

SELWOOD ACADEMY NEWSLETTER

Friday 25th October 2024 | Issue No. 4 2024/25



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DATES FOR THE DIARY

4th November - Start of Term 2

8th November - Year 7 Coffee Morning

12th November - Year 5&6 author visit

13th November - Phonics coffee morning

After School Clubs Information

The majority of clubs continue after half-term so there's no need to sign your child up again

Please continue to notify the school of any dates when your child will be absent and also if they no longer want to attend a club they are signed up to

If your child/ren currently attend any after school clubs, please can you ensure you have updated the school with their getting home preference i.e walking or being collected.

You can do this by calling or emailing us on: selwoodacademy@selwood-academy.co.uk

Please ensure that if you are collecting your child (ren) from the school car park, that you are being safe and considerate of pedestrians and adhering to the speed limit.

Thank you for your co-operation.

Payment Deadlines:

Year 5 Harry Potter Trip - Permissions and payment deadline - **Friday 1st November**

Year 8 Bath University Trip - Payment deadline - **Friday 1st November**

Lost Property

We have a huge amount of lost property at the moment. Please encourage your child to look for their lost items. Parents and carers are welcome to come and look through the lost property cage.

FURTHER REMINDERS



ParentPay/Fingerprints

- Secondary payer accounts are available for other parents, carers or family members – these can easily be set up and the activation codes can be requested from the Finance Office
- It is every parent/carers responsibility to check their child's lunch balance regularly and top up in good time ready for when they need it at break/lunchtime. If you haven't already done so please set up an email alert which will let you know when the balance gets down to a certain level. When you are in your ParentPay account go to Communication > Alert Settings > Balance Alerts to set this up at the level you require
- Please continue to check ParentPay regularly for new payment items assigned to your child/children

If your child has not yet had their fingerprint registered and you would like to give permission, the Biometric Form can be found in the Parents section of the school website under Lunch Menu.

PRE LOVED UNIFORM SALES



We are pleased to be able to offer pre loved school uniform for sale at bargain prices!
Please see the dates below. Unfortunately we are unable to sell this outside of these dates and times.
If you have any uniform to donate, please drop it into school reception.

- Wed 13 Nov, 11.15 - 12noon at our Phonics Coffee Morning
- Tue 19 Nov, 11.15 - 12noon at our Yr 8 Coffee Morning
- Fri 6 Dec, 5pm at our Christmas Fair



YEAR 5 WELCOME SERVICE



On Wednesday 9th October, we held the Year 5 welcome service at St John's Church in Frome.

The children 'let their light shine' and showcased how well they've settled in and how hard they've worked at the start of their Selwood journey.

There were performances, readings and singing and lots of proud parents who came along to watch.

Well done for all your hard work Year 5, we are very proud!

WRAPAROUND CARE



Academic year 2024-25

Wraparound Care for SELWOOD ACADEMY

Before & after school care during term time!
Breakfast 7.35 - 8.35am (including breakfast)
After School 3.15 - 4.15pm or 5.15pm finish
Ofsted Registered with a range of activities.
Book via - www.premier-education.com



 Search Premier Education Wraparound Care

Premier Education are honoured to be able to provide the wraparound care at your school from Monday 30th September!

Our aim is to deliver a top quality, Ofsted registered provision, with a range of stimulating activities in a safe, secure and fun environment, providing an outstanding service for busy parents. Parents can relax knowing their children are in safe hands as all staff have experience working with school children, have been DBS checked, and hold Emergency First Aid and Safeguarding certificates.

Wraparound care sessions are open to all children, with no deposit or registration fee required. A healthy breakfast is provided during breakfast club and please ensure your child brings a snack for after schools club.

We also offer 15% discount for siblings

So what's next? Please book via the link below and see attached a flyer with more details, each hour is £5.50.

Here's the link [Book Selwood by clicking this link](#)

If you have any questions, please call us on 01953 499040 or email us @ office-123@premier-education.com

SPORTS NEWS



On Wednesday 9th October, Selwood Academy's Year 7 Sports Leaders showcased their remarkable skills at the first Schools Festival hosted by IG Sports, which brought together pupils from Rode, Hayesdown, and St. Louis schools. Demonstrating exceptional leadership, they organised and facilitated activities, promoting teamwork and sportsmanship among participants. Their enthusiasm and commitment created a positive environment, allowing pupils to showcase their talents and build friendships. Thank you to our Sports Leaders for making the event a memorable success. We look forward to seeing their continued growth in future events!



On Wednesday 9th October, our Year 6 football teams faced Millfield School in two matches.

Despite the challenging opposition, both Selwood teams gave their all and demonstrated impressive teamwork. In one match, Neitas coolly converted a penalty, showing great composure under pressure and securing a goal for Selwood. The second team battled just as hard, displaying resilience and determination against a tough Millfield side. Although the final results didn't go in favour of Selwood, the team can be proud of their effort and attitude. Well done to everyone involved!

SUBJECT NEWS



MATHS

Year 5 - We are continuing to look at our concept of Place Value including rounding integers and calculating with negative numbers

Year 6 - We are continuing to look at our 'Four operations' concept where we focus on addition, subtraction, multiplication and division including decimal numbers. We are working hard on ensuring we can multiply 4 by 2 digit numbers

Year 7 - We still working through our Place value concept and looking at rounding to 1 significant figure as well as writing numbers in standard form.

Year 8 - We are moving on to our multiplying and dividing fractions unit where we are looking at dividing fractions by integers as well as multiplying pairs of fractions.

ENGLISH

Well done to our fantastic students on their hard work in English this term. We have lots to look forward to in our next half term where the concept for the term will be 'Storytelling'.

Year 5: Will be beginning their work looking at the elements that make up an effective story. They will learn about storytelling structure by studying 'Freytag's Pyramid' and will be studying a class novel to look at how this maps on to the storytelling structure.

Each class will choose one of 'Cloudbusting' by Malorie Blackman, 'Jamie' by L D Lapinski or 'The Firework Maker's Daughter' by Philip Pullman.

Year 6: Will be applying what they have learned in Year 5 about storytelling to their autumn unit: Myths and Legends . They will explore various myths and legends from around the world and look at how this fit with our understanding of story structures.

They will explore the differences between a novel and a short story and look at creating their own mythical creatures and story openings.

Continued.....

SUBJECT NEWS



Year 7: Will begin looking at how storytelling is affected by different genres by studying gothic literature. They will look at the history of gothic stories before studying elements of 'Dracula' by Bram Stoker and looking at extracts from modern gothic fiction. They will then be creating their own openings to gothic stories.

Year 8: Building on their study of gothic as a genre in Year 7, Year 8 will be looking at Dystopian literature as a genre. Focussed again on the openings of the stories and their exposition, they will look at extracts from 1984, The Hunger Games, The Maze Runner and HappyHead (among others). They will then create their own dystopian world which they will write about as the opening to a story.

Homework: No homework is being set for the October half term. Once we return in November, students will have a new reading log homework and a writing task for their first week back. Bedrock will resume on 12th November.

Upcoming events:

On Tuesday the 12th November, we will be joined by the fantastic author Hannah Peck to celebrate the release of her new children's novel 'The River Thief'. Hannah is the author of the 'Katie on the Case' series and has been nominated for both the V&A and the Alligator's Mouth book awards for illustration.

The River Thief - 'When Adderley discovers Ef - a being who seems part human and part fish - in the river by her home, she is drawn into an adventure that challenges everything she's learnt about the world. Ef is searching for a special stone that they say has been stolen from their people. Could this be the key to the drought that is destroying Adderley's home? Together, Adderley and Ef resolve to recover the stone and return it to its true home, but the river waters are not always on their side and the journey is filled with danger.'

This event will take place during P3, for Years 5 and 6.

We've also teamed up with the fabulous Hunting Raven books (found on Cheap Street in Frome) to offer the book at the specially discounted rate of 6.99. Please see ParentPay for details.

CHRISTMAS FAIR



Selwood Academy Fundraising

- CHILDREN'S GAMES
- TOMBOLA
- RAFFLE
- CRAFT STALLS
- PRE-LOVED UNIFORM STALL
- CHRISTMAS GIFTS
- FOOD AND DRINK

Christmas Fair

FRIDAY 6TH DECEMBER
5 - 7PM

SELWOOD ACADEMY BERKLEY ROAD FROME BA11 2EF
01373462798

Link to book a stall at the Christmas Fair

<https://www.crowdfunder.co.uk/p/selwood-academy-christmas-fair-1>

10 Top Tips for Parents and Educators SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practice this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works an secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.



#WakeUpWednesday

The National College



FREE*

Autism Awareness Courses

Online | November - December

Expand your knowledge and awareness of autism and neurodiversity.

In each session you will learn about a different aspect of autism, including the key differences between the brains of neurotypical and autistic individuals, how autism affects executive functioning skills and how autism and anxiety are linked.

What do I need to know?

- ✓ For beginners and more experienced learners alike.
- ✓ Zoom access required.
- ✓ *Please see our website for eligibility information.

Understanding Autism - Starter: Friday 8th – 29th November 2024
10:00am – 12:30pm | 4 Sessions

Understanding Autism: Sensory Sensitivity, Stimming and

Masking – Developer: Friday 6th – 20th December

10:00am – 12:30pm | 3 Sessions

Call Somerset Skills & Learning for more information / book online

0330 332 7997 sslcourses.co.uk

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