

June 2023

Dear Parent/Carer

Your child will be swimming as part of their PE programme on Tuesday and Thursday mornings for 4 sessions. During these lessons your child will learn about water safety and life-saving, survival skills and improve their swimming stroke technique. There will also be an additional swimming programme for some children to swim competently, confidently and proficiently over a distance of at least 25 metres.

Each pupil will need a towel plus a one-piece costume for girls and trunks for boys (either traditional-type or the close fitting lycra swimming shorts). Other types of shorts are not permitted as they can restrict movement and cause extra drag in the water. **If your child uses an inhaler, this must be brought to the pool or they will not be allowed to swim.**

Please see below for the dates that each **Tutor Group** will be taking part in Year 5 Swimming 2023/2024.

Tutor Group	Dates	Weeks	Swimming Lessons
5F	Tuesday 12 September to Thursday 5 October	4 weeks	8
5R	Tuesday 10 October - Thursday 9 November	4 weeks	8
5M	Tuesday 14 November - Thursday 7 December	4 weeks	8
5E	Tuesday 12 December – Thursday 18 January	4 weeks	8
5S	Tuesday 23 January – Thursday 22 February	4 weeks	8
5L	Tuesday 27 February – Thursday 21 March	4 weeks	8
Additional Swimming	Tuesday 26 March – Thursday 18 July	14 weeks	24

The additional swimming block will be dedicated to selected pupils that did not achieve their 25m. They will be invited back for free swimming lessons, to attend an additional intensive course on top of the above, with the aim to swim 25m.

In line with the FLP’s Swimming policy, Selwood is charged per child per session to cover transport, teachers, equipment, badges/certificates and lifeguard costs. To help the school meet the substantial bill for swimming we would appreciate a voluntary contribution from parents/carers. The price and payment details will be confirmed in September 2023. If your child is entitled to Free School Meals you may be able to use your Selwood Activity Voucher towards the cost.

Please give permission for your child to attend the lessons and let us know if your child can swim 25m or attends swimming lessons or a swimming club via this link: <https://forms.gle/j79jCLW8ZzYgddFG7>

Yours sincerely

L Phillips (PE Dept)