

## Long Term Plan

<u>Year 10:</u>

## Subject: PSHE/RSE

AUTUMN TERM 1	AUTUMN TERM 2
<ul> <li>PSHE - Mental wellbeing - depression</li> <li>PSHE - Healthy eating</li> <li>PSHE - Drugs, alcohol and tobacco</li> <li>Careers</li> </ul>	<ul> <li>PSHE - Mental wellbeing - depression</li> <li>PSHE - Healthy eating</li> <li>PSHE - Drugs, alcohol and tobacco</li> </ul>
SPRING TERM 1	<u>SPRING TERM 2</u>
<ul> <li>RSE - Intimate and sexual relationships, including sexual health.</li> </ul>	<ul> <li>RSE - Intimate and sexual relationships, including sexual health.</li> <li>Careers</li> </ul>
SUMMER TERM 1	SUMMER TERM 2
<ul> <li>RSE - Online and the media.</li> <li>Citizenship</li> </ul>	<ul> <li>RSE - Online and the media.</li> <li>Citizenship</li> <li>Careers</li> </ul>