

WEEK ONE

Cleverchefs are committed to providing school food that excites. Our food is lovingly prepared by our talented team of chefs using the very best produce from around the British Isles. Our eggs will always be free-range, our chicken will always come from UK red tractor assured farms. Local fruit & veg and freshly baked bread every day. But here's the thing we are so committed to improving the meals we feed our young customers that we will always be as flexible as possible in changing dishes to suit certain tastes where possible.

GOOD FOOD

*Real Chefs
Great Vibes*

ALLERGEN KEY

Our commitment to food safety is of the utmost important to us, please make us aware of any allergies or food intolerances that your child may have.

- C**
Celery
- G**
Gluten
- CR**
Crustaceans
- E**
Eggs
- F**
Fish
- L**
Lupin
- D**
Dairy
- MS**
Molluscs
- MU**
Mustard
- N**
Nuts
- P**
Peanuts
- SS**
Sesame Seeds
- S**
Soya
- SU**
Sulphur

MIDDLE SCHOOL

Menus

DAY	STREET Neat	MAIN Dish	MEAT Free	SIDE Dish	SPUD Bar	SALAD Table	MAIN Pudding & Healthy options
M MONDAY	BBQ PORK BAO Marinated BBQ pork bao bun with Asian slaw G, E, S, SS	CHICKEN FRIED RICE Chinese style chicken & egg rice with fresh veg, garden peas & sweet soy. E, S, G, SS	NOODLE BOX Stir fried mixed vegetables, noodles with a sweet soy dressing. E, S, G	OVEN BAKED WAFFLE FRIES <i>Seasonal Roasted Vegetables</i>	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	CHOCOLATE Brownie G, E OR FRESH FRUIT or Natural Yoghurt Pots
T TUESDAY	BUTTER CHICKEN Butter chicken, sweet curry sauce, sticky rice D	MEATBALL MARINARA Meatballs cooked in a tangy homemade marinara sauce, served with penne. G	PASTA VEGANARA Vegan meatballs cooked in a homemade marinara sauce served with penne. G, S	GARLIC FOCACCIA BREAD <i>Roasted peppers & Courgettes</i> G	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	ORANGE CAKE G, E OR FRESH FRUIT or Natural Yoghurt Pots
W WEDNESDAY	POSH DOGS Chicken hot dogs topped with BBQ sauce and crispy onions. G, C, SU, SS, MU	ROAST TURKEY Roasted British Turkey breast, chefs' stuffing & Turkey gravy. G, D, S	LENTIL & VEG BAKE Homemade lentil & roasted vegetable loaf, vegetable gravy. G, D, S	CRISPY ROAST POTATOES <i>Carrots & Peas</i>	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	APPLE Crumble With Custard G, D, E OR FRESH FRUIT or Natural Yoghurt Pots
T THURSDAY	GYROS Greek pita stuffed with fries, tomato, feta and tzatziki G, D	CHICKEN BURGER Oven baked crispy chicken burger in a floured burger bun. G, E, MU	MACARONI BAKE Really cheesy pasta bake, topped with a cheese crumb. G, D	SEASONED WEDGES <i>Sweet corn & peas</i> E, D	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	CORNFLAKE Slice G, D, S OR FRESH FRUIT or Natural Yoghurt Pots
F FRIDAY	QUESADILLA Pulled chicken, cheddar cheese, salsa in a folded grilled tortilla. G, D, MU	CRISPY COD Oven baked fillet of fish with a wedge of lemon & Heinz ketchup. G, F	FILLED TACOS Roasted vegetables & bean ragu filled tacos, tomato & cheese. G, D	SKIN ON FRIES <i>Garden Peas</i> Baked Beans	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	GOLDEN SYRUP Sponge With Custard G, D, E OR FRESH FRUIT or Natural Yoghurt Pots

WEEK TWO

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Sulphur

DAY	STREET Neat	MAIN Dish	MEAT Free	SIDE Dish	SPUD Bar	SALAD Table	MAIN Pudding & Healthy options
M MONDAY	PIRI PIRI BAO Marinated piri piri chicken bao bun with Asian slaw G, E, SS, SU	CHICKEN PIE Creamy chicken & sweetcorn topped with a rough puff pastry. G, D, E	CAULIFLOWER & LENTIL PIE Roasted cauliflower with lentils in a rich sauce topped with pastry. G, E	FLUFFY MASHED POTATO <i>Green beans</i> D	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	JAM Roly Poly With Custard G, D, E, SS, SU OR FRESH FRUIT or Natural Yoghurt Pots
T TUESDAY	SQUASH KATSU Butternut squash katsu, sweet curry sauce and sticky rice. G, E	SPAGHETTI BOLOGNAISE Ground British beef in a rich tomato & vegetable sauce. G, C	BASIL PASTA Courgette & red pepper served with pasta shells in a nut free pesto. G, C, D	GARLIC BAGUETTE BREAD <i>sweet corn kernels & Garden Peas</i> G	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	BANANA Loaf Bread G, E OR FRESH FRUIT or Natural Yoghurt Pots
W WEDNESDAY	POSH DOGS Chicken hot dogs topped with BBQ sauce and crispy onions. G, C, SS, SU, MU	ROASTED CHICKEN Roasted British Chicken breast, chefs' stuffing & Turkey gravy. G, D, S	LENTIL & VEG BAKE Homemade lentil & roasted vegetable loaf, vegetable gravy. G, D, S	CRISPY ROAST POTATOES <i>Carrots & Broccoli</i> D	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	CHOCOLATE Mousse D, S OR FRESH FRUIT or Natural Yoghurt Pots
T THURSDAY	SHAWARMA CONE Pulled spiced chicken, tortilla cone with yogurt and crunchy iceberg. G, D	SAUSAGE & MASH Oven baked premium sausages rich gravy. G, C, D, E, S, MU	NOT SAUSAGE & MASH Vegetarian sausages served with a meat free gravy. G, D, C, E, S, MU	FLUFFY MASH <i>Savoy Cabbage</i> Garden peas. D	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	CARROT Cake G, E, D OR FRESH FRUIT or Natural Yoghurt Pots
F FRIDAY	QUESADILLA Chopped ham, cheddar cheese, salsa in a folded grilled tortilla. G, D	FISH FINGERS Omega 3 fish fingers in a light bread crumb, oven baked. G, F	SPRING ROLLS Rainbow vegetable spring rolls with plum dip. G, S, C, SS, MU	SKIN ON FRIES <i>Garden Peas</i> Baked Beans D	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise D, F, E	DAILY FRESHLY PREPARED SALAD BAR	CHOCOLATE CORNFLAKE Cake D, G, S OR FRESH FRUIT or Natural Yoghurt Pots

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M MONDAY	TERIYAKI BAO Sweet teryiaki chicken bao bun with Asian slaw	CHICKEN BURGER Oven baked chicken breast in a floured burger bun.	VEGGIE BURGER Oven baked veggie burger, shredded lettuce, light mayo, salsa, brioche.	SEASONED WEDGES <i>Carrots & Garden Peas</i>	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise	DAILY FRESHLY PREPARED SALAD BAR	HOMEMADE Cookies G, D OR FRESH FRUIT or Natural Yoghurt Pots
T TUESDAY	CHICKEN KORMA Chicken korma, Garlic naan and sticky rice.	WOOD-FIRED PIZZA Tangy tomato pizza sauce topped with pepperoni & cheese.	MARGHERITA PIZZA Wood-fired pizza base with simple cheese & tomato topping.	SMOKY PAPRIKA POTATOES <i>Sweet corn Baked Beans</i>	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise	DAILY FRESHLY PREPARED SALAD BAR	CHEFS' Shortbread G OR FRESH FRUIT or Natural Yoghurt Pots
W WEDNESDAY	POSH DOGS Chicken hot dogs topped with BBQ sauce and crispy onions.	CHILLI CON CARNE Gently spiced Mexican chilli, fragrant rice, nachos.	ENCHILADAS VEGETARIAN Corn tortilla wrapped vegetables covered with a light tomato sauce & melted cheese.	MINI PARMENTIER POTATOES <i>Green Beans & Carrots</i>	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise	DAILY FRESHLY PREPARED SALAD BAR	HOMEMADE FLAPJACK G, D, E, S OR FRESH FRUIT or Natural Yoghurt Pots
T THURSDAY	MOROCCAN PITTA Moroccan spiced chicken and cous cous with yogurt and crunchy iceberg.	CHICKEN PASTA BAKE Baked penne pasta in a creamy cheese sauce with bacon bits.	MACARONI BAKE Really cheesy pasta bake, topped with a cheese crumb.	GARLIC BREAD <i>Carrots & Salad</i>	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise	DAILY FRESHLY PREPARED SALAD BAR	ARCTIC Roll G, D, S, E OR FRESH FRUIT or Natural Yoghurt Pots
F FRIDAY	QUESADILLA Pepperoni, mozerella and salsa in a folded grilled tortilla.	CRISPY FISH Oven baked coated cod loin, oven baked fries, wedge of lemon.	VEGETABLE BIRYANI Mixed vegetables with long grain rice and a gentle spice.	SKIN ON FRIES <i>Garden Peas</i> Baked Beans	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonnaise	DAILY FRESHLY PREPARED SALAD BAR	PINEAPPLE UPSIDE DOWN Cake G, E, D OR FRESH FRUIT or Natural Yoghurt Pots