



## Public health update – update to the isolation guidance

From Monday 14<sup>th</sup> December there will be a change to the national guidance for self-isolation periods for returning travellers and close contacts of confirmed cases.

- People who are close contacts of confirmed cases should self-isolate for 10 days instead of 14 days.
- People who return from countries which are not on the travel corridor list should also self-isolate for 10 days instead of 14 days.
- People who test positive should continue to self-isolate for 10 days from onset of symptoms or 10 days from point of taking a positive test if asymptomatic.

Self-isolation periods will begin on the day after exposure, a test or the start of symptoms – we will count the day of exposure, test or onset of symptoms as day zero and then count 10 complete days from then.

The change to the isolation period for contacts will apply to all those who are currently self-isolating including those who commenced self-isolation before Monday.

Therefore, from Monday 14<sup>th</sup> December, anyone who has been identified as a close contact of a confirmed case will be able to end their period of isolation and return to school following 10 complete days (on day 11).