

# SELWOOD ACADEMY NEWSLETTER

Friday 13th September 2024 | Issue No. 1 2024/25



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## DATES FOR THE DIARY

17th Sept - Open event

20th Sept - Year 5 coffee morning

24th Sept - Year 7&8 Ski trip information evening

27th Sept - Year 6, 7&8 Bath Lit festival trip

Please search 'Selwood Academy Frome' on Facebook and @selwoodacademyfrome on Instagram to keep up to date on all our upcoming events and celebration of our successes.

Polite reminder that we are a nut-free school.

It is vital that we hold up to date contact information for all our pupils. If any of your contact information has recently changed, please remember to contact the school via email ([selwoodacademy@selwood-academy.co.uk](mailto:selwoodacademy@selwood-academy.co.uk)) to inform us of this.

Welcome to the first newsletter of the school year.

For those who are new to the school, these newsletters are produced fortnightly and aim to keep you up to date with important information, and celebrate the wonderful achievements of our school community.



### Useful information for parents/carers:

Have you seen our new website? It is updated regularly with dates, letters, news and events.

<https://selwood.somerset.sch.uk/>

We would love to know what you think and welcome constructive feedback via our school email:

[selwoodacademy@selwood-academy.co.uk](mailto:selwoodacademy@selwood-academy.co.uk)

Please can we ask that parents and carers do not use the school car park or drop children off directly in front of the school. We are very fortunate to have use of the Football Club car park for pick up/drop off. You may wish to then walk your child to the school gate. *Please do not park on the zig-zags or double yellow lines outside of the school or use the entrances to turn around.* Please can parents also remind their children to use the zebra crossings. This is in place for the safety of your children.

# NEW STARTERS



We are delighted to welcome the following new members of staff to the Selwood team:  
(Pictured from left to right)

- Mrs Charlton - Teacher
- Ms Roberts - Head of Humanities faculty (not pictured)
- Mrs Martin-Scott - Teacher

# HOMEWORK INFORMATION



Homework across the school will be set on the following days for each subject and Key stage. Key stage two will also get homework from different subjects one each term please see Key stage two section for details. Pupils will receive their first piece of homework week commencing 16th September. Homework will not be set in the final week of each term so it doesn't run over the holidays. For year 6 this will be different because at February and Easter holidays they will be set paper homework to support them as they get close to their SATs.

	KS 2	KS 3
Monday		Science French week 1 (set fortnightly)
Tuesday	English Homework	English Homework
Wednesday		Humanities (week 1 History week 2 Ge- ography)
Thursday		
Friday	Maths homework	Maths homework

For more information about homework, please see the homework page on the school Website.

<https://www.selwood.somerset.sch.uk/curriculum/homework>

# 2024/25 HEAD BOYS AND GIRLS



We would like to introduce our new head boy and girl and our new deputy head boy and girl!

Pictured from right to left is Head boy, Henry T, Head girl Sofia A, Mr Jeffries our Head Teacher, Deputy Head girl Ava F and Deputy Head boy Riley H.

Congratulations to them on their new roles, we are sure they will thrive in representing the school in whatever they do!

# 2024/2025 TRIPS



Year 5	Term	Estimated cost
Caving	1	£50
Church Visits (Bristol)	2	£20
Harry Potter Studios	3	£55
Disneyland Paris	4	£580
Swimming	Different term per tutor group	£60
Ski Trip	(every other year –March 2027)	£1500
Year 6	Term	Estimated cost
Portsmouth Harbour visit	5	£40
Residential Trip	6	£235
Ski Trip	(every other year –March 2027)	£1500
Year 7	Term	Estimated cost
Theatre Trip	1	£50
Paris (French trip)	4	£580
Black Country museum	5	£30
Ski Trip- places already confirmed	3	£1500
Year 8	Term	Estimated cost
Bath university (careers education)	2	£10
Places of Worship	3	£25
Theatre Trip	4	£50
Wells	5	£20
Battlefields	6	£450
Thorpe Park	6	£50
Prom	6	£20
Leaver's hoodies	6	£20
Ski Trip- places already confirmed	3	£1500
Whole school	Term	Estimated cost
Panto	2	£6-8

Pupils that are entitled to Pupil Premium get a £50 activity voucher that can be used to cover the cost or part of the cost of any trip (It can't be used for the deposit of a residential trip). Individual payment plans can also be set up to support families with the cost of trips. Please speak to the Finance office if you wish to do this. All trips are subject to change and may be cancelled if enough contributions are not received.

As an Academy we aim to provide a huge range of opportunities to our pupils recognising that in the vast majority of cases pupils can't do them all. We share this information so you can see the range of opportunities and choose what you may wish to aim for in your time with us.

Please note: more information about each trip will be shared in advance of it taking place.

# FROME IN BLOOM SUCCESS!



Selwood has won the gold trophy for schools and colleges!

Frome in Bloom is a free, annual event that happens across the community and anyone can enter.

Thanks to Rachel Dahl and Chris Wilkinson for their contribution around the grounds and garden areas of Selwood Academy to ensure we got the trophy!

# SUBJECT NEWS

## MATHS

**Year 5** - We have started the year by looking at Position and Direction and focussing on Translation and coordinates

**Year 6** - We are looking at Place Value and numbers up to 10 million.

**Year 7** - Having completed 2 units of Year 7 in the summer term we have continued our Year 7 work by looking at equality and equivalence and how to solve linear equations.

**Year 8** - We are starting by looking at Scaling and Ratio.

For further details and how our maths journey progresses then please look for details on the school website.

[Mathematics | Selwood Academy](#)

## ENGLISH

Welcome back to all our fantastic English students. We have lots of exciting lessons and events coming up this year.

The concept we are focussing on this term is **writing styles** - with Year 5-8 looking at a variety of different types of non-fiction writing.

**Year 5** - Will be focussing on autobiographical writing, studying a range of different extracts from autobiography before writing their own.

**Year 6** - Will be using the fictional novel 'The Last Bear' by Hannah Gold as a route into exploring persuasive writing and non-chronological writing.

**Year 7** - Are looking at poetry, exploring a range of poems from past to present.

**Year 8** - Will explore the art of rhetoric and learn how to craft and perform their own speeches.

# AFTER-SCHOOL CLUBS INFORMATION



Please find a list of our after school clubs available to book your children on to, on our website:

[After School Clubs | Selwood Academy](#)

Please note, if a google form link does not allow you to proceed or it does not allow you to submit, this means the club is full.

Keep checking back on the links, as if pupils pull out of a club, spaces will become available and the forms will be re-opened.



**SELWOOD ACADEMY**  
ANGLICAN/METHODIST FOUNDATION SCHOOL

## **Selwood Academy Clubs - Important Information for Parents/Carers 2024-2025**

- Only sign your child up for a club that they are interested in and can commit to attending
- When booking your child onto a club through the correct link, you can consider this as confirmation that your child has a place on the club unless you are contacted to advise otherwise. **Therefore, unless you hear from us, please assume your child has a place**
- All clubs have a maximum number of spaces available that are allocated strictly on a first come, first served basis
- If a club is over-subscribed the Google form will be closed and anyone not allocated a place will be contacted. We do not run a waiting list system. The Google form may be opened up again if spaces become available during the term and parents will be made aware of this
- If you sign your child up after clubs have started, they will be able to attend from the following week and not before
- Please take careful note of the times and dates that your child's club is running to avoid any confusion, this information is available in the Parents section on the school website
- Should your child not attend a club they are registered for you will be contacted by email to check on their whereabouts
- If your child no longer wishes to attend a club or your child is unable to attend their club on a particular day you must let us know by calling or emailing [selwoodacademy@selwood-academy.co.uk](mailto:selwoodacademy@selwood-academy.co.uk) with as much notice as possible
- If your child does not attend for two weeks in a row and you do not inform us of the reason why then you will subsequently receive an email and your child's name will be taken off the register for that club and the club place reopened to others
- Please be aware that some clubs may have to be cancelled at short notice due to adverse weather conditions, staff availability, etc. If we have to cancel a club for whatever reason we will endeavour to make contact via email to notify you
- All pupils should take their school bag and other belongings with them to the club and must leave the school site as soon as their club has ended
- If you collect your child from the school after a club please wait in the car park. They will exit the school gates at the end of the club. We kindly ask that parents do not wait within the school gates



# CAREERS



**The Somerset Careers Hub has just launched our Facebook Page!**

[If you are a parent of children between the age of 11-18, follow us by clicking here](#)

This is an excellent, impartial source of information to help you discover more about the amazing careers and variety of routes students can take to get to a well-thought out and successful career, as well as to showcase fantastic employer activities and employability sessions.

Somerset CAREERS HUB

THE CAREERS & ENTERPRISE COMPANY

The Somerset Careers Hub have just launched a new Facebook Page for PARENTS!

Highly relevant for ALL Somerset parents with children age 11-18

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to benefit from impartial information on a wide range of careers & possible routes information to help your child towards a great future!

They have a programme for the year of timely snippets, covering; choosing subjects, work experience, interview skills, gap year, starting your own business, local companies, unusual careers, which sectors are growing, applying for jobs, university applications, jobs of the future, skills gaps & all the different routes available nowadays that people are less familiar with like supported internships, pre- apprenticeships & HTQs & T Levels .....

Click [here](#) or the link in the poster & select follow.

# 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN TO MANAGE CONFLICT EFFECTIVELY

Disagreement is a natural part of human interaction. This can seem particularly true when dealing with the sensitive issues that arise for secondary-aged pupils. This guide brings you 10 top tips which can help prevent conflicts arising or mitigate their impacts when they do.

### 1 INSPIRE RESPONSIBILITY

The best approaches to conflict resolution are restorative. This means that rather than adults imposing their own solutions on children who have had a disagreement, they should work with them. Allowing them to handle it can feel empowering to young people and will hopefully teach them to manage their own disputes as they move towards adult life.

### 2 ACTIVELY LISTEN

Remember to give every child the opportunity to voice their opinion, regardless of their age, stage of development, special educational needs, or other individual requirements. This can be done using a variety of different communication methods. For example, some children find it easier to express how they're feeling using pictures and drawings, while some prefer to write their ideas down.

### 3 BE CURIOUS

Demonstrating how to approach conflicts with a mature and empathetic mindset can set a good example to children, which can prove a useful skill for them later in life. Model this by asking inquisitive-yet-respectful questions about the issue at hand. Really try to understand where all parties are coming from, and share information between them when and where appropriate. This should encourage young people to mirror your behaviour, teaching them to be curious about the other sides of a conflict, and thus being more willing to hear them out.

### 4 PROMOTE DIFFERENCES

Children and young people may come from a range of different backgrounds and cultures or have protected characteristics which may cause them to see things from various angles. Having a school and community culture which celebrates and embraces diversity in all things – including diversity of opinion – means people are more likely to feel heard and understood.

### 5 BE SUPPORTIVE

Discussions may be sensitive or, in some cases, even trigger negative emotions. Pupils may have mixed feelings about the issue at hand. They could be nervous or anxious before even coming to the table to talk about it. Try and create a space where all parties feel safe, welcome and comfortable. Allow breaks and time-outs if the conversation gets heated, to prevent anyone from saying something they might later regret.

### 6 MENTALLY PREPARE

Think of how you can approach the conflict in a calm and regulated manner. Consider taking some extra time to prepare beforehand and finding somewhere quiet to relax. Even if you're not directly involved with the conflict, mediating can be a stressful experience in its own right. Make sure you're hydrated, fed and comfortable, and do the same for the young people involved. These may seem like insignificant factors, but it's important to remember that physical discomfort can trigger dysregulation, which can make it much harder to have a calm, productive conversation.

### 7 GET YOUR FACTS STRAIGHT

Make sure you have all the facts, figures and timelines of the situation prior to the discussion. This should be done as objectively as possible with the aim of resolving the ongoing issue. You may want to risk assess any problems that may arise and look for possible solutions during your preparation time.

### 8 STICK TO THE POINT

Make the reason for, and purpose of, any meetings or communications clear prior to setting them up. Provide an agenda. Act as a neutral chairperson who can keep all parties on track. Make sure everyone has a chance to air their concerns about the issue being discussed and try to avoid talking about unrelated incidents. Close off with some action points, detailing what everyone can do to resolve the conflict.

### 9 BE SOLUTION FOCUSED

It's often said that the art of diplomacy is about giving others ladders to climb down. This means the main aim of any meeting or correspondence should be finding mutually acceptable and amicable solutions. Parents, carers, teachers and pupils should be aware there may need to be a compromise for the common good – and, most importantly, the good of the children you're supporting.

### 10 DON'T IGNORE OR AVOID CONFLICT

No one benefits from allowing concerns and grievances to fester, as this can lead to further division and mistrust, and ultimately doesn't help the children involved. Use our tips to open meaningful lines of communication. These should help you find a suitable resolution and minimise the number of conflicts you're faced with mediating overall.

### Meet Our Expert

Catrina Lowri is a neurodivergent former SENCO and advisory teacher. She founded her company, Neuroteachers, to improve inclusion for neurodivergent people. She works with nurseries, schools, colleges and businesses providing consultancy, training and mentoring to create belonging and understanding for people with the full range of neurotypes.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-manage-conflict-effectively>

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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# flu: 5 reasons to vaccinate your child



- 1. Protect your child**  
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**  
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**  
The nasal spray is painless and easy to have
- 4. It's better than having flu**  
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**  
If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

**Flu**  **mmunisation**  
Helping to protect children, every winter



**FairFrome**  
Real People . Real Projects . Real Difference

## **Fair Frome Breakfast Club**

**Every Monday term-time starting from the  
9th September at Frome Cricket Club  
8am-8.30am**

**'Grab and Go' Breakfast bags available for  
all on the way to school  
Dairy free and gluten free catered for**

**2 Separate collection points for Frome  
College and Selwood School students**

**For more information please contact us on  
07714 587129 or email: [info@fairfrome.org](mailto:info@fairfrome.org)**

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ANGLICAN/METHODIST FOUNDATION SCHOOL

# FROMME youth choir

*Starts Thursday,  
12th September!*

## Like singing? Then sing with us!

Frome Youth Choir is a friendly, fun choir for children aged 6 to 14. We sing all kinds of songs from around the world and perform them at three free concerts a year.

### **Singing together**

celebrates achievement,  
develops a love of music,  
encourages team spirit,  
promotes musicianship,  
helps concentration,  
forges friendships,  
builds confidence,  
aids memory,  
is lots of fun!

### **£55 per term**

The fee includes a snack at each session & a rehearsal on the day of each concert

**Every Thursday  
evening at 5.15– 6.45 pm during  
school term time at the  
Wesley Methodist Church Hall,  
Wesley Slope,  
Frome BA11 1HA**



Find out more at  
[facebook.com/fromeyouthchoir](https://facebook.com/fromeyouthchoir)  
or email us on  
[youthchoirfrome@gmail.com](mailto:youthchoirfrome@gmail.com)