

Seend C of E Primary school

Anti-Bullying Policy for Children

At Seend we want bullying to **STOP!**

What is bullying?



Several
Times
On
Purpose

Bullying when a person or group **REPEATEDLY** says or does something to hurt me or someone else **ON PURPOSE**.

What can we do if bullying is happening?



Start
Telling
Other
People!

If you are being bullied or you know someone else is being bullied, you can **STOP** it by telling other people.



What is bullying?

Several Times On Purpose

When someone says or does something **UNINTENTIONALLY** hurtful and they do it **ONCE...**

...that's **THOUGHTLESS/CARELESS** and that person should apologise and try to be more careful.

When someone says or does something **INTENTIONALLY** hurtful and they do it **ONCE...**

...that's **MEAN** and that person should apologise and think about how they've hurt/upset someone

When someone says or does something **INTENTIONALLY (ON PURPOSE)** hurtful and they **KEEP DOING IT (REPEATEDLY)** – even when you tell them to stop or show them that you're upset...

...that's **BULLYING** and it should **STOP**. It is not part of our school values.



Types of bullying

Bullying is behaviour that hurts someone else, it can be **physical**, **verbal**, **emotional**, **online/cyber** or even **silent**.

Bullying can include:

Physical:

pushing,
poking,
kicking,
hitting,
biting,
pinching,
unwanted physical contact,
inappropriate touching etc



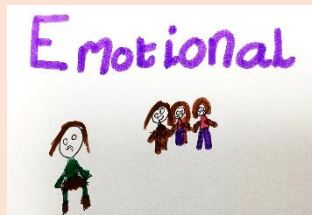
Verbal:

name calling,
sarcasm, spreading rumours,
threats, teasing, belittling etc



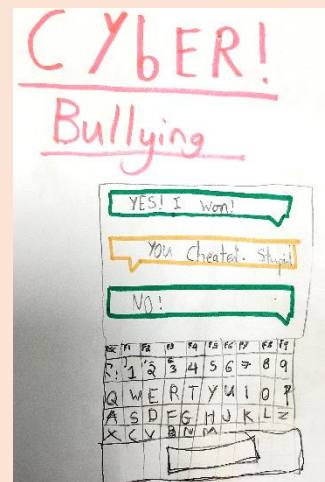
Emotional:

isolating
others,
tormenting,
hiding books,
threatening gestures, ridicule,
humiliation, intimidating,
excluding, manipulation and
coercion etc



Online/Cyber:

posting on
social media,
sharing
photos,
sending nasty
text messages,
social
exclusion




Silent: excluding someone
on purpose, making nasty
faces at someone, ignoring
someone to be unkind,
freezing a person out,
telling others not to talk or
play with a person,
spreading rumours or
gossip about a person,
doing nothing to stop it happening to someone else.



Whatever form bullying takes, it is never okay and should always **STOP!**



STOP!



**What can we do if
bullying is happening?**

**Start
Telling
Other
People!**

If you are being bullied you can:

- Tell a **Trusted Adult**
- Tell the person to stop
- Make eye contact and tell the bully to leave you alone.
- Ignore the bully and walk away; don't hurt them back or do what they tell you to do

If you see someone else being bullied, you can help that person by:

- Tell a **Trusted Adult**
- If you can, and it is **safe**, tell the bully to **stop**, but never get angry or hit them Help that person
- You should **never walk away** or **ignore** it

Always remember that if you are being bullied, it is **not your fault** and you are **never alone**.

Who can I talk to?

If bullying is happening, you can help it stop by talking to a **Trusted Adult** and they will always help! **Trusted Adults** include:

Send Safeguarding Leads:

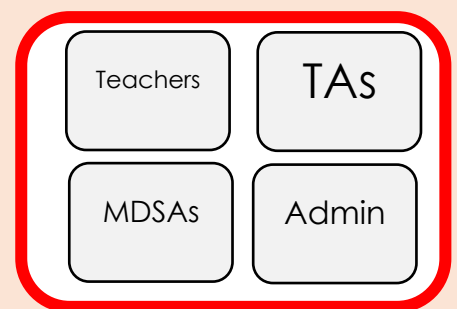


Miss Chivers (DSL)



Miss Butcher (DDSL)

All Staff:



We are always here for you if you have any worries or concerns

Other **Trusted Adults** might also be:

- Any member of staff at school
 - Your parents
 - Your grandparents
 - A family member
 - A neighbour
- Childline (0800 1111)
- National Bullying Helpline (0300 323 0169)

We listen...we support...we take action!

How do we make sure bullying never happens at Seend?

At Seend, all adults and children will be expected to show the School Christian Values of:



The more values we show, the stronger our Seend heart will grow

Our Teachers and TAs also help us to learn how to be safe and happy by:

- **Always listening to us** when we have worries/concerns
- Learning about our **School Christian Values** in worship
- Taking part in **circle time** and having **PSHE** lessons
- Having themed assemblies/weeks such as **Anti-Bullying Week, NSPCC Speak Out, Stay Safe** assemblies, and assemblies to learn about what bullying is and what is/isn't okay
- Showing us how to follow the **school rules** and helping us learn from our mistakes