



Thriving Minds For Learning  
Connecting Children, Families  
and Schools

Parents and carers can support and acknowledge children's emerging values and morals and individual ways of doing things. Parents can teach children the significance of rules and regulations and support them to develop their negotiation skills. Children enjoy sharing their options and using their skills. We have put together some daily activities to support social and emotional development through the arts, play and creativity. **Week Ten**

**Monday: Play Twister:** You can either play the official Twister game if you have it, or if you don't, then you can paint or draw some spots on a bed sheet or large piece of paper and label them with the colours!

**Tuesday: Bagels, bread and brioche** Create a unique and awesome family sandwich. Will it be banana and marmite, a triple decker with a different flavour on every layer or even an open sandwich?

**Wednesday: Write a Limerick** Edward Lear wrote some great ones, have a look and then have a go, then share it with others. <https://www.familyfriendpoems.com/poem/limerick-by-edward-lear>

**Thursday: First day back:** Draw or write what your first day back at school is going to look like – you could talk about it with an adult or share it with a friend.

**Friday: Create a school map:** Create a map of your school ready for your return. Can you remember where all of the classrooms were? If you had to add a colour to represent a feeling about that room, what would it be and why?

**Saturday: Imagine...** Come up with an opening for a short story about life after lockdown, write, record, or type the opening and add to the story as time goes on.

**Sunday: Lunchtime Art** Walk to a park, a big wide, open space or an urban area, take a pencil and paper with you. Sketch what you see in front of you, then sit a while and look at your unique piece of art.

### **Top Tips:**

- Draw up a routine of what you are doing and when.
- Keep cardboard boxes or clean recycling objects to use for arts later.
- Don't worry if things go wrong - play can be fun and endings can be difficult.