



SELWOOD ACADEMY
ANGLICAN/METHODIST FOUNDATION SCHOOL



N e w s l e t t e r



REMINDER

End of Term - Friday 22 July
School closes at 12.45pm

Pupil takeover edition!



“Let your light shine before others”

Matthew 5 v 16

“Let your light shine before others” *Matthew 5 v 19*

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Safeguarding is everyone's responsibility - Selwood Academy is committed to safeguarding and promoting the welfare of our children and we expect all members of staff, volunteers and visitors to share this commitment.

Literature Quiz!

Take a Look at the Book quiz!!

What book is this text from? *Answers on page 12*

- 'The atmosphere inside number four Privet Drive was extremely tense. The imminent arrival at their house of an assortment of wizards was making the Dursleys uptight and irritable. Uncle Vernon looked downright alarmed when Harry informed him that the Weasleys would be arriving at 5 o'clock the very next day.'
- 'I have just returned from a visit to my landlord - the solitary neighbour that I shall be troubled with. This is certainly a beautiful country! In all England, I do not believe that I could have fixed on a situation so completely removed from the stir of society.'
- 'The wide world is all about you: you can fence yourselves in, but you cannot forever fence it out.'
- 'There are many Beth's in the world, shy and quiet, sitting in corners till needed, and living for others so cheerfully that no one sees the sacrifices till the little cricket on the hearth stops chirping, and the sweet, sunshiny presence vanishes, leaving silence and shadow behind.'
- 'It is a truth universally acknowledged, that a single man in possession of a good fortune, must be in want of a wife.'
- *Wrong will be right,
when Aslan comes in sight,
At the sound of his roar,
sorrows will be no more,
When he bares his teeth,
winter meets its death,
And when he shakes his mane,
we shall have spring again.*

Year 8 Belgium trip

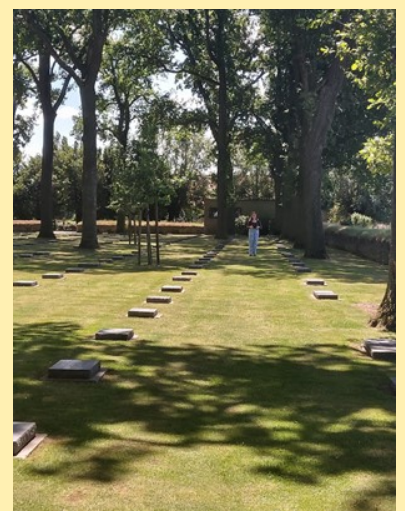
From the 10th to the 13th of June, 48 Year 8's embarked on a battlefield trip to Belgium

Scarlett wrote this report on it:

HI! I'm Scarlett and I think the trip to France was absolutely amazing! We went to loads of different memorials for soldiers who died in the war as well as some real old trenches! The food was really good and we also got to go shopping! One of my favourite parts was 100% the bowling, because of how fun it was (and I accidentally threw the bowling ball backwards.) Another part that was really enjoyable was the wreath thing where Katherine and Jack put down the wreath on Somme memorial, so yeah really good!

The battlefields trip is going to happen every year for future Year 8's.

By Neve, Gwen and Scarlett.



How to keep mindful. 5 tips

Colouring and drawing.

Be kind to yourself.

How to be kind to yourself:

Talk good about yourself

Self-care

Be responsible to yourself

Spend time around nature

Mindful eating.

Mindful walking/running.

Mindful breathing/meditation.

Well Being advice

Here are some websites to help your well-being.

[Health for Kids | A fun and interactive resource for learning about health](#)

[Young People's Well-Being | The Children's Society \(childrenssociety.org.uk\)](#)

[Useful websites and resources - emotional wellbeing and mental health \(solgrid.org.uk\)](#)

[WEBSITES | CAMHS Resources \(camhs-resources.co.uk\)](#)

FLAG QUIZ

How many do you know? Level: difficult

A



B



C



D



E



F



G



H



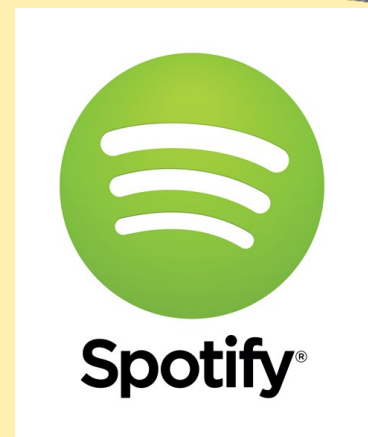
**Answers on
page
12**



Here at Selwood academy we
'pride' ourselves in showing
The world our real selves our
real selves.

That could be being
heterosexual and being an ally
or be gay.

Pride is an important
month, worth a celebration.



Listen to our PRIDE **SPOTIFY** playlist!
Click Here:

Celebrate your pride this June!

Pride History



The first pride event was organised

By Brenda Howard, a bisexual activist, in New York City

On the 28th of June 1970

Gay pride commemorates the stonewall riots, which began in the early hours of June 28, 1969 when the LGBTQI+ customers of New York city's stonewall inn resisted police raids on their bar

On November 2, 1969, Craig Rodwell, his partner Fred Sargent, Ellen Broidy, and Linda Rhodes proposed the first pride march to be held in New York City by way of a resolution at the Eastern Regional Conference of Homophobic Organisations (ERCHO) meeting in Philadelphia.

By Neisha R

T	P	O	D	Y	X	C	B	I	S	L
N	R	P	N	E	V	S	U	M	Z	P
S	O	A	O	L	M	G	V	X	N	R
T	N	N	N	E	G	I	Y	D	O	I
R	O	D	B	S	N	B	G	A	Y	D
A	U	E	I	B	G	X	T	I	C	E
I	N	M	N	A	E	E	A	Q	R	C
G	S	I	A	I	N	H	N	I	A	L
H	L	B	R	N	D	L	V	D	C	I
T	L	O	Y	T	E	Q	U	E	E	R
R	M	Y	A	W	R	M	P	N	S	R

PRIDE

MONTH

WORD

TRANSGENDER
NONBINARY
PRONOUNS

STRAIGHT
DEMIGIRL
LESBAIN

LGBTQAI
DEMIBOY
GENDER

PRIDE
QUEER
ACE

GAY
PAN
BIS

Interforms

On the week of the 13th June Selwood had the interform, this is where pupils of each class choose between three activities, this time they had the options of; netball, football or creative arts. This interform is in the commemoration of the Queen's platinum jubilee.

In the creative arts one you have to create something to do with the platinum jubilee with the resources provided. In the netball they had a netball tournament with year 8 referee and with the football you had a competitive football tournament.

Isobel D

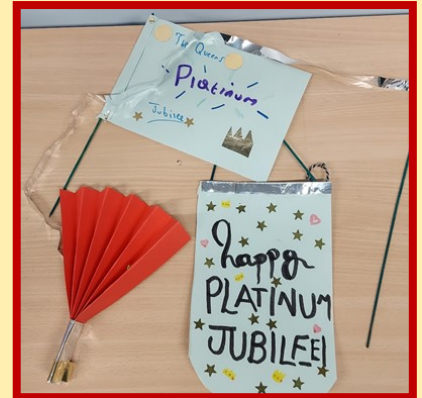
What activity did you do? Oh, I did the arts and craft

What did you do in the arts and craft? We made flags and crowns to wear

What is something you would have changed? Uh maybe instructing my team because no one like really listened it was quite loud

If it was a competition who won? Uhm, in the competition 7f or 7L or 7s won

Did you enjoy it? Uh, yeah!



Anonymous

What activity did you do? I did netball

What did you do in the arts and craft? In netball i played wing defence

What is something you would have changed? No

pushing and shoving because that happened a lot on my team

If it was a competition who won? I think 8L, or 8R or 8M won

Did you enjoy it? Yes, I did enjoy it, it was a lot of fun overall but if there was no pushing and shoving I think I could enjoy it a lot more

By Esmee, Gwen and Neve



Career's day

On Friday 17 June 2022 there was a career's day where people came into the school and gave a lesson on the career that they do.

The year 8's had to do army the whole day where there was a lot that they all had to do together like tyre lifting, team plank walking, tug of war some of the classes did boys vs girls, next was toad stalls and climbing under a camo net to win the race. Then there was team building to make a car and make it the farthest away from the start to win the race after that there was a lesson with one of the army people who talked about her time in the army and how difficult it has been away from her family who lives in Spain and she explained what you could do when you get there.

Also, there were many more people who did their jobs and shared their lives with us.

Created by Neve



OUR FIGHT FOR WOMENS RIGHTS

Last week, several states in America decided to overturn women's rights to a safe abortion. This is a huge step back in our modern world and we are frightened to think about the safety of those women.

The supreme courts overruled Roe V Wade which is the protection of pregnant women to choose to have a safe abortion.

Hi, I'm Esmee. I'm a 13-year-old girl who has written a poem on the rights women have had to fight for only for their rights to be taken away by men.

I'm a 13 year old girl who has to show the world that it's not okay to take a woman's right away

They had spent 63,366 days just to fight their way to equal pay

Now you governmental men want to take that away.

Now the death rate is high many others have died from a life that has given them nothing but a lie.

They were promised a life but now they strive to survive
A hostile man's hive

So why do we fight for our rights, we fight because it is right, we are done being a piece of your game we have to strive forward or be stuck living far behind in what we call the dark times.

Made by Esmee M



Creative writing competition

Do you like writing ? Then you could write us a story using this image or just your own .

We would like you to write a story or poem about this image and we will choose what one is our favourite for each year group {y5 -y7}

RULES

You can write one poem or story.

Email to

Lmartin@educ.somerset.gov.uk

Or write them and give them to Miss Martin.

What you will win.

1st place: notebook & pen, 2nd place: bookmark.

Deadline: 11th of July

Some pride flags with meanings!!!



Pan!

Not limited in sexual choice with regard to biological sex, gender, or gender identity



Bi!

Sexually attracted not exclusively to people of one particular gender; attracted to both men and women.



Lesbian!

Females attracted to females



Gay!

A male attracted to male



Trans

Denoting or relating to a person whose sense of personal identity and gender does not correspond with their birth sex.



Non-binary!

People who don't identify with any gender



Learn about pride singers

Elton John has been publicly gay since 1988. He was a leader in music in the 70s, renowned for wearing large, silly glasses. His pride story is shown best on the film *Rocket Man*, which you can find on Netflix. He is now happily married to a man.

He recently gave a message for struggling LGBTQ youth which is to “be proud who you are” and to “just be yourself”.

For most of Mercury's life, the wider world didn't accept gays and bisexuals. As a young man, Mercury dated women, and he entered into a serious relationship with Mary Austin in the 1970s. The two lived together for several years and even got engaged before Mercury told Austin he was gay. The two would maintain a close friendship after splitting up, with Austin continuing to appear at his side in public. He called her the love of his life and left her the bulk of his estate in his will. He died of AIDS at the age of 45.



We hope you've enjoyed the pupils section of the newsletter. Thank you to Miss Martin for running the Journalism club and to all the pupils who contributed.



Please can we ask that parents and carers do not send nuts or any food containing nuts into school. You may need to check the ingredients on some items such as cereal bars and biscuits, as it is not always clear on the packaging. Please also remind your children that they should not be sharing their food with each other. Many thanks for your help with this.

Diary Dates - please remember that the school calendar on our website is updated regularly. [Please click here to view.](#)

July

- 4 Year 4 Transition Evening
- 5 Frome College Transition Evening
- 6 Transition Day
- 7 Year 8 CATs Tests at Frome College
- 8 Year 8 Prom
- 12 Year 3 Taster Day
- 14 Sports Day
- 15 Year 8 Thorpe Park trip
- 20 Year 8 Leavers Service

Frome College Fashion Show - Friday 1 July

Pupils in Year 8 took part in a body positivity PASHE competition in which they were asked to express their inner world on their outer face/body.

The winning designs have been printed on to clothes and will be showcased at the Frome College Fashion Show on 1st July. They are also being printed on canvas and will be exhibited around Frome, alongside art work and photography from Frome College students also linked to the same theme.



The show is at 6pm at the college and entry is free.

Year 7 pupils who have been visiting Frome college Friday afternoon to create fashion from recycled items as part of our environmental project linked to PASHE and R&P.

These will also be showcased at the fashion show tonight.



SPORT

Well done to our 12 Athletes from Year 7 and 12 Athletes from 1Year 8 who took part in an Athletics competition in Yeovil on 21 June, with 20 other Schools taking part. Congratulations to all of our athletics who participated in 80m sprint, 600m run, vortex throw, long jump and shot put. Outstanding performances from everyone with the Year 7 mixed relay placing 3rd out of 20 Schools. These students placed this position out of 125 athletes - amazing achievement:

Chase C - 2nd 600m
 Charlie P - 3rd 600m
 Sonny C - 5th Shot Put and 2nd Howler
 Izzy H - 4th Long Jump and 6th Howler
 Positions out of 125 Athletes.



The Year 7 Rounders Team attended a Rounder's Tournament on Thursday 16 June at St Dunstan's School. They played 3 games of Rounders, both Ottlie and Izzie were nominated player of the match. Well Done to all the players and for the great cheer you created too.



Well done to Izzy H in Year 7 who is now National Age Group Champion the whole of GB for DMT! She competed at the NIA last weekend and smashed it out of the park!

ANSWERS FOR THE LITERATURE QUIZ!

1. Harry Potter and the Goblet of Fire, J.K Rowling
2. Wuthering Heights, Emile Bronte
3. Lord of the Rings, JRR Tolkien
4. Little Women, Louisa Alcott
5. Pride and Prejudice, Jane Austin
6. Narnia, C.S Lewis

ANSWERS FOR THE FLAG QUIZ!

- | | |
|-------------------------|-------------------------------------|
| 1. Latvia | 5. Democratic Republic of the Congo |
| 2. Zimbabwe | 6. Mozambique |
| 3. The Marshall Islands | 7. São Tomé and Príncipe |
| 4. Gambia | 8. Iraq |

We have a vast array of shoes and clothing in lost property at the moment.

Please be aware that this will be disposed at the end of term, so if your child has lost something please encourage them to look for it.

Remember - if an item is named it will be returned to the child.

LOST PROPERTY

Doodles & Scribbles present...

Poetry & illustration Summer workshops for kids:
'Finding Inspiration through Nature' at Marston Park

£45
9-12 yr olds
Full day 9:30-3:30
Monday 8th August
& repeated Tuesday
9th August
2022

Join author Lucy Reynolds & illustrator Jenna Herman
for a day of nature-themed workshops in the magical
setting of Marston Park in Frome, Somerset

Each child will take home their own illustrated poem and will also be invited to exhibit
their work in the Marston Park Gallery

Book a space at the Marston Park website: www.marstonpark.co.uk/happenings
(Numbers are strictly limited and so early booking is advised)



FAMILY HOLIDAY



SUMMER 2022

15 days of fun activities in Frome for families on benefits or free school meals, with additional needs or disabilities, or referrals.

Monday 25th July	10am to 12pm	Craft workshop - bees and butterflies	The Key Centre, Feltham Lane
Tuesday 26th July	10am to 12pm	Family cookery	Trinity Church Hall
Wednesday 27th July	10.30am to 1.30pm	Community lunch, magic, crafts, planting	Edmund Park - in the middle of the estate behind ASDA!

Free Fair Frome lunch for everyone attending!

BOOKING ESSENTIAL - contact lenkagrimes@purpleelephant.org.uk to book a place or ask your school or support worker to refer you

Adults to accompany and remain responsible for their children at all times.

Family support workers available at all sessions.

Funded by:



Monday 1st August	10am to 12pm	Craft workshop - fabric painting	The Key Centre, Feltham Lane
Tuesday 2nd August	9.30am to 5pm	Coach trip £5 per seat (under 2yrs need car seat)	Weymouth - pick up at the Football Club at 9.30am
Wednesday 3rd August	10am to 2pm	Nature/science walk, scavenger hunt FREE!	Meet outside Frome Library
Monday 8th August	10am to 2pm	Foraging walk, cooking, gardening FREE!	Walled garden at Mells - transport from Frome available
Tuesday 9th August	10am to 12pm	Family cookery	Trinity Church Hall
Wednesday 10th August	10am to 12pm	Craft workshop - underwater world	Hayesdown School
Monday 15th August	10am to 12pm	Multi sports	Tower View Park
Tuesday 16th August	9.30am to 5pm	Minibus trip £5 per seat (under 2 yrs need car seat)	Moors Valley Country Park - pick up at the Football Club at 9.30am
Wednesday 17th August	10am to 12pm	Craft workshop - painting with nature	Vallis School
Tuesday 23rd August	10am to 12pm	Family cookery	Trinity Church Hall
Wednesday 24th August	10am to 12pm	Craft workshop - clay birds and nests	Hayesdown School
Thursday 25th August	10am to 12pm	Science in the woods	The Roundhouse Community Garden

£1 per child unless otherwise specified