

## **Year 11 transition work - Health and Social Care**

1. Find out how 6 of the following affect the foetus (complications in pregnancy, alcohol, genetic conditions, smoking, drugs, folic acid, diet, exercise, stress, access to antenatal support, birth injury)
2. Find out about the 3 trimesters of pregnancy - what is happening to the foetus and the mother as the pregnancy progresses. Find out about sizes, weights, which parts are developing
3. Find out about labour - stages, problems, methods etc
4. Watch an episode of one born every minute and make notes on things you see e.g machines used, problems, methods etc.
5. Find out about the development of a new baby at each stage - birth, 1 month, 3 months, 6 months, 9 months, 12 months
  - a. Physical
  - b. Cognitive
  - c. Emotional
  - d. Speech
6. Find out about the current advice for pregnant women due to the coronavirus
7. If a person has coronavirus how does it affect their PIES? Think about a person with mild symptoms compared to someone with severe symptoms