

# Seend C of E Primary school

## **Anti-Bullying Policy for Children**

At Seend we want bullying to **STOP!**

**What is bullying?**



**S**everal  
**T**imes  
**O**n  
**P**urpose

Bullying when a person or group **REPEATEDLY** says or does something to hurt me or someone else **ON PURPOSE**.

**What can we do if bullying is happening?**



**S**tart  
**T**elling  
**O**ther  
**P**eople!

If you are being bullied or you know someone else is being bullied, you can **STOP** it by telling other people.



**What is bullying?**

**S**everal  
**T**imes  
**O**n  
**P**urpose

When someone says or does something **UNINTENTIONALLY** hurtful and they do it **ONCE...**

...that's **THOUGHTLESS/CARELESS** and that person should apologise and try to be more careful.

When someone says or does something **INTENTIONALLY** hurtful and they do it **ONCE...**

...that's **MEAN** and that person should apologise and think about how they've hurt/upset someone

When someone says or does something **INTENTIONALLY (ON PURPOSE)** hurtful and they **KEEP DOING IT (REPEATEDLY)** – even when you tell them to stop or show them that you're upset...

...that's **BULLYING** and it should **STOP**. It is not part of our school values.



## Types of bullying

Bullying is behaviour that hurts someone else, it can be **physical**, **verbal**, **emotional**, **online/cyber** or even **silent**.

Bullying can include:

### Physical:

pushing,  
poking,  
kicking,  
hitting,  
biting,  
pinching,  
unwanted physical contact,  
inappropriate touching etc



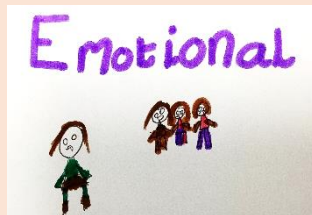
### Verbal:

name calling,  
sarcasm, spreading rumours,  
threats, teasing, belittling etc



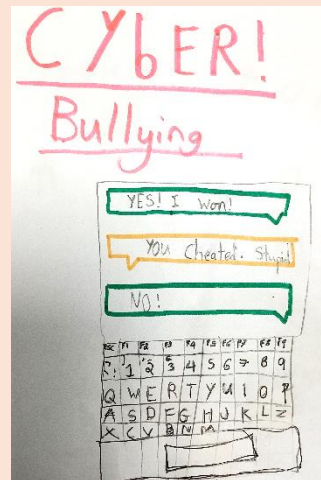
### Emotional:

isolating  
others,  
tormenting,  
hiding books,  
threatening gestures, ridicule,  
humiliation, intimidating,  
excluding, manipulation and  
coercion etc



### Online/Cyber:

posting on  
social media,  
sharing  
photos,  
sending nasty  
text messages,  
social  
exclusion



**Silent:** excluding someone  
on purpose, making nasty  
faces at someone, ignoring  
someone to be unkind,  
freezing a person out,  
telling others not to talk or  
play with a person,  
spreading rumours or  
gossip about a person,  
doing nothing to stop it happening to someone else.



**Whatever form bullying takes, it is never okay and should always **STOP!****



**What can we do if bullying is happening?**

**Start  
Telling  
Other  
People!**

**If you are being bullied you can:**

- Tell a **Trusted Adult**
- Tell the person to stop
- Make eye contact and tell the bully to leave you alone.
- Ignore the bully and walk away; don't hurt them back or do what they tell you to do

**If you see someone else being bullied, you can help that person by:**

- Tell a **Trusted Adult**
- If you can, and it is **safe**, tell the bully to **stop**, but never get angry or hit them Help that person
- You should **never walk away** or **ignore** it

Always remember that if you are being bullied, it is **not your fault** and you are **never alone**.

## Who can I talk to?

If bullying is happening, you can help it stop by talking to a **Trusted Adult** and they will always help! **Trusted Adults** include:

### Send Safeguarding Leads:



Miss Chivers (DSL)



Mrs Hembury (DDSL)

### All Staff:

Teachers

TAs

MDSAs

Admin

We are always here for you if you have any worries or concerns

Other **Trusted Adults** might also be:

- Any member of staff at school
  - Your parents
  - Your grandparents
  - A family member
  - A neighbour
- Childline (0800 1111)
- National Bullying Helpline (0300 323 0169)

**We listen...we support...we take action!**

## How do we make sure bullying never happens at Seend?

At Seend, all adults and children will be expected to show the School Christian Values of:



**The more values we show, the stronger our Seend heart will grow**

Our Teachers and TAs also help us to learn how to be safe and happy by:

- **Always listening to us** when we have worries/concerns
- Learning about our **School Christian Values** in worship
- Taking part in **circle time** and having **PSHE** lessons
- Having themed assemblies/weeks such as **Anti-Bullying Week, NSPCC Speak Out, Stay Safe** assemblies, and assemblies to learn about what bullying is and what is/isn't okay
- Showing us how to follow the **school rules** and helping us learn from our mistakes