

Would you like support with understanding and managing your young person's behaviours of concern?

The Course

- Each weekly session covers a different aspect of understanding and supporting behaviours of concern of children who are autistic and/or have learning disabilities.
- This includes considering sensory and communication needs. Parents and carers start the course by identifying a behaviour. Together we will develop skills, using a variety of strategies to help support the behaviour of concern
- There is also a focus on parent/carer wellbeing throughout the course
- This free course will run for 10 weeks. The sessions will be 2 hours long. Parents will need to attend all sessions except for unexpected circumstances i.e. sickness

Criteria

Please note that the course is not suitable for families who are currently in crisis or already on the Link LD/A caseload.

- The course is for parents/carers of young people with a confirmed diagnosis of Autism and/or Learning Disability or who are on the waiting list for an Autism assessment
- You should live with, or have very frequent contact with your young person.

Contact Link LD/A for more information

Email:

linklda@somersetft.nhs.uk

Courses will be running in September, January & April.

