

September 2025

Dear Parent/Carer

Your child will be swimming as part of their PE programme on Tuesday and Thursday mornings for 4 sessions. During these lessons your child will learn about water safety and life-saving, survival skills and improve their swimming stroke technique. There will also be an additional swimming programme for some children to swim competently, confidently and proficiently over a distance of at least 25 metres.

Each pupil needs a towel plus a one-piece costume for girls and trunks for boys (either traditional-type or the close fitting lycra swimming shorts). Other types of shorts are not permitted as they can restrict movement and cause extra drag in the water. **If your child uses an inhaler, this must be brought to the pool or they will not be allowed to swim.**

Please see below for the dates that each **Tutor Group** will be taking part in Year 5 Swimming 2025/2026.

*** All key School events & activities have been incorporated in the timetabling of swimming.**

Tutor Group	Dates	Weeks	Swimming Lessons
5F	Tuesday 16 September to Thursday 9 October	4 weeks	8
5R	Tuesday 14 October - Thursday 13 November	4 weeks	8
5M	Tuesday 18 November – Thursday 27 November Thursday 15 Jan – Tuesday 27 January	4 weeks	8
5E	Thursday 29 January – Tuesday 3 March	4 weeks	8
5S	Thursday 5 March – Thursday 26 March & Tuesday 28 April	4 weeks	8
5L	Thursday 30 April – Tuesday 2 June	4 weeks	8
5W	Thursday 4 June – Thursday 2 nd July	4 weeks	8

Selwood is charged per child per session to cover transport, swimming instructors, equipment, badges/certificates and lifeguard costs. To help the school meet the substantial bill for swimming we would appreciate a voluntary contribution from parents/carers of **£49.39**. If your child is entitled to Free School Meals and you wish to use your Selwood Activity Voucher as payment, please do inform us directly.

Please can you let us know if your child can swim 25m or attends swimming lessons or a swimming club and complete the swimming link – <https://forms.gle/MEzNDevCRM5LdqAh8>

Yours sincerely

L Phillips (PE Dept)