

8 Sept 2020

Dear Parents/Carers

The PE Department are looking forward to welcoming the pupils back to Selwood.

To ensure lessons can take place safely and effectively please read the guidance below. This information will also be shared with your child by their PE teacher. Should you have any further questions please contact me on the email below.

- Children should come to school wearing sports clothing suitable for PE (i.e shorts, leggings, jogging bottoms, T shirts/polo shirts and a sweatshirt).
- Children should arrive wearing sports style trainers and bring 3G footwear for every PE lesson.
- As the weather gets colder, at the discretion of their PE teacher, pupils may wear hats and gloves
- Children should bring a waterproof coat to all lessons which can be worn if it is raining
- Children will not be able to take the water bottles into their PE lessons. They will keep them stored in their classrooms.

As in previous years, pupils will still need to:

- Remove all jewellery. This must now be without assistance from a peer or the aid of a mirror. Whilst children do have the option to tape up piercings, they **MUST** provide their own tape and can no longer borrow this from a peer. No responsibility can be taken for valuables by the school. We strongly advised valuables are left at home.
- Tie up long hair which has the potential to obscure vision.
- Bring any relevant personal medication (i.e asthma pumps) to the PE lesson.
- Ensure finger nails are kept short.

Parents are strongly advised to purchase sport specific PPE (gum shields and shin pads). More details regarding PPE can be found on the PE section of the school website.

Please note, we currently do not have access to an indoor teaching space for PE. PE lessons will continue outside wherever possible, however, in very poor weather they will need to be theory based in tutor rooms.

Yours Sincerely

**Craig Owen**  
**Head of Physical Education**  
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**'Let your light shine before others' Matthew 5 v 16**  
**Head Teacher: Mrs Jean Hopegood BA(Hons) NPQH**

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