

Curriculum Intent Statement for PE

Our School Vision

“We aim to inspire the members of our community to follow God’s light and as a result: form caring relationships, have high aspirations, embrace all opportunities, appreciate diversity, give generously and show environmental responsibility.

In achieving our mission, we can all make a positive contribution to our global society.”

“I am the light of the world. If you follow me, you won’t have to walk in the darkness, because you will have the light that leads to life.” John 8:12

Curriculum Intent

At Seend C of E Primary School, our curriculum pledge is;

- We promise that we will have the highest expectations for all
- We promise we will uphold our school Christian values
- We promise we will all be inspired, excited, engaged and curious learners
- We promise to nurture lifelong learning.

“Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong.” – Albert Einstein

Physical Education Intent

Physical Education enables children at Seend to progress both physically and mentally through a broad, inclusive and engaging curriculum. Our PE curriculum aims to develop competence in a wide range of activities; ensure all pupils are physically active for sustained periods; engage in competitive sporting activities and lead and healthy lives. We continually strive to create a culture which aims to inspire an active generation to enjoy physical education (life-long learners), encourage each other and achieve their best. We, along with our school physical education partner provider In2Sport, provide a safe, stimulating and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual (Christian values), social and moral development.

Both teachers and pupils are aware of our physical education curriculum aims as physical activity improves our health, reduces stress and anxiety, improves concentration but also promotes correct physical development. Through 2 hours of PE lessons per week, all children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and use the medium of a range of different sports to increase their physical and mental development. In line with the PE National Curriculum, taught through a two-year rolling programme

supported by clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children.

Ultimately, the aims of our physical education curriculum ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- Become physically active for sustained periods
- Engage in competitive sports and activities
- Lead healthy, active lives

Our curriculum sets out a progressive programme of skills to continuously build on the children's prior learning and develop their prowess in a range of different sports. Along with the curriculum skills progress, children are taught to observe and produce the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. Thus, our pupils will learn that sport and physical activity should be accessible to all by embedding life-long values such as cooperation, honesty and equity of play.

Physical Education Implementation

Seend teaches a skills-base PE curriculum, along with sports provider In2sport. In2sport, a specialist sports provider, provides outstanding teaching. Lessons are taught in blocks on half termly basis, two-a-week - each week class' are taught by specialist coaches; the second 1hr lessons is led by the class teacher ensuring each pupil receives at least two hours a week. The second lesson is a consolidation session, using what they have learnt in the same week as the specialist coaches; or building on these skills through different sports. This ensures children get adequate time to practise their newly acquired skills, consolidate knowledge and have time to apply these further within different sporting activities. All PE lessons take place either outside in the enclosed space or inside our spacious hall.

At Seend, we aim to create high-quality teaching and learning of PE and sport that inspires every pupil to participate in physical activity. Every pupil is allowed to apply and develop a broader range of skills where each lesson sequentially builds upon their previous learning. Therefore, all PE lessons promote teamwork, resilience, and the importance of reflection and continue to embed both the school's values and the values of fairness and respect. PE equipment and resources are carefully planned into lessons and are utilised to support children's physical development. As a result, the equipment can be used to differentiate activities, ensuring every pupil's needs are met and allowing the opportunity to develop their skills.

Our physical education curriculum is sequenced precisely to ensure knowledge, understanding and skills throughout a pupil's primary education, acknowledging the importance of embedding positive attitudes toward PE to fulfil lifelong physical and mental well-being. Children have to opportunity to further these skills at after school clubs provided by In2sport and Matt Ward Karate.

EYFS PE Curriculum Maps

Cycle A

Cycle A - Long Term Curriculum Map for Physical Education						
Terms	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year R + Year 1	Ball Games 1	Olympic Dance (Yr 1)	Indoor Athletics	Ball Games 2	KWIK Cricket	Tennis

Cycle B

Cycle B - Long Term Curriculum Map for Physical Education						
Terms	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year R + Year 1	Fairy tale Dance	First PE/Ball Skills	Superhero Dance	Gymnastics	Multi Skills	ATHLETICS

The new Early Years Framework states that children in Early Years through the physical development strand, must be allowed to be active enabling them to pursue happy, healthy and active lives. Children must also be allowed to develop their coordination, agility, control (core strength) and movement; in addition, being taught about the importance of exercise for a healthy lifestyle. This is done through weekly PE lessons (In2Sport) where sessions focus on different skills such as agility (dance and gymnastics), throwing and catching (kwik cricket) and running (athletics). These assist the children to improve their coordination, control and movement. The children also start to learn the basics of some core sports that they will continue to play higher up in the school.

Children in the Early Years also have "provision" setup during choosing time which enables them to learn through play outside throughout the day where they again practice these key fundamental movement skills using a range of resources and both adults led and child-initiated activities.

KS1 PE Curriculum Maps

Cycle A

Years 1/2	Multi-skills	Yoga	Olympic Dance (Yr 2)	Dodgeball	Ball Games	KWIK Cricket
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Cycle B

Years 1/2	Ball Skills	Social Dodgeball	GYMNASTICS	Yoga	Tennis	ATHLETICS
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In Key Stage One, we build upon strong fundamental movement skills gained through EYFS as these are the core skills that enable all children to play a part in every sport they go play. During these lessons' children are continuing to progress in a variety of skills, namely, mastering basic movements; using these skills to control their bodies in precise ways through agility, balance and coordination. These skills are broken down and taught step by step, allowing time for children to understand wholly how the different skills work. The skills are revised and revisited over time – therefore in alignment with whole school teaching and learning (pedagogy) about how children learn best; revisiting and consolidating all skills learnt through age-appropriate activities and skill-expressional games.

KS2 PE Curriculum Map

Cycle A

Years 3/4	Handball	Tag Rugby	Football	Olympic Dance	Basketball	Athletics
Years 5/6	Football	Yoga	Quicksticks	Dodgeball	Netball	KWIK Cricket

Cycle B

Years 3/4	Multi-Skills	Indoor Athletics	Yoga	Netball	Rounders	KWIK Cricket
Years 5/6	Handball	Tag Rugby	Gymnastics (Yr 6)	Leadership	Tennis	Athletics

In key stage 2, pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their success.

Pupils are taught to:

- Use running, jumping, throwing and catching in isolation and combination.
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Physical Education Impact

Physical activity has a multitude of benefits for children both physically and mentally as well as socially and emotionally. The outcomes of a rich, rigorous and balanced physical education curriculum at Seend will be pupils who can:

- Demonstrate knowledge about gameplay (invasion games) in a range of different sports
- Use a high level of skill to engage in a range of sports
- Understand why physical activity is important and how it fits into the broader picture of a healthy lifestyle.
- Demonstrate some level of confidence with physical activity and always be willing to participate. Reflect on, analyse and critically evaluate their work and that of others.
- Have a passion for and a commitment to the subject.

The benefits of regular (2-hour weekly) physical activity lessons also have a positive impact in other areas of learning such as improved concentration during lessons, the ability to communicate with others effectively and an improved understanding of how to work as a team. These benefits are seen throughout the 3-schools during core and foundation subjects. Therefore, our impact is to motivate pupils to use their skills and confidence to make their own decision, from their judgements and ensure they are well prepared for future success.

Assessment and Monitoring

Assessment:

The ability and progress of all pupils in PE, as outlined in our curriculum intent, will be assessed by the class teachers, PE Lead and Senior Leadership Team (SLT). Assessment opportunities (of pupils) will come through:

- Observations & Discussion
- Questioning
- Performance

These assessments of pupils will provide the following information:

- Overall physical ability and skills
- Ability to select appropriate skills and technique
- Ability to appreciate and evaluate performances of self and others
- Interaction, communication and social skills
- Motivation, cognition and self-esteem

Monitoring:

Monitoring the teaching and learning of PE will be carried out by the PE leader, and his/her deputies within each of the 3 schools and SLT. Monitoring will take the form of planning scrutiny, lesson observations and pupil voice, on occasions other professionals may be used for monitoring activities and guidance/support. Findings from monitoring activities will be reported to SLT and other school stakeholders.