

Long Term Plan

Year 9: Subject: PSHE

AUTUMN TERM 1	AUTUMN TERM 2
 Mental wellbeing RSE - Intimate and sexual relationships, including sexual health. 	 Internet safety and harm (online grooming, sexting and online gaming/gambling) Careers
SPRING TERM 1	SPRING TERM 2
Drugs, alcohol - County lines.Knife CrimeCareers	Health and prevention
SUMMER TERM 1	SUMMER TERM 2
Basic first aidCareers	 Physical and mental health and fitness Healthy eating