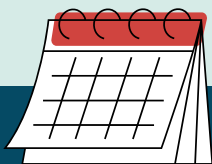


SELWOOD ACADEMY NEWSLETTER

29th November 2024 Issue 5



DIARY DATES

DECEMBER 2024

4th - Year 8 Bath University Trip

5th - Pantomime

6th - Christmas Fair 5-7pm

10th - Nativity

13th - Year 5 Wesley Church trip

18th - Christmas Jumper Day & Christmas Lunch

PAYMENT DEADLINES

- Christmas Lunch - **29th November**
- Christmas Pantomime - **5th December**
- Year 8 Battlefields Trip 2025 Payment 2 - **9th December**
- Year 7 & 8 Tate Modern Trip 2025 - **13th December**
- Year 5 Paris Trip 2025 Payment 4 - **6th January**
- Year 7 Paris Trip 2025 Payment 4 - **6th January**

WELCOME TO OUR NEW LOOK NEWSLETTER!

IN THIS EDITION

- Creative Arts
- Christmas
- Sports News
- Raffle Prizes
- Recent Events
- Useful info
- Careers

REMINDERS

LOST PROPERTY

We will be emptying our lost property at the end of term and we have lots of unnamed items. Please ask your child to check if they have lost something. Parents and carers are also welcome to come into school to look, please report to reception upon arrival.

CHRISTMAS LUNCH

Please ensure you have ordered Christmas Lunch via the google form that has been emailed out with the menu **by 29th November**.

PLEASE NOTE - this will be the only meal available at lunchtime on the day. Pupils will need to bring in a packed lunch if they do not require the Christmas lunch

CREATIVE ARTS

ART

Year 5 have been studying the theme Autumn and exploring the formal elements. They have been looking at the work of Georgia

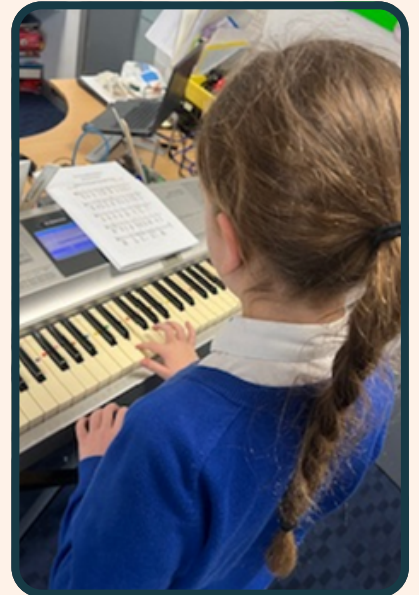


O'Keeffe, who would spend hours drawing details of objects close up. The pupils have also been working hard on their homework, they have been challenged to be creative using shapes and colours to create artwork.



MUSIC

Year 5 have been focusing on their Performance Skills using their voices and keyboards. They started to learn how to read music and about the 8 elements of music through the acronym DR T SMITH (Dynamics, Rhythm, Tempo, Structure, Melody, Instruments, Texture, Harmony). They have been listening to different pieces of music and using the elements to describe them. Pupils are also learning how to improve their vocal techniques and demonstrated this beautifully at the Year 5 Welcome Service. This term they will focus on Traditional and Christmas music whilst continuing to build on their listening skills and performance skills.



DRAMA

Year 5 have exploring Physical Characterisation and different ways to bring a character to life, focusing on mime & looking at famous silent movie actors such as Charlie Chaplin and Buster Keaton and their 'slapstick' comedy. The pupils have been introduced to Drama specific terms such as mime, gestures, facial expressions, tableaux, exaggeration and thought- tracking. This term they will focus on Vocal and Physical Characterisation through the medium of the Nativity story. We will use the book; A Christmas Story' by Brian Wildsmith as a stimulus.

SPORTS NEWS

Year 6 Football Team vs Millfield

On Wednesday 13th November, two of Selwood Academy's Year 6 football teams played against Millfield School. Both teams put in strong performances, showing great teamwork and effort throughout their matches. It was a competitive and enjoyable afternoon for all involved. Well done to everyone who took part!



Autumn Inter-form

This week saw the return of Selwood's Autumn Inter-form event for 2024. Pupils took part in representing their tutor group in either a tag rugby, netball or benchball team. The event saw pupils in year 5 playing a festival format with a focus on having fun through sport. Pupils in years 6-8 competed in a tournament against the other tutor groups within their year group. Your child may have shared their inter-form experiences with you after school and we are excited to give you a full update in our next newsletter!

SELWOOD ACADEMY, BERKLEY ROAD, FROME, BA11 2EF 01373 462798

[HTTPS://SELWOOD.SOMERSET.SCH.UK/](https://selwood.somerset.sch.uk/)

CLICK TO FOLLOW OUR SOCIAL MEDIA: [FACEBOOK](#) & [INSTAGRAM](#)

RECENT EVENTS

Frome Lantern Parade

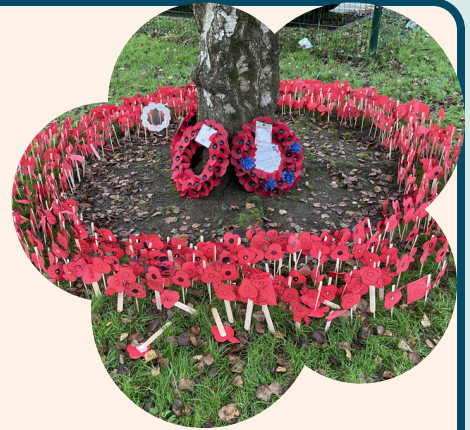


This weekend saw the return of the wonderful Lantern Parade during the Frome Christmas Light Switch on. Pupils from the Art Club and some year 6 pupils took part in a Lantern Making Workshop, which was ran by 'Light the Night'. All of the pupils had a great time getting creative! The lanterns were then carried during the procession!



Remembrance

This year the children learnt about the origins of the day and why we lay and wear poppies. They were then invited to write a personal message on their paper poppy and these have been planted around the tree at the main entrance of the school. The Head boy and Head girl together with two Year 5 students laid our school wreaths.



The entire school came together in assembly which ended with the traditional two minute silence. We were very pleased with the respect the children showed throughout. Our Student Council did a great job in **raising £333**. Thank you to everyone who donated!

Author visit

Last week we were joined by the fabulous author Hannah Peck, author of the 'Kate on the case' series. She joined us to talk about her career as an author and illustrator and to discuss her new book 'The River Thief'. As well as learning about this brilliant new novel, pupils also worked with Hannah to create their own story based on found objects and exciting images.



CAREERS DAY 2025



SAVE THE DATE

Thursday 19 June

SELWOOD ACADEMY CAREERS DAY 2025

BE A PART OF INSPIRING OUR PUPILS FUTURE CAREERS

After several successful years of running our careers day, we are now seeking more individuals & companies to join us with the hopes of broadening the range of professions represented at the event.

If you are interested in finding out more or taking part please get in contact, we would love to hear from you!

ANDY ELLETT

ASSISTANT HEAD TEACHER AND CAREERS LEAD
ANDY.ELLETT@SELWOOD-ACADEMY.CO.UK

NIA PRESLEY

ASSISTANT BUSINESS MANAGER
NIA.PRESLEY@SELWOOD-ACADEMY.CO.UK



CAREERS

If you are already thinking about the future and possible careers there is quick and easy way you can find out key information which may help you when considering opportunities for the future. Follow the link to first careers website where you can search and find out about different careers

<https://www.firstcareers.co.uk/>

In addition, you may also find it useful to access @The Buzz Quiz via the link below which is a personality quiz designed to increase your awareness of your natural strengths, how you might work in teams and what courses or jobs might suit you best.

The Buzz Quiz

Where can different subjects take you?

<https://arthurterry.bham.sch.uk/students/careers/where-can-x-take-you/>

Vet

What it Takes	Day to Day
What it takes: Skills and knowledge you'll need <ul style="list-style-type: none">• knowledge of animal medicine and dentistry• knowledge of biology• customer service skills• excellent verbal communication skills• to be thorough and pay attention to detail• patience and the ability to remain calm in stressful situations• the ability to work well with your hands• the ability to use your judgement and make decisions• to be able to use a computer and the main software packages competently Other requirements <ul style="list-style-type: none">• you may need a driving licence for some jobs	Day to day: In general, veterinary practice you could be <ul style="list-style-type: none">• diagnosing and treating sick and injured animals• performing surgery• carrying out tests such as blood analysis, X-rays and scans• providing care for animals in veterinary hospitals• carrying out regular health checks and giving vaccinations• checking farm animals and advising how to stop diseases spreading• supervising veterinary nurses and support staff• keeping records of treatments• communicating with pet owners and insurers• neutering animals to stop them breeding• putting severely injured or terminally ill animals to sleep• following public health and hygiene laws• working in animal health research You could work at a veterinary practice, in remote rural areas or in a laboratory. You may need to wear a uniform and protective clothing. Your working environment may be physically and emotionally demanding and outdoors some of the time.

CAREERS

Film TV Producer

Overview

Film or TV producers manage the process of a production from start to finish. They have the initial idea and source the financial backing to fund the project. The producer commissions the director and other key members of the team, and draws up schedules and budgets.

The production team gives support with finance, locations, equipment, casting, transport, catering, etc. They also handle the advertising, promotion and distribution of the production. Production assistants and runners carry out admin tasks under the direction of the production manager and producer. Producers ensure that the film or TV show is completed on time and within budget. The work often involves time pressures, anti-social hours and the need to work away from home.

What it takes	Day to day
<p>Skills and knowledge you'll need: -</p> <ul style="list-style-type: none">• knowledge of TV and film industry production and financing• the ability to accept criticism and work well under pressure• leadership skills• to be thorough and pay attention to detail• the ability to use your initiative• to be flexible and open to change• patience and the ability to remain calm in stressful situations• the ability to monitor your own performance and that of your colleagues• excellent communication skills• the ability to organise your time and workload• business management skills relating to managing a budget	<p>Your day-to-day duties might include: -</p> <ul style="list-style-type: none">• deciding which projects to produce, or creating programme ideas yourself• reading scripts• securing the rights for books or screenplays, or negotiating with writers to produce new screenplays• identifying sources of funding and raising finances• working out what resources are needed• checking and approving locations• pitching to television broadcasters to commission your programme• planning filming schedules• hiring staff, cast and crew• managing cash flow• making sure the production stays on schedule and within budget• working with marketing companies and distributors• <p>You could work at a TV studio, in an office, at a film studio or on a film set. Your working environment may be outdoors some of the time and you may spend nights away from home.</p>

CHRISTMAS FAIR



Selwood Academy Fundraising

CHILDREN'S
GAMES

TOMBOLA

RAFFLE

CRAFT
STALLS

PRE-LOVED
UNIFORM
STALL

CHRISTMAS
GIFTS

FOOD
AND
DRINK

Christmas Fair

FRIDAY 6TH DECEMBER
5-7PM

SELWOOD ACADEMY BERKLEY ROAD FROME BA11 2EF
01373462798

CHRISTMAS EVENTS

FROME
youth choir

Winter Concert

Saturday 30th November

Christ Church

Christ Church Street West, Frome BA11 1EH

at 3.00pm

FREE ADMISSION

Refreshments & Raffle

*f facebook.com/fromeyouthchoir
e youthchoirfrome@gmail.com*

Proud members of

**making
music**

You are cordially invited to our

Christmas Carol Service

Thursday 19th December

Christchurch, Frome

7pm



"Let your light shine before others"

Matt 5:14

DONATIONS NEEDED!

FOR OUR CHRISTMAS FAIR

RAFFLE PRIZES

TOMBOLA PRIZES

UNWANTED GIFTS

CUDDLY TOYS

SWEETS, CHOCOLATES, BISCUITS

BOTTLES

UNOPENED TOILETRIES

PLEASE BRING INTO SCHOOL BY FRI 6 DEC



Year 5

Christmas Performance

Dress rehearsal - Tuesday 10th December 2.15pm (all welcome to attend)

Performance - Tuesday 10th December 6pm (maximum of two seats per family)

Please complete the google form to give us an indication of numbers

<https://forms.gle/ztnoUnVSwhKeZZETA>

CHRISTMAS CARD COMPETITION

Can you help The Methodist Church **Fund for Human Need**
Charity Registration No. 208866

A competition to design a new charity Christmas Card.

For the last 4 years FHN has used these 2 Christmas cards to help raise funds and represent what we do.

For 2025 we need a new image or images.

The new card or cards will be printed and sold across the UK at all the events we attend. There are vouchers for the 2 winners in each category (under and over 11s), full credit will be given to the artist.



What to do:

- Draw or paint a design - about A4 size that reflects both Christmas and what Fund for Human Need does.
- Hand it in (see the deadlines below)

The designs will be sent to FHN by school and the winners will be contacted early in 2025.

With your help, all across the UK, FHN is supporting the homeless, hungry, ex-prisoners, those with medical or mental health issues, refugees and asylum seekers. FHN supplies funds for the destitute and desperate so that they can purchase what it is they need.

'All the apostles asked Was that we remember the poor – the very thing I was eager to do' Paul, Gal.2.10



FHN
Not just giving money, giving
love, hope, trust,
self-esteem and confidence.

Find out more at : www.fundforhumanneed.org.uk

Return entries to.....Mrs C Ibbitson..... By31.01.25.....

RAFFLE PRIZES

We have had some amazing prizes donated to our Christmas Fair Raffle.
A huge thank you to our local businesses for their amazing support.

Make sure you visit our raffle stall on the 6th December to be in with a chance of winning some of the amazing prizes below!

**COOPER
AND
TANNER**

Frome Lettings Department
Abi & Laura

Amazon Voucher

THE
ROMAN
BATHS
BATH

Voucher

Little
Voices®
Drama & Singing Lessons of Distinction

Voucher



Mini Cinema



Voucher



Voucher

HAYNES
MOTOR MUSEUM

Voucher

Winstone's
love books, love reading

Books

FLAWLESS
By Laura Loxley
HQ

Voucher



George Foreman Grill



Voucher



Perfume & Lipstick



Voucher



Goody Bag



Voucher



Voucher



Chocolates



Voucher



Voucher

USEFUL INFORMATION

Touch Typing

To support pupils at home with touch typing the following two websites support this:

[Typingclub.com](https://www.typingclub.com) - this is a website that teaches in stages the knowledge and skills to become a confident touch typer.

[BBC.co.uk/bitesize](https://www.bbc.co.uk/bitesize) - search for computing KS2 Dance Mat Typing- This again teaches the knowledge and skills of touch typing whilst doing it in a more fun games based program.

Walk in Flu Clinics

Somerset Saint are offering walk in clinics for any school aged children (from reception up to and including year 11) who haven't had their Flu nasal spray vaccination and would like the opportunity to do so. The information for the walk in clinic in Frome is below:

Wednesday 18th December

2pm - 7pm

Frome Town Council, Frome Town Hall, BA11 1EB

For further information and walk in clinic dates please see the website below

[Somerset Saint Flu Vaccination Programme](#)

COPING AT CHRISTMAS

The Added Pressures of Christmas can be Tough, but it's Important to know there's always Someone you can Talk to...

NHS 111 online

Call 111 & select option 2 to speak to the NHS Mental Health Crisis Response Service 24/7

[Nhs.uk/mental-health](https://www.nhs.uk/mental-health)

PAPYRUS

Under 35s can Call 0800 068 4141, Text: 88247 or Email: pat@papyrus-uk.org 24/7

[Papyrus-uk.org](https://www.papyrus-uk.org)

SAMARITANS

Call 116 123 to talk to Samaritans, or email: jo@samaritans.org for a reply within 24 hours

[Samaritans.org](https://www.samaritans.org)

MIND

Call MIND's Mental Health Helpline 24 hours a day, 7 days a week on 0800 414 8247

[Mind.org.uk](https://www.mind.org.uk)

shout
85258

Text "SHOUT" to 85258 to contact the Shout Crisis Text Line, or text "YM" if you're under 19

[Giveusashout.org](https://www.giveusashout.org)

CALM

Mental Health Forum & Chat for Men from 5pm - midnight every day Call or Watsapp 0800 585858

[Thecalmzone.net](https://www.thecalmzone.net)

[ChristmasCountdown.uk](https://www.ChristmasCountdown.uk)

What Parents & Educators Need to Know about

SNAPCHAT

AGE RESTRICTION
13+

Snapchat is a messaging app which allows users to send images, videos and texts to others. Its best-known feature is that anything sent 'disappears' 24 hours after it's been viewed; however, users are known to take screenshots or use another device to obtain a photo of their screen. In 2023, Snapchat added a chatbot function called 'My AI'.

WHAT ARE THE RISKS?

ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

PREDATORS AND SCAMS

Predators can exploit Snapchat's disappearing messages by, for example, telling a user they have naked photos of them and will post them unless they're paid. Snapchat's own research found that 65% of teenagers had experienced this – on this app or others. This likely isn't helped by 'SnapMaps' – a feature which highlights your exact position in real-time. This is meant to help friends keep track of each other, but could be used for more sinister reasons.

MY EYES ONLY

Snapchat has a hidden photo vault called 'My Eyes Only'. Teens can conceal sensitive photos and videos from parents and carers in this folder, which is protected by a PIN. You can check for this by clicking on the icon which looks like two playing cards. This takes you to the 'Memories' folder which stores photos, stories and the My Eyes Only folder.

SCREEN TIME ADDICTION

Snapchat prioritises user engagement, with features like streaks (messaging the same person every day to build up a high score). The app also has sections called 'Discover' and 'Spotlight', which show tailored content to each user. However, this could also be seen as an attempt to hook users into watching videos endlessly. Furthermore, constant notifications can lure people into using the app.

INAPPROPRIATE CONTENT

Some content on Snapchat simply isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beautify' effects on photos can set unrealistic body image expectations – creating feelings of inadequacy in younger users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

Advice for Parents & Educators

UTILISE PARENTAL CONTROLS

Snapchat's 'Family Centre' lets you view the details of the child's account – their friends list and who they've spoken to in the last week – and report any concerns. You must invite a child to the Family Centre for them to join. To keep the child's location hidden on the app, go into settings and turn on 'Ghost Mode' and 'Hide Live Location', and ensure they know not to share their location with anyone.

BLOCK AND REPORT

If a stranger does connect with a child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, the child can tap the three dots on that person's profile and report or block them. There are options to state why they're reporting that user – such as annoying or malicious messages, spam or masquerading as someone else.

FAMILIARISE YOURSELF

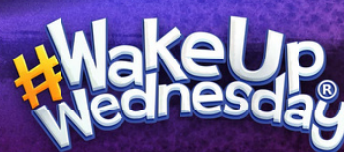
Before you allow a child to download Snapchat, download it yourself and familiarise yourself with the app. Snapchat has produced a parents' guide to the app to help you understand how it works and any protections they have in place. A link for this can be found in the sources below.

ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. For example, discuss My AI's responses to questions and how reliable they are. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/snapchat-2021>

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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