

6th September 2024

Dear Parent/Carer

Your child will be swimming as part of their PE programme on Tuesday and Thursday mornings for 8 sessions. During these lessons your child will learn about water safety and life-saving, survival skills and improve their swimming stroke technique. There will also be an additional swimming programme for some children to swim competently, confidently and proficiently over a distance of at least 25 metres.

Each pupil needs a towel plus a one-piece costume for girls and trunks for boys (either traditional-type or the close fitting lycra swimming shorts). Other types of shorts are not permitted as they can restrict movement and cause extra drag in the water. **If your child uses an inhaler, this must be brought to the pool or they will not be allowed to swim.**

Please see below for the dates that each **Tutor Group** will be taking part in Year 5 Swimming 2024/2025.

| Tutor Group | Dates | Weeks | Swimming Lessons |
|---------------------|--|--------------|-------------------------|
| 5F | Tuesday 10 September to Thursday 3 October | 4 weeks | 8 |
| 5R | Tuesday 8 October - Thursday 7 November | 4 weeks | 8 |
| 5M | Tuesday 12 November - Thursday 5 December | 4 weeks | 8 |
| 5E | Tuesday 10 December – Thursday 16 January | 4 weeks | 8 |
| 5S | Tuesday 21 January – Thursday 13 February | 4 weeks | 8 |
| 5L | Tuesday 25 February – Thursday 20 March | 4 weeks | 8 |
| 5W | Tuesday 25 March – Thursday 1 May | 4 weeks | 8 |
| Additional Swimming | Tuesday 6 May – Thursday 17 July | 10 weeks | 20 |

The additional swimming block would be dedicated to the selected pupils that did not achieve their 25m. They will be invited back for free swimming lesson, to attend an additional intensive course on top of the above, with the aim to swim 25m.

Please complete the online form via the link below to give permission for your child to attend these swimming lessons.

<https://forms.gle/by6w8W7LgrrvdEok8>

In line with the FLP's Swimming policy, Selwood is charged per child per session to cover transport, teachers, equipment, badges/certificates and lifeguard costs. To help the school meet the substantial bill for swimming we would appreciate a voluntary contribution from parents/carers. **The cost will be £57.20 and is now available on ParentPay.**

If your child is entitled to Free School Meals and you wish to use your Selwood Activity Voucher as payment, please tick the box on the google form.

Please can you also let us know on the form if your child can swim 25m or attends swimming lessons or a swimming club.

Yours sincerely

L Phillips
P.E Dept