skills Lexia/ literacy Shared reading



<u>SUMMER TERM 1</u>	<u>SUMMER TERM 2</u>
Goals and aspirations Budgeting and forward planning Garden maintenance Lexia/ literacy Shared reading	Current affairs- fact and propaganda Garden maintenance Lexia/ literacy Shared reading