



Long Term Plan

Year 10:

Subject: PSHE/RSE

<u>AUTUMN TERM 1</u>	<u>AUTUMN TERM 2</u>
Independence, health choices and wellbeing 1. Learning skills 2. Food for thought 3. Physical skills 4. Wellbeing of women 5. Testicular and breast cancer	Navigating the online world 1. Understanding AI 2. Digital deception 3. Not just flirting
<u>SPRING TERM 1</u>	<u>SPRING TERM 2</u>
Friendship, diversity and challenging extremism 1. Friendship and bullying 2. Belonging and community	Managing influence 1. Under the influence 2. Misogyny 3. Gambling
<u>SUMMER TERM 1</u>	<u>SUMMER TERM 2</u>
Exploring consent and recognising abuse 1. Consent 2. FGM and forced marriages	Study, work and careers 1. Navigating work, study and careers