



**SELWOOD ACADEMY**  
ANGLICAN/METHODIST FOUNDATION SCHOOL



# **N e w s l e t t e r**

## **Selwood Journalists interviewed Mr Jeffries and Mr Finlay about the climate crisis!**



## **CHRISTMAS ARTICLES INSIDE...**

*"Let your light shine before others" Matthew 5 v 19*

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# NEW RELEASE!

For immediate release

## How Selwood Academy saves the planet! Students Take Action!

By Wiktor W

### Turning off the light

People in Selwood Academy Students and Teachers are always leaving the lights on, but it will make the school pay more money and if we turn off the lights when we come out of the toilets or even the classrooms. How can we stop turning on the lights and not paying a lot of money? So how we can turn off the light is that if we come out of the toilets or the classroom and there is no one in there then you can turn off the lights.



### Stop littering

People in Selwood Academy have a student council, and they take a long time to pick up the litter. If we stop littering then the students council will not take a long time picking up litter and if we stop littering the school will be a better place to play.

### Interview

Lots of people in the journalism club went to an interview with Mr Jeffries and Mr Finlay. The people that went to the interview were Rachel C, Daisy D, Wiktor W, Olivia C, Eva H, Melissa R, Neisha R, Isabel D, Lily H. These are some of the questions that were asked:

**Can we get plastic recycling bins?**

‘Yes we can’

**Are there any plans to plant more trees at Selwood?**

‘We always consider this and like to plant more when we can but many factors have to be considered first.’

**Can we have no paper day and no tech week?**

‘We can certainly try a tech and paper free week.’

**Could we have an extra topic on climate change and climate science for all the year groups in geography?**

‘We are considering it.’

**What do you think about the idea of having a pond and forest school lessons for all the year groups at Selwood?**

‘Would not be able to because we do not have the space currently. We would not be against it though. Forest school has been discussed and may be able to add more.’

## **Further questions from the interview with Mr Jeffries and Mr Finlay**

### **What are you doing to help the Climate Crisis at Selwood?**

Miss Singer has the Selwood Carbon Neutral Plan. This contains the initiatives that Selwood are taking forward to help the environment. We already use recycled paper, we have an environmentally friendly sedum roof on c-block, we encourage switching off of monitors and this year, we have switched the heating on later. Also, we have solar panels in the main building and an energy monitor in our reception area. This enables us to see how much energy we have saved.

Mr Jeffries was not sure who the energy supplier was and whether our energy comes from a green energy supplier. He will find out though.

### **Are there plans to have more recycling bins at Selwood as we only have one in the canteen and there is a lot of plastic around the school!**

Yes, we do! In fact, I had ordered some but they weren't right when they arrived so we are waiting for the replacements to come. They should be here before Christmas. If they're not in by Christmas then you can come back and quiz me about them in January!

### **Could we have forest school days for all students across all years?**

This is something that the senior leadership team have discussed recently as we are aware of the huge benefits that this brings for our students. We'd need to think about how we could introduce this though as it would mean taking something else off of timetable.

### **Could climate change be included in all subjects?**

We already have climate change and the climate crisis as a central part of our geography curriculum. Our science department also teach climate science. We would be interested in running a collapsed day where students are off timetable and each subject covers the environment. Mr Jeffries will include this in the calendar review as well as paper and tech free days.

# Gingerbread men



By Sadi

100g salted butter  
3 tbsp golden syrup  
100g muscovado sugar  
½ tbsp bicarbonate of soda  
1 tbsp of ground ginger  
1 tsp of ground cinnamon

## Method

### Step 1

Heat the butter ,syrup and sugar together in a small pan until melted,stirring occasionally.Set aside to cool slightly

### Step 2

Mix together the bicarb,ginger, cinnamon and flour in a large bowl. Pour in the buttery syrup mixture and stir to combine, then use your hands to bring together to form a dough. Add up to 1 tbsp of milk to combine if needed. The dough will be soft at this point, but it'll firm up in the fridge.

### Step3

Put the dough on the sheet of baking paper, shape into a rectangle, and lay another sheet of baking paper on top of it. Roll the dough out to a thickness of 1 and a ½ cm. Transfer to a baking sheet to keep it flat, leaving the paper in place, then chill in the fridge for 1 hour.

### Step4:

Heat the oven to 190C/170C fan / gas 5 and line a large baking sheet with more baking paper. Remove the dough from the fridge and cut out the shapes using a cookie cutter. We used 9cm stars, but you can use any shape.

### Step 5

Place the shapes, spread apart, on the lined baking sheets, and bake for 10-12 mins. Leave to cool completely. Meanwhile, mix the icing sugar with 1-2 tbsp of water. Decorate the cooled biscuits with the icing sugar make sure it's not too thin

# Christmas

By Claudia R

The Christmas season is ahead, so make sure to add these songs to your playlist:

Jingle Bells

Rudolph the red nosed Reindeer

Santa Claus is back in town

This is Christmas

Rockin' Around The Christmas Tree

Let it snow

It's beginning to look a lot like Christmas

White Christmas

Santa tell me

All I Want For Christmas Is You

Baby it's cold outside

Holly jolly Christmas

It's The Most Wonderful Time Of The Year

Silent Night

Santa Baby

Last Christmas

The Little Drummer Boy

Sleigh Ride

# Christmas movies

Must you remember that Christmas is not just gifts and turkey. And not just about Jesus and God. Its also about family and how to spend time with your family. Your family is very special and you should be grateful for them.

One way to spend time with your family, is to watch movies and what movies to watch on a cold, December evening. Christmas movies!!!!

Some are the following

Nativity(1,2,3)

Home alone (1,2,3,4)

Christmas chronicles(1,2)

Jingle all the way

Deck the halls

Grinch

Elf

Arthur Christmas

The snowman

The nightmare before Christmas

Santa clause (1,2,3)

Miracle on 34th street

## Fun Festive things to do at Christmas (that don't cost much

You can watch a film, maybe one that is listed above. If you live in England, you can go watch the London lights, and while your there you could wander around the Christmas markets in London.

Here is a list:

Sing Christmas carols

Make Christmas cards

Bake Christmas goods

Christmas photo shoot

Take a family Christmas photo

Write letter to Santa

Write Christmas list

Christmas party

Host a Holiday game night

Make homemade Christmas decorations

Decorate a gingerbread house

Snowman's snow globe in jars

Set up hot chocolate bar

Ice skating

Have an Ugly Sweater Party

Secret Santa

Winter

Festive screenings

Go to Santa's grotto



# Climate Justice, by Olivia C

Internationally, climate justice is linked with an agenda for human rights and international development, and sharing the benefits and burdens associated with climate stabilisation, as well as concerns about the impacts of climate change.

Climate change has been described as the largest threat to public health this century. Some people and places will be more exposed than others to the direct impacts of climate change, such as rising sea level, or extreme weather, due to where they live.

It is the countries that are in poverty that contribute the least  $\text{CO}_2$ , this means that they are least responsible for the climate crisis. Though unfortunately, they are also most affected by climate change. As they are most vulnerable to its impacts such as the sea levels around them rising, desertification, fires, flooding and droughts. Since they are poor countries, they would not have enough money to pay to fix the effects of these.



# Self-Love and Confidence

Self-Love and confidence are important because if you don't love yourself, then you can't love others. Self-Love and confidence aren't just loving who you are as a person, but it can also be loving the way you look.

Some people can struggle to find self-love. This could have been from the influence of friends and family. Or social media - or media in general.

Unfortunately, some brands benefit from this. For example, makeup brands. This is because of the pressure young adults feel to look 'perfect' and 'normal' in modern day.

By Claudia R





Carol  
Holy  
Rudolph  
Igloo  
Snow  
Tinsel  
Mistletoe  
Angel  
Santa

*Christmas poem!*  
*By Isobel D*



# New release!

By Daisy D



## Plants and ponds

Plants and ponds can help the environment, trees help the air and it takes in the carbon dioxide from the air to take away more polluted gases. Ponds bring in more water and it helps animals with finding homes instead of dying and leaving carbon footprints. Also animals eat plastic and are dying because of it and if we have ponds the animals can come and live a better life!

## Plastic waste

In your house you might have a waste bin or in school but it would be great if you could have one in both. Even though it might seem like a small difference it will not add anymore pollution to the air blanket of polluted gases around the world.

## Stop and think!

All your family's children or even yours might or will die because of this effect. It might even have an effect on you and me when we are older! Think of the situation!

Children like you and me can do stuff to help our planet earth might start to dry out and we would not be able to survive



# BAKING AT SELWOOD

BY OLIVIA C

AT SELWOOD, WE HAVE A VARIETY OF FOODS THAT WE COOK IN FOOD TECHNOLOGY. CURRENTLY, IN YEAR 7, WE HAVE MADE; FRUIT MUFFINS, SOUP AND APPLE CRUMBLE AND PIZZA ROLLS! THEY ARE EASY TO MAKE RECIPES AND HEALTHY. YOU CAN MAKE THEM AGAIN AT HOME ON THE WEEKENDS!





# Ways to save money this Christmas

By Sadie S

There Are many different ways to save money this Christmas like:

Plan before you spend!

Keep track of your spending.

Do 'family gifts' or a Secret Santa.

Buy second-hand. ...

Avoid 'buy now, pay later'

Be smart about delivery.

Before borrowing, look at where you can cut costs.

Add discounts automatically.

With these examples, you could easily save money. You could maybe spend less on the Christmas dinner.

There is a Christmas tradition in Switzerland that if you get a book for Christmas you read it in the evening. There are many different traditions that you could do as well.

Take a holiday trip to the library.

Download Christmas audiobooks.

Try an Icelandic tradition.

Read The Night Before Christmas on Christmas Eve.

Gift your child an ornament every year.

Play tourist in your own town.



# Christmas Quiz

By Claudia R



How many days on a traditional advent calendar?



How many reindeers are there?  
( and can you name them? )

What is Santa's real name?

What traditionally goes on top of a Christmas tree?

What do you get on the 6th day of Christmas?



Wham

Turkeys

6 French Hens

A star

St. Nicolas

8

24

Answers





# Christmas around the world

Christmas is a very big holiday all around the world. It is very big in England, USA, Germany and Poland.



In England people spend Christmas with their family so they can watch each other open presents.

In USA they wait for Santa Claus, decorate trees and spend family time together.



In Germany on the morning of the 24th they put up the tree and in the evening children get to open their presents.

In Poland they have a special dinner of different styles and in the evening they get presents.



If you would like to listen to a festive christmas playlist, there is a link below for you to enjoy!!!

<https://www.youtube.com/watch?v=dg0cj2JJX1o>



5R had an amazing afternoon last week when they visited Frome Hospital to sing Carols, say a prayer, hand out cards and jokes and chat and enjoy biscuits and a drink with staff and patients.





# SAVE THE DATE!

## Ukrainian Christmas Day - January 7th.



Traditional Ukrainian Christmas festivals start on Christmas Eve, so to join in with the celebrations 'Clever Chefs' have designed a Ukrainian themed Christmas Eve Buffet for the pupils on Friday 6th January 2023. We will celebrate the festival during our class worship sessions that week and then on the Friday pupils will have the option of purchasing a Ukrainian themed lunch (there will be other options available). Please join in by having discussions around this with your children at home.

### REMINDER

Please remember that the school gates open at 8.15am.  
There is no pupil access to the school site before this time.

### Calendar Dates

- \* 16 December - Term ends, 12.45pm
- \* 2 January - Bank Holiday
- \* 3 January - INSET Day
- \* 4 January - Term 3 begins, 8.40am



**We hope you all have a lovely Christmas with your families.**  
**We look forward to seeing you in the New Year!**