

Long Term Plan

Year: 10 Subject: Life skills

AUTUMN TERM 1	AUTUMN TERM 2
Personal skills and attributes	Mental Health
Social media	Communication
Internet safety	Team building
Garden maintenance	Garden maintenance
Lexia/ literacy	Lexia/ literacy
Shared reading	Shared reading
SPRING TERM 1	SPRING TERM 2
First Aid Recovery position CPR Allergies Bleeds Fractures & breaks	Revision and exam preparation- study skills, metacognition learning styles. Persuasive language/ debating skills
Lexia/ literacy	Lexia/ literacy
Shared reading	Shared reading



SUMMER TERM 1	SUMMER TERM 2
Goals and aspirations Budgeting and forward planning	Understanding different types of finance Credit cards, loans, insurance Exam support
Garden maintenance Lexia/ literacy Shared reading	Garden maintenance Lexia/ literacy Shared reading