**L.O: How can we overcome fears?**

Situation 2: Louis has realised that they are non-binary but they are scared to tell their friends.

Situation 1: Pablo is being bullied because he is the new boy and doesn’t speak English very well. He is too scared to tell anyone.

Situation 4: Sam fancies a girl, but is too scared to ask her out.

Situation 3: Terri hasn’t come on her period yet and her friends have, she is upset and doesn’t know what to do.

Situation 6: Denise notices she has put on weight and her body is changing shape due to puberty. She doesn’t want to get changed for PE.

Situation 7: Ahmed’s friends invite him to smoke weed after school, he doesn’t want to but is scared to tell them.

Situation 8: Susie wants to break up with her boyfriend, but is too scared to tell him.

Situation 5: Tom’s voice sounds different because it breaking, he is too scared to speak in class.