



Friday 18 November 2022

Issue No 5 - 2022/2023

Pupil edition

SELWOOD ACADEMY



N e w s l e t t e r

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# Pupil Takeover Edition

Welcome to this term's 'Pupil Takeover' newsletter. Pupils who attend the takeover club on Mondays have worked to produce this for you.

We hope you enjoy it!

# **AUTUMN POEM**

**A**MBER LEAVES

**U**NDERNEATH FEET THE LEAVES  
CRUNCH

**T**REES GO EMPTY AS AUTUMN ENDS

**U**P HIGH LIKE BIRDS IN THE SKY

**M**ELODY IN THE WORLD

**N**OW WE CAN GO HOME , AND  
ENJOY SOME PUMPKIN PIE



# **Back to school**

Things you will need :

- Pencils
- black pens
- Blue pens
- Ruler
- Rubber
- Sharpener
- Pencil case
- A school bag
- A folder for homework



Extra :

- Colouring pens/ pencils
- Scissors
- Glue
- White board pen

*Going back to school or starting a new school can be scary but just believe in yourself and say you can do it and if the work is hard or you don't understand what to do then just ask a friend or the teachers also if you need support ask one of the wellbeing ambassador, like me, because they are there to help anytime . It can be hard. Here is stuff that may help you but may not to everyone, everyone is different :*

- Do breathing exercises
- Call a friend
- Speak to your family
- If you have fidgets use them
- Talk to the school
- 

After you get there you are going to have a blast, you will be with your friends also try to be kind.

You can do this, try to work as hard as you can and if you don't succeed then that's fine. Just try again and again and never give up. You will succeed eventually .

Neisha

You are  
Not Alone!

# Pumpkin Cake



## Ingredients

750g/1lb 10oz pumpkin or butternut squash, peeled, deseeded and cut into chunks	
350g sweet shortcrust pastry	
Plain flour, for dusting	<b>For drenching and frosting</b>
140g caster sugar	200g pack soft cheese
½ tsp salt	85g butter, softened
½ tsp fresh nutmeg, grated	100g icing sugar, sifted
1 tsp cinnamon	zest 1 orange and juice of half
2 eggs, beaten	
25g butter, melted	
175ml milk	
1 tbsp icing sugar	

## Method

### STEP 1

Place the pumpkin in a large saucepan, cover with water and bring to the boil. Cover with a lid and simmer for 15 mins or until tender. Drain pumpkin, let cool.

### STEP 2

Heat oven to 180C gas 4. Roll out the pastry on a lightly floured surface and use it to line a 22cm loose-bottomed tart tin. Chill for 15 mins. Line the pastry with baking parchment and baking beans, then bake for 15 mins. Remove the beans and paper, and cook for a further 10 mins until the base is pale golden and biscuity. Take it out the oven, let cool.

### STEP 3

Increase oven to 220C / gas 7. Push the cooled pumpkin through a sieve into a large bowl. In a separate bowl, combine the sugar, salt, nutmeg and half the cinnamon. Mix in the beaten eggs, melted butter and milk, then add to the pumpkin purée and stir to combine.

### STEP 4

Pour into the tart shell and cook for 10 mins, then reduce the temperature to 180C/160C fan/gas 4. Continue to bake for 35-40 mins until the filling has just set.

### STEP 5

Leave to cool, then remove the pie from the tin. Mix the remaining cinnamon with the icing sugar and dust over the pie. Serve chilled.

# Guy Fawkes



Guy Fawkes was a person in the Stuart era and tried to commit treason but failed. When Elizabeth I died, James I came to the throne, he wanted Catholics to become protestants. People did not like this, so a group of Catholics came up with a plan to kill the king.

In 1604, Guy Fawkes put a load of gunpowder under the houses of parliament to blow up the king. The plan was spoiled because soldiers came and they arrested him. He was put on the rack and was stretched. By day 6 Fawkes said everything and the rest of the were slaughtered to death. When it was Fawkes turn and he was going to be hanged but he jumped off breaking his neck. Then he died from breaking his neck.

# The environment

This article is about the environment. This is about palm oil, plastic, deforestation, air pollution, climate change, water pollution, overfishing and human overpopulation .



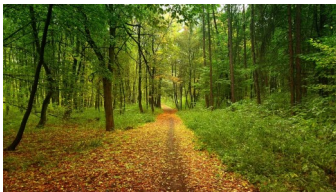
## Palm oil

Palm oil might cut down trees and hurt animals, but it might not, I will explain over this section. One of the animals that are critically endangered is a pongo abelii (orangutan) and lots of other animals. There are two different type of palm oil, sustainable and none-sustainable. Which one do you think is healthier for our animals and environment ? none - sustainable palm oil means that they are cutting down our trees for stuff like food / paper .But sustainable palm oil means they are cutting down trees but then they replant them which is healthier for the planet unlike the other type .

## What products is it in ?

Palm oil is in nearly everything - it's close to 50% of the packaged products we find in supermarkets, everything from pizza, doughnuts and chocolate to deodorant, shampoo, toothpaste and lipstick. It's also used in animal feed and as a biofuel in many parts of the world (not in the uk though ! which is good).

## Plastic



Plastic is bad . Plastic goes into the sea and our oceans and our rivers and most of the fishes get trapped in it, so help our environment and to help that me and my friend Lydia took our time to help our planet by litter picking down where Lydia lives and down by the ally way . It was really bad there was rubbish everywhere so please put your rubbish in the bin. Thanks .

## Deforestation

Deforestation and the destruction of the forest habitat is the leading cause of extinction on the planet. On top of that, the capacity of forests to pull greenhouse gases from the atmosphere is lost as forests are cut. Forest loss contributes about 15-20% of all annual greenhouse gas emissions, here are some ways you can help deforestation :

- 1) plant a tree where you can
- 2) Go paperless at home and in the office
- 3) Buying recycled products and then recycle them again
- 4) Buy certified wood products
- 5) Support the products of the companies that are committed to reducing deforestation
- 6) Raise awareness in your circle and in your community

## Air pollution

Air pollution is the name for extremely small particles and gases in the air which can cause harm if you breathe them in . gases such as nitrogen dioxide , ozone , sulphur dioxide and carbon monoxide . particulate matter (pm) , made up of solid and liquid particles such as soot and dust . how to help air pollution :

- 1) Using public transports
- 2) Turn off the lights when not in use
- 3) Recycle and reuse



- 4) No to plastic bags
- 5) Reduction of forest fire and smoking
- 6) Use of fans instead of air conditioner
- 7) Use filters for chimneys
- 8) Avoid usage of crackers

## Climate change

Climate change effects everything from geopolitics to economies to migration it shapes cities , life expenses and wine lists and because it touches everything. The economist reports on , we examine it from every angle imaginable . during cop26- the united nations summit in November at which the world will hash out how to lessen future impacts and adapts to these which are already here how to help climate change :

1. Make your voice heard by those in power
  2. Eat less meat and dairy
  3. Cut back on flying
  4. Leave the car at home
  5. Reduce your energy use , and bills
  6. Respect and protect green spaces
  7. Invest your money responsibly
- Cut consumption and waste

## Water pollution

Water pollution is the release of substances into bodies of water that makes water unsafe for human use and disrupts aquatic ecosystems. Water pollution can be caused by a plethora of different contaminants, including toxic waste, petroleum and disease-causing microorganisms.

## Over fishing

Overfishing is the removal of a species of fish from a body of water at a rate that the species cannot replenish, resulting in those species becoming underpopulated in that area.

## Human overpopulation

Human overpopulation is the concept of a human population becoming too large to be sustained by its environment or resources in the long term. The idea is usually discussed in the context of world population, though it may also concern regions

By : Neisha





## **The Queen**

Queen Elizabeth II lived from 21 of September 1926 and died in 2022 on the 8 of September. She was 96 and reigned over England for 70 years. She used to love horses when she was little. The new King is King Charles III.

### **5 fun facts about the Queen**

- **She was the longest reigning monarch ever in Britain.**
- **As Queen, she was served by 15 UK Prime Ministers.**
- **Her favourite dogs were corgis.**
- **She was the only person in the UK allowed to drive without a licence.**
- **Queen Elizabeth became a homeowner at just six years old**





# MARY POPPINS JR PARTS ANNOUNCED TO THE WHOLE SCHOOL

As we all know the parts for Mary Poppins Jr has been announce to name a few:

- **Mary Poppins** Lucie P
- **Bert** Phoenix D
- **Bird Lady** Rosario D
- And the ensemble

And we are all excited!





## Children In Need Mufti

**Thank you to all who donated - we raised £415.40!**



### Curriculum updates

Please see the curriculum page on the school website for information about what your child/children are learning.

<https://selwood.somerset.sch.uk/curriculum/curriculum-overview>

As a response to parent views we are really happy to share that from September 2023 we will be adding a second language to our KS 3 curriculum. Pupils will have the opportunity to learn both French and German in year 7 and 8.

**This newsletter and other letters from school are available to read on our website**  
**<https://selwood.somerset.sch.uk/>**

## Selwood Autumn Inter-form

**Year 5: Wednesday 30 November, lessons 3 and 4**

**Year 6: Monday 28 November, lessons 3 and 4**

**Year 7: Monday 28 November lessons 1 and 2**

**Year 8: Wednesday 30 November lessons 1 and 2**



Please ensure that pupils come to school in PE kit, including warm layers, coats and their 3G boots. Pupils should also bring a water bottle and personal medication (i.e. asthma pump) if required. The PE Department strongly recommends shin pads and gum shields for hockey.



## CHRISTMAS LUNCH REMINDER

### Christmas Lunch on Friday 9 December

- No other food will be available at lunchtime, so if you have not ordered a Christmas Lunch for your child, they will need a packed lunch.
- All Free School Meal pupils have been allocated a Christmas Lunch.
  - If your child has an allergy, please ask them to mention it to the lunch servers to ensure they receive the correct meal.



### Christmas Jumpers may be worn!

- All other uniform must be worn but Christmas jumpers instead of Selwood jumper.
- This is not a school charity event - if you want to donate to the Save the Children Christmas Jumper Day, please do so directly to their charity.





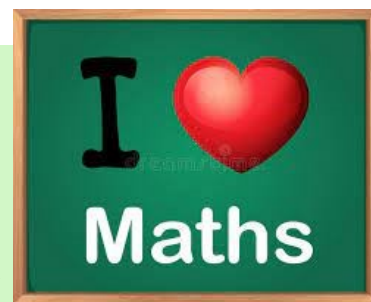
## Maths update

Year 5 - In year 5 we are starting to look at fractions - focusing initially on equivalent fractions and converting between mixed and improper fractions.

Year 6 - In year 6 we are continuing to build our fractions knowledge looking at adding and subtracting fractions with different denominators as well as mixed number fractions.

Year 7 - In year 7 we are looking at decimals and measures and relating this to length, mass and capacity.

Year 8 - In year 8 we are concluding our unit on area and volume where we have looked at finding the surface area of cubes and cuboids.



## English:

**Year 5** are currently reading the novel 'Cloudbusting' by Malorie Blackman (written entirely in poetry), as well as studying story structure. They have been writing shape poems modelled on chapters in the book.

**Year 6** are looking at myths and legends from around the world. They will be studying story structure and will be creating their own myth. Having just finished their practice SATs papers, they are now creating their own mythical creatures ready to create their own myths at the end of the term.

**Year 7** Continue with English mastery. They are focussing on writing about characters in Oliver Twist and have been learning about why some of the descriptions in the novel are problematic - this week has had a focus on why the description of Fagin may be considered antisemitic. Over the coming weeks they will be focussing on how the heroes and villains of the story are presented - with a particular focus on Bill Sikes.

**Year 8** Are learning about genre and focusing on dystopian fiction. They will be looking at a range of extracts from dystopian fictions, studying the rules for a dystopian text and then creating their own dystopian pieces of writing. They have looked at '1984' and 'The Hunger Games' and are now starting to create their own dystopian worlds.



We are excited to announce that Y7 and 8 will be receiving an author visit in January from Finbar Hawkins who will be talking about his second novel 'Stone'. The visit will take place on 24<sup>th</sup> January and will take place in lesson time. Copies of the book (and Finbar's first novel 'Witch') will be available for purchase through Parent Pay (in coordination with Hunting Raven books in town).

### 'Stone' synopsis:

When Sam, grieving the death of his father, finds a silver-flecked stone, ice-cold to the touch, strange and eerie things begin to happen. Myth, legend, magic and witchcraft mingle on the ancient hillside where the chalk white horse has galloped for centuries. Ravens wheel. Wolves prowl. As Halloween draws close, witches dance. Odin gathers brave, fallen warriors to his side.

Only the mysterious new girl, Oona, can heal Sam's heart, revealing tarot secrets with her bewitching ways.

**Please note: 'Stone' does deal with the topic of grief and the loss of a parent. If either of these subjects are likely to be a trigger for your child, please let the school know through your child's tutor or Mr Crook-Wynn.**

# COME ON ENGLAND!

The school Hall was a noisy place to be on Monday when England played Iran!

Pupils who chose to watch the match were excited to be supporting their country in the World Cup.

There was a fantastic atmosphere and the pupils behaviour was impeccable.

Here's hoping for more wins as the tournament progresses!



## Upcoming Events and Diary Dates

### December

- 1 All Years Flu Vaccinations
- 2 Christmas Fair, 5 - 7pm
- 6 & 7 Year 5 Nativity, 2pm
- 8 Year 5 & 6 Panto
- 9 Christmas Lunch & Christmas Jumper day
- 12 Year 6, 7, 8 SEND coffee morning
- 15 Carol Service
- 16 End of term, 12.45pm

### Things to do this week:

- ⇒ Complete the Flu Vaccination consent form. See the letter on our website - <https://selwood.somerset.sch.uk/parents/letters>
- ⇒ Pay for the Yr 5 & 6 Panto - [ParentPay](#)
- ⇒ Let us know if you will be attending the Year 5 Nativity by completing this form - <https://forms.gle/wiXordcCV3GEQanm6>
- ⇒ Year 8 parents - Complete the HPV vaccination consent form. See the letter on our website - <https://selwood.somerset.sch.uk/parents/letters>
- ⇒ Year 8 Parents - If your child is going on the Battlefield trip, please make payment on [ParentPay](#)
- ⇒ Make a donation to the Christmas Fair - see below for items required.

## CHRISTMAS FAIR

Can you donate any of the following?

- \* Bottles
- \* Raffle Prizes
- \* Tombola Prizes
- \* Cuddly Toys
- \* Unwanted gifts
- \* Unopened toiletries
- \* Sweets/chocolates/biscuits
- \* Cakes - please label with allergens and bring on the day



Please come along and start the festive season with us.

- \* Raffle
- \* Tombola
- \* Food & Drink
- \* Craft stalls
- \* Children's stalls
- \* Second hand school uniform
- \* Santa!



# FREE XMAS Multi- sports



**19th - 20th December 2022**

**9am - 2pm (4-13 years old)**

**Frome Sport and Fitness**

Our Multi-Sports Courses for all offer the opportunity to enjoy a fun packed day full of sports, activities and games.

Come give new activities a go, and meet some new friends at the same time...

Lets have a great Christmas.

\*Lunch included

**Scan here to book  
or head to**

**[www.pro-coaching.co.uk](http://www.pro-coaching.co.uk),  
and follow the link to  
playwaze**



**FREE for those in care or on  
free school meal related  
benefits  
discount code is  
HHHStar22**



**Contact Us**

**[info@pro-coaching.co.uk](mailto:info@pro-coaching.co.uk)**

## Selwood Academy After School Clubs

There are spaces available on the following clubs:

- Year 5/6 Rugby
  - Year 7/8 Boys Rugby
    - Running
  - Year 5/6 Hockey
  - Year 7/8 girls rugby
  - Year 7/8 girls football
  - Year 7/8 football team practice
    - Homework Club
  - Pupil Takeover (Journalism)
- Click the link below for more information.

<https://selwood.somerset.sch.uk/parents/useful-information/After-school-club>

# Free 6 Week Course

## Cooking, Nutrition and Wellbeing

**Workshops**  
with Home Cook and Educator  
*Ally Read*

Starting Monday Nights

9th January - 13th February

5:30pm - 7:30pm

Critchill School

Frome

[www.foodage4thought.com](http://www.foodage4thought.com)

 @foodage\_4\_thought

 @foodage4thought



Thanks to funding from:

**FrOme**  
TOWN COUNCIL

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