

September 2022

Dear Parent/Carer

Your child will be swimming as part of their PE programme on Tuesday and Thursday mornings for 4 weeks. During these lessons your child will learn about water safety and life-saving, survival skills and improve their swimming stroke technique. There will also be an additional swimming programme for some children to swim competently, confidently and proficiently over a distance of at least 25 metres.

Each pupil needs a towel plus a one-piece costume for girls and trunks for boys (either traditional-type or the close fitting lycra swimming shorts). Other types of shorts are not permitted as they can restrict movement and cause extra drag in the water. **If your child uses an inhaler, this must be brought to the pool or they will not be allowed to swim.**

Please see below for the dates that each **Tutor Group** will be taking part in Year 5 Swimming 2022/2023.

Tutor Group	Dates	Weeks	Swimming Lessons
5F	Tuesday 13 September to Thursday 6 October	4 weeks	8
5R	Tuesday 11 October - Thursday 10 November	4 weeks	8
5M	Tuesday 15 November - Thursday 8 December	4 weeks	8
5E	Tuesday 13 December – Tuesday 24 January	4 weeks	8
5S	Thursday 26 January – Tuesday 28 February	4 weeks	8

In line with the FLP's Swimming policy, Selwood is charged £6.15 per child per session to cover transport, teachers, equipment, badges/certificates and lifeguard costs. To help the school meet the substantial bill for swimming we would appreciate a voluntary contribution from parents/carers of £49.20 by Friday 16 December 2022.

Please complete the form via the link below to give permission for your child to attend the swimming lessons.

<https://forms.gle/qLojH62GQossB7Ub7>

Yours sincerely

L Phillips
(PE Dept)